

### Shoemaker's

Edith N. Roberts, HDA

There: you ever struggle to take the bony leg out of a turkey's leg you were carving? Here's how to do it in advance.

Removal of the bony leg of poultry will greatly improve the quality of the leg, making it more accessible to carve and will be more attractive serving with less waste. This is especially true of older chickens and turkeys for roasting. To remove the tendons, make a cut 2 inches long through the skin and the back of the shank extending from the joint toward the foot. Separate a single tendon, get a big cleopick under it and pull it from the flesh of the leg toward the foot. Repeat each of the seven tendons. The forefinger may be placed

under the tendon instead of a nail, but the finger should be protected with heavy cloth against injury from the sharp edged bony tendons. Pliers may be used. A steady, strong pull gives the best results. The shank is cut off at the knee after removing the tendons.

More A and C in '48? Americans may eat more vegetables and fruits, both fresh and processed, next year to make up for smaller supplies of other foods, say food economists of the U. S. Department of Agriculture. This would improve the national diet in two important vitamins—A and C, which have been too low in many American family diets in the past.

Greater use of vegetables especially is possible, the economists say, because the demand for food is high in this country, vegetable growers received good prices in 1947, and because vegetable production can easily be stepped up in response to demand.

Dip for Tips. When shoe laces

lose their tips, as they often do in children's shoes, twist the end and dip them in clear nail polish and let them dry. This speedy method of making new tips is suggested by clothing specialists of the U. S. Department of Agriculture.

The same dop can be used to make a stiff tip for cord or heavy thread used in stringing bears.

### Gold Beach Scout Troop Has Difficulty Aplenty

According to Ray Gardner, state patrolman, and county Scout Commissioner, the Gold Beach Boy Scout troop is finding considerable difficulty in holding interest. Partly responsible for this lack of interest is inexperienced leadership. George Steiner, who offered his services as scoutmaster, cannot without help hold the group together.

Port Orford troop, also not too active, is finding difficulty in growing in popularity. In both of the towns, local committees

seem unable to arouse the necessary interest to attract the interest of the boys.

On the other hand, Brookings has an active campaign which is apparently gaining momentum by the month. A renewal of the scout charter for 1948 is now being completed by the local Legion post. The Sea Scout charter is already sent in by the Rotary club. The 26-foot life boat will be brought to Coos Bay shortly after the holidays by Dant & Russell, coast-wist shippers.

with relatives. Their store will be closed until next Monday.

Mr. and Mrs. Homer Kessler and sons will spend Christmas at Gold Beach, visiting Mr. Kessler's brother, Ralph and family.

Mr. and Mrs. Ralph Vincent and children will spend the remainder of this week at Klamath Falls, visiting friends, returning late Saturday.

### THE TISDALES

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### Local News Items

Mr. and Mrs. Ben Kerns left Christmas eve for Klamath Falls where they will spend Christmas

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