

WESTERN GIRL STRENGTHENED

By Taking Lydia E. Pinkham's
Vegetable Compound

Manchester, So. Dakota.—"I was in a terribly weak and run-down condition when a friend told me about Lydia E. Pinkham's Vegetable Compound. I began taking it and after a short time I felt better. We are a family of five and live on a 360-acre farm, so I have quite a good deal to do both indoors and out. At first I was unable to do anything and had to have a girl, but after taking the Vegetable Compound I finally gained my strength back and also gained considerable in weight. I will gladly answer letters from women in regard to your medicine."—Mrs. Otto J. Geyer, R. F. D. 1, Box 20, Manchester, So. Dakota.



Quickly Relieves Rheumatic Pains

12 Days' Free Trial

To get relief when pain tortured joints and muscles keep you in constant misery rub on Joint-Ease.

It is quickly absorbed and you can rub it in often and expect results more speedily. Get it at any drug-gist in America.

Use Joint-Ease for sciatica, lumbago, sore, lame muscles, lame back, chest colds, sore nostrils and burning, aching feet. Only 60 cents. It penetrates.

FREE Send name and Address for 12 day trial tube to Pope Laboratories, Desk 3, Hallowell, Maine

Joint-Ease

One can't help censorious thoughts. He needn't dwell on them, however.

Defer no time, delays have dangerous ends.—Shakespeare.

If Back Hurts Flush Kidneys

Drink Plenty of Water and Take
Glass of Salts Before Breakfast
Occasionally

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which helps to remove the body's urinous waste and stimulate them to their normal activity.

The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of good water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts. Take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate clogged kidneys; also to neutralize the acids in the system so they are no longer a source of irritation, thus often relieving bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and then to help keep their kidneys clean and active. Try this; also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache.

TODAY'S WINNERS

Are you getting "yours," or are bodily infirmities holding you back? The sprightliness of youth, health, strength, success may be yours if you keep your system in order.

GOLD MEDAL
HAARLEM OIL
CAPSULES

and plenty of fresh water will work wonders for you. All druggists; three sizes. Accept no substitutes.

SCHOOL FOR MEN
Training for BUSINESS, TRADES or PROFESSIONS
Enroll any time. Send for literature.
OREGON INSTITUTE OF TECHNOLOGY
Y. M. C. A. Bldg. Portland, Oregon

W. N. U., PORTLAND, NO. 13-1928.

OREGON STATE NEWS OF GENERAL INTEREST

Brief Resume of Happenings of
the Week Collected for
Our Readers.

W. J. Gooding, representing Elsmann Bros. of Boston, last Monday bought four Malheur county wool clips for 35 cents a pound.

The Shevlin-Hixon company at Bend has recently put on a night shift with four band saws and the mill is now running at near capacity.

Donald Newton, 4-year-old son of Mr. and Mrs. Leon Newton of Haines, was drowned in a septic tank on the Tom Smith property at Haines.

A special train arrived at Crane Monday night carrying a consignment of 1200 Idaho cattle for the feeding and grazing lands of Harney county.

The contract for erecting the Lapine school building has been let to John J. Cunningham of Bend. It will replace the one destroyed by fire January 6.

A half million honey bees ordered recently by Mead Honey company of Salem are en route from California, according to a telegram received last week.

Governor Patterson, in a proclamation issued at Salem last Thursday, urged the people to join in the observance of American Forest week, April 22 to 28.

Operations at the Flagstaff mine, near Baker, closed a number of years, will be resumed within a few days on a large scale, it was announced recently.

The new high school building at Reedsport was dedicated with appropriate ceremonies Sunday night. The building replaces the one destroyed by fire a year ago.

Roads between LaPine and Silver Lake are impassable and there is no change of getting through the marsh, according to word received at Klamath Falls from Paisley.

At a recent survey taken in Bend, that city is shown to have at least 70 more families than were there at the end of last summer, and 30 of these came since January 1.

To speed up the repair work on the Old Oregon Trail highway between La Grande and Pendleton a double shift was started last week at the rock quarry at Meacham.

J. C. Leith announces that he will construct a new water system and power plant for his electric light system at Gold Beach. He will spend \$60,000 on the improvement.

Salem's high school will graduate 259 seniors next June, according to J. C. Nelson, principal, a gain of eight over the class of 1927. The class includes 103 boys and 156 girls.

Eugene held its annual spring style show last week. Several blocks of the main business streets were roped off and traffic suspended while thousands of people thronged the streets.

George M. Rasque, a Spokane architect, has been selected by the school board at Burns to draw plans for the new \$75,000 high school building to be erected in that city this year.

The good weather of last Sunday brought out the first golf players on the new Mill City course. A large gang of men also turned out and work has been started on the fourth green.

More than 200 Rotarians and their wives were in Albany last week to witness the chartering of a new club in Albany. Hank Manny of Seattle, district governor, presented the charter.

Searchers found the lifeless body of George W. Barker, Butte Falls banker and capitalist, who disappeared last Monday. He had shot himself with a gun taken from the bank at the time he disappeared.

The first case of infantile paralysis in Jackson county for months resulted in the death of James W. Johnson, 25, Sams Valley. The Sams Valley school has been closed as a precautionary measure.

Caught by a cave-in in the mine in which he believed he had finally struck his fortune, Marvin J. Vincent, 51, was killed more than a week ago in the Jump-Off Joe section of Josephine county. The body was found about 15 feet under the surface of the ground in a position which indicated that the miner had been caught while on his knees working.

Idle since December 15, the Pelican Bay lumber mill, the largest pine-cutting plant in Klamath, resumed operation last week with two shifts. Approximately 150 men went on the lumber company's payroll.

The proposed national park of Silver Creek Falls in Marion county is disapproved by the department of the interior because the area is too small and too involved in private holdings, says a report from Acting Secretary E. C. Finney to Senator McNary.

Five thousand dollars will be spent in road construction work in the Fort Rock district of the Deschutes national forest this summer, according to information from R. L. Fromme, forest supervisor. Roads to be constructed will be primarily for fire protection purposes.

Four persons were killed and 335 others injured in 1920 traffic accidents in Oregon during February, according to the monthly report of T. A. Rafferty, chief of the state traffic squad. Two killed were pedestrians, the other two were occupants of automobiles involved in collisions.

F. A. Banks, chief engineer on the Owyhee project, has announced that bids for construction of the Owyhee dam near Nyssa will be opened June 1. This dam will be 360 feet in height, the highest irrigation dam in the United States, and will impound 600,000 acre-feet of water.

At a special school election at Firwood last week it was voted to suspend school for one year and transport the children of the district to Sandy grammar school, the board of the latter school agreeing to hire a fourth teacher. The vote was small, being only 12 in favor and 5 against.

Seventy thousand dollars will be expended soon by the Southern Pacific company in the passenger station yards at Eugene in the extension of passing tracks, E. L. King, superintendent of the division, has announced. Two additional tracks will be installed and the old ones rearranged.

Last week a rock was unearthed near Sweet Home, where highway blasting is going on, which caused curiosity among the valley residents. The rock is of a dark blue substance and when a match is touched to it the substance burns. Some of the rock has been sent away for analysis.

Official figures covering tax payments from January 1 to March 20, were released by Clyde G. Huntley, collector of internal revenue for Oregon recently. The total for this year was \$1,310,820.26 as compared with \$1,352,521.65 for the same period of 1927, or a decrease of \$41,701.39.

The Eastern Oregon Principals' and Superintendents' association will hold its annual meeting in La Grande Saturday, March 31. Among other items of business will be the awarding of the eastern Oregon interscholastic track and field meet. Union is expected to receive the meet, as it is her "turn."

One man was drowned and another is in a hospital suffering from severe gashes on his head as the result of an accident near Astoria when the automobile in which they were riding crashed through the guard bars, mounted the tilted span of an opening draw bridge and toppled into Young's river.

The Big Creek & Telocaset Railroad company has filed application with the interstate commerce commission for permission to extend its line from Telocaset, Union county, for 11 miles in a southeasterly direction to Beagle Creek Junction, according to information received by the public service commission.

The annual run of suckers is under way, and joy reigns in the ranks of Klamath Indians. Up Williamson and Sprague rivers tens of thousands of these sluggish fish are moving, while redskins with spears, hooks and other apparatus are hauling them out by hundreds. The sucker is used as food by the Klamath tribe.

Four of Salem's pioneer families are to be honored in the renaming of city streets under an ordinance introduced before the city county last week. They are Baker, Simpson, Breymann and Ford. The proposed change in the street names is in line with the renumbering of houses throughout the city, now in progress.

After repeated warning to boys and girls on roller skates to keep out of the business district, Chief of Police McCredie of Medford, clamped on the lid tight, barring all roller skaters from business streets under penalty of arrest and having their skates confiscated and kept in storage in the police station until called for by parents.



**A BRUSH
A PAIL
and**



Write to us also for our beautiful free book "Artistic Home Decoration" by our Home Betterment Expert, Miss Ruby Brandon, Alabastine Company, 222 Grandville Ave., Grand Rapids, Mich. Alabastine—a powder in white and tints. Packed in 5-pound packages, ready for use by mixing with cold or warm water. Full directions on every package. Apply with an ordinary wall brush. Suitable for all interior surfaces—plaster, wall board, brick, cement or canvas.

None genuine without
the Cross and Circle
printed in red.

Get An Alabastine
Color Card

Alabastine
Instead of Kalsomine or Wall Paper

A Majority

Attorney (in property lawsuit)—Four people have testified that you cut down that tree.

Accused—What are four people? I can bring millions who did not see me.

Man who doesn't care for public appreciation is almost abnormal. It is the incentive of millions.

The Only Recognition

"Have you any political pull?" "Not much," answered Farmer Cornstossel. "I've devoted my life to the service of my party, and the only job I ever got was chairman of a reception committee."

A soft-headed nail and a hard-headed man are both difficult to drive.

The Cream of the Tobacco Crop



**Paul Waner,
Voted Most Valuable
Player in 1927
National League,
Says Luckies Do Not
Affect His Wind**

"When I first started to smoke I was anxious to find a cigarette that would give me pleasure without taxing my wind or irritating my throat. I soon discovered Lucky Strikes. I am very fond of the excellent flavor of these cigarettes and they keep my throat clear and do not affect my wind in the least."

Paul Waner

"It's toasted"

No Throat Irritation—No Cough.

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