

"Homemakers"

By ALDENE N. ROBERTS
Home Demonstration Agent

HELLO, THERE:

Something new has been added! Passers-by stop and look at the 8-foot "barometer" attached to the flagpole on the court house lawn. This is a case where they want the barometer to rise; one side means members and the other side dollars—for the hospital, of course! When the little red peg reaches the top the hospital will be built. If you, and you, and you, and I, do our part as individuals and as organizations, then there will be a rapid rise of the barometer.

This week the home extension unit meetings begin. I've missed seeing you this summer so hope all of you will come to your meeting this month and give the home extension year a big start. Our program deals with color in the home and is planned to aid in selection of draperies, rugs, slip-cover material for your own home. Color makes an important contribution to the cheerfulness of our homes and cheerfulness is the aim of every home-maker. We will have year books to fill out and plans for November's meeting: "Repair of Innerspring Cushions."

Have you a 4-H club member

in your home? Is his record complete and in the extension office? We must have these records in October. Sometimes just a suggestion from the parent is all that is needed to get the work completed. One of the most important lessons a child can learn is to finish that which is started, so it is worth every parent's time to insist on completions—not just in a 4-H club project, but in everything he does.

Sweet potatoes are on the market now and make a swell addition to the menu. Sweet potatoes should be eaten relatively soon after they are bought. Don't keep them in the refrigerator! Sweet potatoes need a dry storage place, one that is neither too warm, nor too hot—about 55 to 60 degrees, is about right.

Sweet potatoes are so sensitive to cold that they may turn dark and their eating quality may be damaged if their storage temperature drops as low as 40 degrees Fahr.

Food value: Sweet potatoes are an important and economical source of sugar, starch, and Vitamin A. They also provide worth while amounts of Vitamin C, and small quantities of the B vitamins and minerals.

In addition, they are a versatile food—excellent for baking, boiling, steaming, frying or for

mashing. They lend themselves readily to "fancier-up" dishes, including sweet potato cakes, candied sweet potatoes, sweet potato pie, and a lot of other main dishes or dessert recipes.

Sweet potato genealogy: Nobody knows just how long the sweet potato has been recognized as a tasty and nutritious food. The conquering Spaniards found the Indian tribes of south and central America eating sweet potatoes more than 300 years ago. The tribes probably had been growing the vegetable for many centuries. Perhaps the world's thanks is due them for the discovery and edibility of a certain morning-glory root, for cultivating the plant, and for developing the root into sweet potato that today is an important source of food in practically all countries.

On the other hand, perhaps thanks are due to the people of ancient China for having developed the sweet potato even earlier, since some accounts suggest that the vegetable was a recognized and important food in China long before there is any mention of it in western records. In any event, the sweet potato has an interesting history, including its travels with Columbus. Columbus is said to have presented sweet potatoes to his Queen Isabella of Spain as treasure brought back from his explorations in the new world.

their invited guests are welcome. This will also be an anniversary of the founding of the Chetco Grange, which is 17 years old in October.

Ernest Foster and son, Geo.

have moved into their new home near the Louie Stoller last week-end. George returned from Kelso, Wash., having spent the summer with an uncle and aunt.



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GOSPEL SERVICES

BEGINNING ON

SUNDAY, OCTOBER 3, 1948

Meetings Begin at 7:30 P. M.

In North Hall of Templar Hotel, Brookings
ALSO MID-WEEK SERVICES

Wednesday, Thursday and Friday Evenings

The purpose of these meetings is to bring the blessings of God to all in body, soul and spirit.

Inspirational singing with accordion and electric piano.

A WELCOME TO EVERYONE

GUY FIELDS, Minister

Associated with Radio Prayer League, Inc.

County Fair Board Met At Gold Beach

GOLD BEACH—Curry county fair board met last Friday evening at the court house with 20 present. All bills of the past season were allowed and ordered paid.

Tom Ayres, who manager the 1948 fair, was appointed to manage the 1949 fair. A caretaker for the grounds also was named. His duty will be to seed to grass the entire grounds.

Discussion of the 1949 fair was principal order of business, but to give more people a voice in the coming fair, another meeting has been set for October 25. At this time Mr. Ayers may be ready to name his committees for next year.

C. O. Leonard Obtains State Brokers License

C. O. Leonard, who recently received his real estate brokers license, expects to start remodeling his property at the south end of town soon.

A new type of movable outdoor sign for listings is being planned and will be electrically lighted for night display. The present signs he uses for advertising lily bulbs will be converted. This will include a large bill board at Harris park, recently purchased by the Leonards for a home site.

For a time last spring Mr. Leonard was salesman for W. E. Deveny agency.

LOCAL NEWS

Sandy and Beth Morrison, of Great Falls, Mont., visited at the Frank Hassett home last week.

Mr. and Mrs. N. V. Strommen, brother and sister-in-law of Mrs. H. J. Weigel, and a party of friends surprised her Monday evening by coming in to help her celebrate her birthday.

Mr. and Mrs. Dwight Green of Portland are enjoying a vacation from city life, by helping in the bulb harvest at the Hastings & Strommen farm.

All Grange members are reminded that Booster night program is to be held this coming Saturday evening at the Grange hall and that all Grangers and

BILT-RITE CABINET SHOP

Sash Doors Frames Kitchen Cabinets

Un-painted Furniture

MADE FROM KILN DRIED MATERIALS

HAROLD T. JESSER

Basement, Grayshel Bldg (Box 274) Brookings

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CURRY COUNTY LUMBER CO.

BROOKINGS

RENT A
FLOOR
SANDER

Do that floor job
economically, by doing it yourself!

Just Arrived...

NEW SHIPMENT OF

QUADRIGA DRESS PRINTS

80 count Per Yard 59c

END OF THE MONTH

CLEARANCE SALE ON

Dresses

Values to \$15.00 \$5.99

Moore's Variety & Apparel Shop

We give S. & H. Green Stamps With Every Purchase!

Grayshel Building

Brookings, Oregon