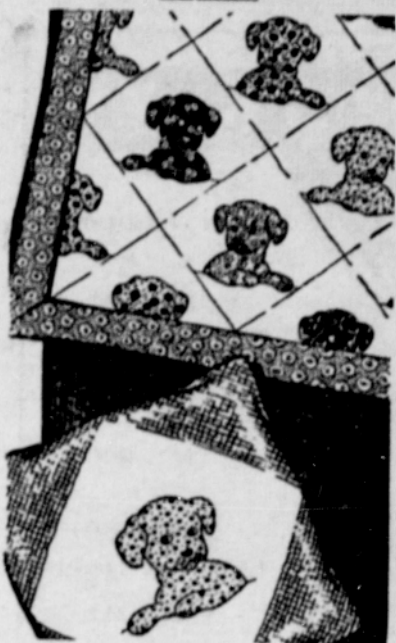


The Success Family

The father of Success is—Work.
The mother of Success is—Ambition.
The oldest son is—Common Sense.
Some of the other boys are—Perseverance, Honesty, Thoroughness, Foresight, Enthusiasm, Co-operation.
The oldest daughter is—Character.
Some of the sisters are—Cheerfulness, Loyalty, Courtesy, Care, Economy, Sincerity.
Get acquainted with the father and you will be able to get along pretty well with the rest of the family.

Simple Scrap Quilt Is Colorful and Gay



Pattern 2216

Out of your scrap bag, like magic, come all these colorful dog patches so simple to cut and apply! Make a gay quilt, pillow or scarf or all three to add charm to your room. Pattern 2216 contains accurate pattern pieces; diagram of block; instructions for cutting, sewing and finishing; yardage chart; diagram of quilt.

Send 15 cents in coins for this pattern to The Sewing Circle, Needlecraft Dept., 82 Eighth Ave., New York.

Please write your name, address and pattern number plainly.

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Sensational Relief from Indigestion and One Dose Proves It
If the first dose of this pleasant-tasting little black tablet doesn't bring you the fastest and most complete relief you have experienced send bottle back to us and get DOUBLE MONEY BACK. This Bell's tablet helps the stomach digest food. It makes the excess stomach fluids harmless and lets you eat the nourishing foods you need. For heartburn, sick headache and upset so often caused by excess stomach fluids making you feel sour and sick all over—JUST ONE DOSE of Bell's proves speedy relief. 25c everywhere.

Without Modes

Architecture aims at eternity; and therefore is the only thing incapable of modes and fashions in its principles. — Sir Christopher Wren.

How Women in Their 40's Can Attract Men

Here's good advice for a woman during her change (usually from 38 to 62), who fears she'll lose her appeal to men, who worries about hot flashes, loss of pep, dizzy spells, upset nerves and moody spells.

Get more fresh air, 8 hrs. sleep and if you need a good general system tonic take Lydia E. Pinkham's Vegetable Compound, made especially for women. It helps Nature build up physical resistance, thus helps give more vitality to enjoy life and assist calming jittery nerves and disturbing symptoms that often accompany change of life. **WELL WORTH TRYING!**

Done in Silence

A good word is an easy obligation; but not to speak ill requires only our silence, which costs us nothing.—Tillotson.

666 relieves misery of Colds fast!
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38-39

MORE FOR YOUR MONEY

Read the advertisements. They are more than a selling aid for business. They form an educational system which is making Americans the best-educated buyers in the world. The advertisements are part of an economic system which is giving Americans more for their money every day.

FARM TOPICS

LIVE STOCK DISEASE CAN BE PREVENTED

Modern Methods Control the Spread of Epidemics.

Modern methods for the prevention and control of live stock diseases have been grouped under three main headings by animal pathologists of the college of agriculture, University of Illinois. One method listed is the slaughter of sick animals and the thorough disinfection of the premises. This method has been employed successfully in the eradication of foot and mouth disease and of tuberculosis in cattle.

Vaccination of susceptible animals with suitable immunizing agents is the second method listed for the control and prevention of animal diseases. The object of such practice is to raise the resistance of susceptible animals to such a degree that exposure to the disease for which the vaccination is made will have no effect. Cholera in swine, black leg in cattle, distemper in dogs and sleeping sickness in horses are diseases that are controlled by vaccination. Immunizing horses against sleeping sickness is one of the newer developments in the field of vaccination and offers considerable promise as a specific preventive for this malady.

The third measure for the control and prevention of live stock diseases was listed as improved methods of live stock management with various state colleges of agriculture serving as a constant source of information on improved methods.

Such information is often of real value since a change in feeding practices or a change in management with respect to care of both young and mature stock may greatly reduce the incidence of certain diseases, it was explained. Pregnancy disease of ewes and acetemia in cows are examples of diseases that are now largely preventable by the application of information that has accumulated relative to the nature of these disorders. When disease does appear in spite of approved management practices, live stock owners are advised to seek the services of competent veterinarians without delay.

Report Shows Shift

From Farm to City

Some of the reasons why this country has changed from a nation of farmers to a nation of city workers are given in the annual report of the Administrator, Agricultural Adjustment Administration. The report points out that as late as 1870 more than half of the gainfully employed persons in the United States were in agriculture, but that by 1930 the proportion had fallen to a little over a fifth.

This change, says the report, was due to a variety of causes, underlying all of which have been advances in technology and invention. Such advances have almost invariably displaced farm labor and created industrial employment in the cities. Other causes listed include expansion of commercial and distributive services, as manufacturing and processing took precedence over cultivation of crops.

The report calls attention to the development of a division of labor in which farmers concentrated on raising foodstuffs and fibers while the city workers took over many of the other tasks formerly performed on self-sufficient farms. Another cause of the shift noted in the report has been the increase in transportation, communication, and governmental services which have become progressively more necessary with the growth of cities.

Agricultural News

Serious farm accidents are said to be on the increase. Tractors and power take-off machinery are said to be responsible for many of the accidents, the corn picker being particularly dangerous.

Rubber tires for farm equipment, first introduced in 1932, have made a phenomenal increase in use. Whereas there were rubber tires on 14 per cent of the tractors manufactured in 1935, it is estimated that 75 per cent of the tractors manufactured in 1939 will be equipped with rubber tires. Rubber tires on tractors have made from 20 to 25 per cent more horse power available at the drawbar. In addition, there is a saving of from 14 to 17 per cent in fuel.

MAYBE FATHER WILL LIKE THESE?
(Recipes Below.)Household News
By Eleanor Howe

Foods Men Like to Eat

What are the foods that Father likes best—the fine, old-fashioned dishes—tasty, full of flavor, and perfectly cooked? He likes a meal to be composed of only a few foods; he wants to know what he is eating, and he does not want foods swathed in a blanket of whipped cream. In a word, fancy cooking is apt to be wasted on Father but he'll appreciate good cooking to the limit.

Left to his own devices, many a man would choose a diet of meat, potatoes, and pie. They're not particularly fond of vegetables—these men of ours—and when it comes to salads, it's a sheer waste of energy to serve them anything fancy. So a little judicious planning is necessary on our part in order to give Father his favorite foods and provide a wholesome, well-balanced meal in the bargain.

Each of these recipes, tested in my own kitchen, I've found to be prime favorites with men. Well prepared and attractively served, they'll go a long way toward establishing your reputation as a good cook.

Vegetable Soup.
(Serves 6)

2 pounds soup bone
2 tablespoons fat
2 quarts cold water
1 tablespoon salt
¼ teaspoon pepper
2 tablespoons barley
1 cup canned tomatoes
1 onion
½ cup carrots (cut in cubes)
½ cup celery (cut in small pieces)
½ cup potatoes (cut in cubes)
½ cup peas

Remove a portion of meat from cracked soup bone and cut into pieces. Brown in hot fat. Place browned meat, soup bone, seasonings, and barley in kettle and add cold water. Cover and cook until boiling point is reached. Then simmer about 2½ hours or until meat is tender. Cool and skim off excess fat. Add vegetables and continue cooking until vegetables are tender.

Apple Pie.
(Makes 1 pie)

Cheese pastry
6 cooking apples
Flour
¼ teaspoon salt
¾ cup granulated sugar
Cinnamon
Nutmeg
1 teaspoon lemon juice

Line a pie tin with pie crust. Peel the apples and cut in slices. Sprinkle the bottom of the pastry with flour, salt and granulated sugar. Pile in the apples, filling very full. Dot with butter and sprinkle with cinnamon, nutmeg, sugar and lemon juice. Cover with the top crust, crimp the edges together and score the top to allow the steam to escape. Bake in a hot oven (425 degrees) for about 40 minutes.

Pigs-in-Taters.
(Serves 6)

6 large baking potatoes
6 tablespoons margarine
4 to 5 teaspoons milk
1½ teaspoons salt
Paprika
½ pound small sausages (cooked)
Wash and dry potatoes. Place on rack in hot oven (500 degrees), and bake for about 45 minutes, or until the potatoes are done. Cut a slice

from one side of each and scoop out the inside. Mash thoroughly, add margarine, salt and paprika. Refill the potato shells. Make a depression in the center of each, and arrange in it 2 or 3 sausages. Bake in a moderate oven (350 degrees) for about 10 minutes, or until brown.

Harvest Moon Doughnuts.
(Makes 24 doughnuts)

¼ cup butter
1 cup sugar
2 eggs
4 cups flour
4 teaspoons baking powder
1 teaspoon salt
1 teaspoon nutmeg
½ teaspoon cinnamon
1 cup milk
1 teaspoon vanilla
Fat for deep fat frying
Cream butter and sugar. Beat in eggs. Sift together dry ingredients and add alternately with milk. Add vanilla. Roll dough ¼-inch thick and cut with doughnut cutter. Fry in deep fat at 385 degrees until doughnuts are golden brown on both sides. Drain on absorbent paper. Sugar lightly, if desired.

Devil's Food Cake.

(Makes one two-layer cake)
1½ cups granulated sugar
2 ounces chocolate
1½ cups milk
1 teaspoon vanilla extract
½ cup butter
2 eggs
2 cups cake flour
½ teaspoon salt
3 teaspoons baking powder
Place ½ cup sugar, chocolate and 1 cup milk in saucepan and cook, stirring constantly, until thick. Add vanilla extract and cool. Cream butter and add remaining sugar. Separate eggs, beat egg yolks and add slowly. Then add the cooled chocolate mixture. Mix and sift all dry ingredients and add alternately with the remaining milk. Bake in 2 well-greased layer-cake pans in a moderate oven (375 degrees) for approximately 25-30 minutes. Ice with boiled icing.

Need Help Feeding Father?

If you would plan and serve meals to please the man of the house, send for a copy of Eleanor Howe's book, "Feeding Father"; in it she tells what men like to eat and gives you recipes for father's favorite foods—luscious apple pie, pot roast, oyster stew, and a man's rich chocolate cake, and 125 other delicious dishes. Send 10 cents in coin to "Feeding Father," care of Eleanor Howe, 919 North Michigan Avenue, Chicago, Illinois, and get your copy of this clever book now.

Next week Eleanor Howe will give you in this column some of her own favorite recipes collected from good cooks the country over, tested in her own kitchen, and used successfully over a long period of years. Be sure to watch for "My Favorite Recipes" by Eleanor Howe.

(Released by Western Newspaper Union.)

THE CHEERFUL CHERUB

I'm sad at times but I don't weep—I act as if I'm glad instead. For all the world is just a stage. As Mr. Shakespeare often said. R.T.M.



WNU Service.

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AROUND THE HOUSE

Furniture White Spots.—To remove white spots on furniture made by hot dishes, use powdered pumice and linseed oil, applied with a soft cloth, rubbed dry and polished with the grain.

Cleaning Dust Mops.—Use your vacuum cleaner to clean the dust mops with.

Soak Dried Fruits.—Raisins, dates, currants and figs blend better with other ingredients if they are soaked for five minutes in a little boiling water.

Substitute for Butter.—Chicken fat may be used as a butter substitute in cooking. Consequently it is a good plan to save the fat from boiled, stewed or fried chicken.

"Black Leaf 40" KILLS LICE
Cap-Brush Applicator makes "Black Leaf 40" GO MUCH FARTHER
JUST A DASH IN FEATHERS... OR SPREAD ON ROOSTS

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FREE SAMPLE
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GARFIELD TEA

Sentinels of Health

Don't Neglect Them!

Nature designed the kidneys to do a marvelous job. Their task is to keep the flowing blood stream free of an excess of toxic impurities. The act of living—life itself—is constantly producing waste matter the kidneys must remove from the blood if good health is to endure. When the kidneys fail to function as Nature intended, there is retention of waste that may cause body-wide distress. One may suffer nagging backache, persistent headache, attacks of dizziness, getting up nights, swelling, puffiness under the eyes—feel tired, nervous, all worn out. Frequent, scanty or burning passages may be further evidence of kidney or bladder disturbance. The recognized and proper treatment is a diuretic medicine to help the kidneys get rid of excess poisonous body waste. Use Doan's Pills. They have had more than forty years of public approval. Are endorsed the country over. Insist on Doan's. Sold at all drug stores.

DOAN'S PILLS