

BROOKINGS-HARBOR PILOT

AN INDEPENDENT NEWSPAPER

Entered as second-class matter, at the postoffice at Brookings, Oregon, March 7, 1946, under the Act of March 3, 1879.

MINNA AKERS, *Owner and Publisher*
WILLIAM G. PHELPS, *EDITOR*

SUBSCRIPTION RATES:
One Year in advance (in Curry County) \$3.00
One Year, in advance (outside Curry County) \$3.50

NATIONAL ADVERTISING REPRESENTATIVE
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Winning the War on Cancer

One out of every five people alive today are destined to die of cancer.

And one out of every two families will suffer the tragedy of having a member of the family stricken with cancer.

It's not a pleasant thought, is it? Look around you, at your family and friends, and count them off, one by one, and ask, for every five; which one will it be?

But you can prevent it. You, and your friends like you, if you'd only take the trouble to do so.

The horrible thing about cancer today is not the toll that it takes, so much as the fact that a great part of the toll is so needless.

Because, as Dr. Paul Ronniger recently told the PTA, cancer can be conquered... if it is caught in time.

It cannot yet be conquered by wonder drugs or miraculous cures, and the pseudo-medical writers in popular magazines who have written glowing articles in popular magazines have probably caused a great deal of suffering with the false promises they hold out.

But it can be remedied by X-Ray and surgery, if it's caught in time.

And how do you know? How can you tell if you're that fifth person marked to die from cancer?

First, you watch your physical condition. Keep going to your physician regularly for physical checkups, at least once a year. **Keep on guard against cancer.**

And secondly, watch for the seven danger signs which warn of cancer. **Here they are:**

1. Any sore that does not heal.
2. A lump or thickening in the breast or elsewhere.
3. Unusual bleeding or discharge.
4. Any change in a wart or mole.
5. Persistent indigestion or difficulty in swallowing.
6. Persistent hoarseness or cough.
7. Any change in normal bowel habits.

The symptoms described above don't necessarily mean that you have cancer. But they indicate you may have, and only your doctor can tell you for sure.

And remember, again, we can win the fight against cancer... if you watch for the danger signs.

The American Cancer Society says that of every 100 persons who have skin cancer, 98 could have been cured... but aren't because they don't come in time. Only four per cent of stomach cancers are cured now... 45 per cent could be, if the victim watched for the seven danger signals. Eighty to 90 per cent of breast cancers could be cured — 35 per cent actually are. And so on down the list.

There's a job to be done, right there, saving your own lives. The American Cancer Society is doing its best to tell you of the ways to stop cancer. But you, and only you, are the one who must watch your body for the seven danger signals, and take it to your doctor.

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For What It's Worth Tisdale At Head Of Planning Board

By CLIFFORD P. ROWE

One of my readers flattered me very much recently by asking my opinion in the Hell's Canyon dam controversy.



Nothing pleases one so much as being asked for an opinion even though the chances are that little attention will be paid to it.

The truth of the matter is that ever since the squabble broke out between the Democrats and the Republicans over the number of dams which should be built in the Snake, who should build them, and who should pay for them, I have done much reading and listening and have finally come to the conclusion that I know less than when I started.

All that I have discovered is that both sides in the argument are right and that they have the facts to prove it. Also it is very evident that both sides are liars and that proof on that point is available also.

The whole situation simmers down to the fact that it is a political issue. Republicans believe that private enterprise should have the opportunity to build the dams, thus enabling the government to obtain revenue from them in the form of taxes. In this way, the government would not have to furnish the money for construction of the dams, thus removing the necessity of gouging the taxpayer to that extent.

Democrats, on the other hand, maintain that the government will build the best dams and in addition will have the interests of the people at heart since it will not be interested in making a profit. In fact, if pressed, they could very well give the postal service as an example of a government enterprise which definitely proves that Uncle Sam is not interested in making money.

In spite of the fact that I have become convinced that engineers can falsify just as much as lawyers when it comes to presenting evidence to support their side of an issue, I find that my vote goes to private enterprise.

I have always had just a little more confidence in the ability of the fellow who is in business for personal profit than I have in the guy who is there primarily to spend the money which I have contributed in taxes.

120 Attend PTA Meeting

The Brookings-Harbor Parent-Teacher Association met last Thursday night with 120 present. The program included group singing led by Mr. Dick, a film on cancer and an explanatory talk by Dr. Ronniger and tape recordings of two upper grade classes.

Over half the Christmas cards were sold at the meeting, so we should soon have a new coffee maker of our own. The cards will be on sale again at the November meeting.

The membership drive being carried on this month under the direction of Mrs. Dorothy Herman is progressing well, but it is hoped that many more parents will join before the month is out so the goal of 100 per cent can be met.

The November meeting will be held Wednesday, Nov. 5, rather than the usual Thursday, so that parents will be able to visit the classrooms and view some of the work their children have been doing.

thur Knox, Roy Wiedeman, Ken Osburn, E. S. Aldrich and O. D. Arp. Charles Echols, city engineer, is an ex-officio member.

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