



(60, 1927, Western Newspaper Union.)

"One inch of joy surmounts of grief a span, Because to laugh is proper to the man."

VARIETY OF GOOD THINGS

When serving boiled fish cook it in a cheese cloth well tied up and drop into boiling, slightly acidulated water. Serve with:



Drawn Butter Sauce.—Measure one-third of a cupful of butter.

Melt one-half of the butter, add three tablespoonfuls of flour, one-eighth of a teaspoonful of pepper, one-half teaspoonful of salt, pour on gradually one and one-half cupfuls of boiling water. Boil five minutes, remove from the fire and add the remainder of the butter in small pieces.

Spice Pudding.—Take one cupful of dried bread crumbs, add one pint of hot milk, cover and let stand until the milk is absorbed. Add one-fourth teaspoonful of salt, one-half cupful of molasses, one-quarter teaspoonful of cinnamon, one-eighth teaspoonful of cloves, the same of nutmeg, mace, ginger and allspice. Add two-thirds of a cupful of raisins that have been steamed five minutes. Add one well beaten egg, mix well and turn into a greased pudding dish and bake nearly an hour in a moderate oven.

Fish Souffle.—Make a sauce of two cupfuls of scalded milk, one-eighth cupful of butter, the same of flour, one teaspoonful of salt, one-eighth teaspoonful of pepper, one-half cupful of soft bread crumbs and cook two minutes; remove from the fire, add two cupfuls of shredded cooked fish, the yolks of three eggs well beaten, and one tablespoonful of finely chopped parsley; then fold in the well beaten whites. Turn into a buttered pudding dish and bake thirty minutes or more in a slow oven. Serve with:

Caper Sauce.—Divide one-third of a cupful of butter into two parts. Melt one-half the butter, add three tablespoonfuls of flour, add seasoning of salt and pepper, boil five to eight minutes until the starch in the flour is thoroughly cooked, add the remaining butter in small pieces. Add one-half cupful of capers drained from their liquor. This sauce is also good with mutton.

Cottage cheese, cream cheese, or any kind of cheese is good for lunch.

This and That in Foods.

As game and wild fowl are in season, it is well to consider a few ways of preparing it.



Wild duck, mud hens and wild geese as well as fish are often rather gamey in flavor. To remove some of this flavor there are many methods. To parboil with carrot, celery and a sliced onion is one of the best. Then drain and proceed with the cooking in any way desirable, such as frying brown in butter or roasting in a hot oven.

A young bird of any kind, after a little parboiling as above, will, if brushed with butter and an onion and a few stalks of celery is placed inside, then browned in a brisk oven, be found especially appetizing.

One housewife who was fortunate enough to have some venison, more than her small family could consume, prepared it for mincemeat, making an especially well-flavored mixture.

Finely shredded cabbage, covered with cold water to crisp it, then well drained and covered with cream, sugar and a dash of vinegar, is another worthwhile way of serving a salad.

Date, Apple, Onion Salad.—Take a slice or two of Spanish onion finely diced, or chopped fine, add to a quart or less of finely diced apples and a cupful of minced dates. Season with salt and dress with any good boiled dressing. Serve on lettuce with a bit of parsley for garnishment. With the beautiful red apples hollowed out and filled with this mixture or with the Waldorf salad, which is celery, nuts and apples, one has not only a table decoration but a most appetizing salad.

Eclipse Sauce.—Melt one tablespoonful of butter, add one of flour and when well blended add one cupful of water in which a cucumber has been cooked. Season with salt and cayenne and pour over a well-beaten egg; add a tablespoonful of lemon juice and reheat carefully. The chopped, stewed cucumber may be added, which makes this a delicious sauce.

Baked Potatoes.—Select even-sized potatoes and bake in a hot oven. When well done slash at right angles on the flat side and press up the potato. Drop a spoonful of butter in each and sprinkle with a dash of paprika.

Nellie Maxwell

POULTRY

FEED REQUIRED FOR CHICKENS

From time to time we receive inquiries asking how much feed is required for producing chickens, says the Iowa Homestead. These people appreciate that the feed cost is one of the important considerations in raising poultry. Too often people believe that it is the whole cost, for some do not make allowance for other costs, such as mortality, depreciation on buildings, labor, etc.

The Connecticut experiment station determined the amount of feed which was required to grow White Leghorn and Rhode Island Red chicks till they were 24 weeks of age. At that age Leghorns had consumed 22.13 pounds per bird and the Red 25.77 pounds. The Leghorns weighed 3.28 pounds and the Red 4.3 pounds per bird.

The Indiana station reports that it took approximately 30 pounds of feed to raise White Rock pullets to 28 weeks of age. From these two reports it would seem likely that average amounts of feed needed to reach maturity would be approximately 25 pounds for Leghorns and from 30 to 35 pounds for the heavy breeds.

Some figures are also available on the amount of feed that will be consumed by hens in a year. The smaller breeds require less than the larger breeds and hens that do not lay heavily will consume less than those that are heavy layers. Heavy laying Leghorns will consume approximately 75 pounds of feed yearly per hen, while the heavier breeds will need about 85 pounds.

Skim Milk Recognized

Feed for All Poultry

Skim milk is a recognized feed for poultry from the baby chick on up to the laying pullet, and as a supplement to either home-grown feeds or the commercial product, it is recommended by successful poultrymen and specialists the world over.

Those engaged in the poultry business must necessarily have high production. Unless they have an abundance and a variety of feeds and know how properly to mix them, the commercial feed must be used. This is also the case with every farmer who seeks high production.

Commercial poultry feeds, in most cases, are the result of scientific research. Their efficiency has been demonstrated so many times that there is no room for argument, but no farmer will make a mistake if he seeks to lower the cost of production by producing his own grains and by utilizing all the skim milk available.

Preventing Egg Losses

Is Not Difficult Task

The season is near at hand for converting feed crops into eggs. No one wants to put labor into the production of feeds and then lose their value. It is estimated that about 17 per cent of the eggs shipped to wholesale markets have no commercial value because of their being dirty, broken, or having chick development, or being shrunken, rotten or moldy. The following conditions will almost entirely eliminate losses from these sources: Eggs for market should weigh from one and one-half to two pounds per dozen; be uniform in size; be free from dirt, but not washed; be strong shelled, fresh and infertile. They should be laid in clean nests, gathered often, never taken from an incubator nor from stolen nests; they should be kept in a cool, dry place until delivered at the market.

No Difficulty Is Met

in Picking Out Layers

No difficulty should be met in picking out the best-laying or the poorest-laying hens in the farm flock. With some birds, however, the distinguishing marks are not so distinct and may sometimes be rather contradictory. Thus one hen may be an early molter and yet show good body depth. Another bird may molt late and at the same time show poor quality. Birds of this type are usually medium producers, and the owner must decide whether they should be kept or sold.

Affects Egg Size

It is possible in forcing feeding when the hen lays day after day for a week or two that the egg will gradually lose in size, depending on the hen and the kind of food eaten. If the hen has inherited capacity to lay many eggs, and she gets the right kind of foods, she will lay normal-sized eggs even though laying heavily. To lay many normal eggs the hen must be fed plenty of protein foods, such as are found in the mash, especially during the winter.



ORDER

Mr. Wampus was sitting quietly in the pharmacy, attending the lyceum. There arrived his little girl with this message:

"Mother says for you to come home this minute."

"And what if I don't come home this minute?"

"She says she will come after you with a sash-weight."

He went.

Right at Home

Police Chief—Well, did you work the third degree on that guy, as I told you?

Detective—Sure we did; we bully-ragged, and crisscrossed, and tormented and badgered him every way we could think of.

"Well—and what did he have to say?"

"He just sort of dozed off and muttered: 'S'll right, Maria; s'all right—have it your own way.'"—Forbes Magazine.

OUR WOMEN VOTERS



"How do you expect to vote this election?"

"Oh, I guess in my brown suit and new squirrel toque."

Ask Dad

His sister called him "Willie."
His mother called him "Will."
But when he went to college,
To Dad 'twas Bill, Bill, Bill.

Smarty!

Elx (trying to remember)—Let's see! Isn't there a saying that begins "If the shoe pinches—?"
Dix—Sure! "If the shoe pinches it is on a woman's foot."

SAME REASON



Reggie—I don't know why I'm under the weather s's, Miss Sharpe.

Miss Sharpe—For the same reason that you never come in out of the rain, Mr. Sapp.

Scandal in Bugville

A June bug married an angleworm: An accident cut her in two; They charged the bug with bigamy. Now what could the poor thing do?

Not Much Change

"What will the modern girl be a decade hence?" inquires a worried contemporary.

"Oh, just about a couple of years older, brother."—Boston Transcript.

Precaution

"American methods are becoming standardized," remarked the economist.

"They are," answered Miss Cayenne. "Even the floral decorations of weddings and funerals are beginning to look all alike."—Washington Star.

It All Depends

Dora—I always keep men at arms' length.

Flora—Don't you ever let them get farther away than that?

Children of Lepers Saved From Disease

In 1925 a plan for saving the unfortunate children of the Cullon leper colony in the Philippines was instituted by the office of the public welfare commissioner at Manila. In order to prevent these children contracting leprosy from their parents they are removed from the colony and placed in institutions or private homes. By January, 1926, 285 children under fifteen years of age had been removed.

The youngest children are cared for in a public nursery near Cullon, and if it is not possible to place the older ones with relatives or friends they are put in institutions where their care can be supervised by the office of the commissioner. Periodical health examinations are given to detect any early signs of leprosy which may appear. School training is provided, and as far as possible the children are being prepared for happy, useful lives. They are encouraged to correspond with their parents, who are advised by monthly reports from the institutions of their children's progress.

The discovery of a cure for leprosy makes possible the hope that the children may eventually be restored to their parents.

Molly Pitcher Honored

To Molly Pitcher goes the honor of being the first woman to have an American highway named for her. In Pennsylvania, the highway which extends through Carlisle, Shippensburg and Greencastle will be known as the Molly Pitcher highway. Molly Pitcher, so the story goes, took her husband's place when he was killed in the act of firing a cannon in the battle of Monmouth in 1778. She vowed revenge for his death and proved a fearless soldier. Later she was made a sergeant and commended by George Washington.

Ray Times Horse Races

An automatic wireless timekeeper for horse races has been tried out with success at a track at Cape Town, South Africa, recently. It is worked by an invisible ray from a lamp in the judges' box focusing on a point of light one-fifth of an inch in diameter on a selenium cell fixed in the winning post. Anything crossing the invisible ray, extinguishes the point of light, and the clock ceases.

To Cure a Cold in one Day

Take Laxative BROMO QUININE Tablets. The Safe and Proven Remedy. Look for signature of E. W. Grove on the box. 30c.—Adv.

"Chinatown" Americanized

San Francisco's Chinatown now has a modern American playground. Built in the heart of this, America's most famous Chinatown, the playground's landscaping is in oriental design, but its equipment includes the latest and best American play devices. And the little Chinese enjoy the sandpiles, swings, tennis courts, etc., just as much as do average American children.

Kept Clock Moving

When a broken pin caused the faithful clock in St. Paul's cathedral, London, to stop men acted as the works. Recognizing the fact that thousands depended on the clock for time, officials of the church placed behind the face of the timekeeper men who turned the hands every minute during the daytime and until repairs were completed.

Saves Fuel

A crude oil engine invented by C. E. Grayson, an Australian engineer, is said to operate at a fraction of the fuel consumption of an ordinary engine. It operates on the plan of a "constant pressure combustion cycle."

Profitable Authorship

He—Is your brother, the author, still writing for money?

She—Yes, but papa never answers him now.—London Passing show.

Unanswerable

He—Oh, all women are alike.
She—Nonsense! Then why should some men commit bigamy?

A grain of wisdom can be spread over a larger surface than a grain of gold.

The pianist who plays by note has to face the music.



Why Bald So Young? Cuticura will help You

To prevent loss of hair. Dandruff, usually the cause of premature baldness, may be easily removed by regular shampoos with Cuticura Soap, preceded by touches of Cuticura Ointment. This treatment keeps the scalp clean and healthy and promotes hair growth.

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OIL ROYALTY ACREAGE Heart Kevin-Sunburst field, Montana, terms \$30 cash each \$100 purchased, balance 5 \$14 installments payable each completion producing paying well. Address A. H. Campbell, Olmsted, Mont.

EYES HURT?

Don't ignore the danger signals of aching eyes, red lids, bloodshot eyeballs. Miltach Eye Salve removes irritation, redness, inflammation, soothes pain. **HALL & RUCKEL** 147 Waverly Pl., New York

Plea for Historic Building

An appeal has been made to Yale alumni for aid in obtaining a tenant for Plasyn-Yale, or Yale hall, in Yale valley, near Wrexham, Wales. Yale hall belonged to the family of Elihu Yale, founder of Yale university. The present tenant, a disabled war veteran, suggests that Yale men might use the estate as a vacation camp.

Garfield Tea

Was Your Grandmother's Remedy

For every stomach and intestinal ill. This good old-fashioned herb home remedy for constipation, stomach ills and other derangements of the system so prevalent these days is in even greater favor as a family medicine than in your grandmother's day.

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