



If Not Now, When? No, seriously, when? The Maude Kerns Art Center is hosting an art show where the theme begs the question to be answered. The name of the show, *If Not Now, When?* was chosen in part by local artist Tim Boyden, who brought together a group of artists that also includes Jud Turner, Ila Rose and Michael Whitenack (art pictured). Boyden felt he wanted to “get like-minded people together in these times, and get a sense of urgency about our world.” The exhibit’s message is about artistic collaboration and positive outlooks for the future. Through art, they wish to “Heal the divisions and bring people with different visions together, for a better future for all.” Sarah Ciampa, the exhibits coordinator at Maude Kerns, says, “I think the art is fantastic. I’m very inspired by it. It’s some of the best work by some of the best artists that Eugene has.”

*If Not Now, When?* at Maude Kerns, 1910 E. 15th Avenue, runs through Feb. 12. Gallery hours are 10 am to 5:30 pm Monday through Friday and noon to 4 pm Saturday. Due to COVID, Maude Kerns prefers you make an appointment online to view the art at [MKArtCenter.org](http://MKArtCenter.org); drop-ins are allowed only if there is space. — *Chandler Henderson*

## GENERAL

**LISTINGS ARE FREE UNLESS OTHERWISE NOTED**

### ART EXHIBITS

"If Not Now, When?" (thru Feb. 12), Maude Kerns Art Center.

Erik Sandgren - "Observed, Imagined and Remembered: The Northwest Landscape" (thru Feb. 27), Karin Clarke Gallery.

Focus Artist - Becki Hesedahl at River Gallery (thru Feb. 28), River Gallery, Independence.

Exhibition: Highlights From the Gallery Collection (thru March 6), White Lotus Gallery.

Jordan Schnitzer Museum of Art, JSMA.Uoregon.edu.

### GATHERINGS

2021 Oregon Stewardship Award nominations (thru Jan. 31). More info at [MNCH.UOregon.edu](http://MNCH.UOregon.edu).

### HEALTH

Zoom classes at YMCA.org. Zoom workout classes at CrossFit. Email Contact@CrossFitIntensify.com for more info.

Workout classes at IAmForeverStrong.com.

Workout classes at Evolve Fitness Studios. More info at [EvolveFitnessStudios.com](http://EvolveFitnessStudios.com).

Yoga classes at EugeneYoga.us; WildLightYogaCenter.com; EugeneMudra.com;

HotYogaEugeneBalanced.com; YogaEugene.com.

All levels of yoga (chair, advanced, yoga for health care workers and children) at Vista Wellness Center. Visit [VistaPsych.com](http://VistaPsych.com) for more info.

### GATHERINGS

Christmas Tree Pickup w/ BSA Troop 182 (thru Jan. 31). Visit [Trees182.com](http://Trees182.com) to fill out the request form.

### LECTURES/CLASSES

Job Search Help by appointment at the downtown library. Call 541-686-7985 to schedule.

### FAMILY/KIDS

Winter Reading: Free Books for Kids and Teens w/ Eugene Public Library (thru Jan 31). More info at 541-682-5450 or [Eugene-or.gov/library](http://Eugene-or.gov/library).

### RECREATION

Adult (18+) Drop-in Soccer at Civic Park (every Tuesday thru Jan.). More info at [EugeneCivicAlliance.org](http://EugeneCivicAlliance.org).

## THURSDAY

JANUARY 21

### FILM

Springfilm: *Maria Full of Grace* - Live Stream & Film Discussion, 7pm. More info at [Springfield-or.libcal.com](http://Springfield-or.libcal.com).

### GATHERINGS

The People's Inauguration, noon-4pm, The Historic Mims House, 330 High St.

### HEALTH

NAMI Family Support Zoom Group @ NamiLane.org, 7pm. RSVP at [NamiLane.org](http://NamiLane.org).

### LECTURES/CLASSES

Healing Through Discussion Group w/ the Trauma Healing Project, 9:30-11am. More info at [HealingAttention.org](http://HealingAttention.org). FREE-\$15.

Move Better, Connect to Yourself, 10-11am & 6-7pm. More info at [BodyWorkbySabine.com](http://BodyWorkbySabine.com).

A Dissenter's Take: The New Administration's Apptee's Priorities and Our Movements, 3-5pm. More info at [CLDC.org](http://CLDC.org).

Trafficking Awareness Month: Doing the Work in Lane County, 3:30pm. More info at [EcaseyLane.org](http://EcaseyLane.org).

Fred H. C. Liang: "Convergence," 4pm. More info at [Facebook.com/UOartdepartment/live](http://Facebook.com/UOartdepartment/live).

Live Virtual Sexuality Education - Planned Parenthood of Southwestern Oregon, 4-5:15pm. More info at [PlannedParenthood.org](http://PlannedParenthood.org).

What You Wish You Learned in Health Class, 4pm. More info at [OpheliasPlace.net](http://OpheliasPlace.net).

### ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

"Arts Journal," 9pm, Comcast channel 29

Thursday Night Jazz, 10pm, KLCC, 89.7 FM

### RECREATION

Trivia w/ Elliot Martinez, 6-8pm, Covered Bridge Brewing Group in Cottage Grove (weather permitting; more info on site's Facebook page).

### SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th Ave.

## FRIDAY

JANUARY 22

### GATHERINGS

City Club of Eugene: "Get to Know Eugene's New City Councilors (Randy Groves & Matt Keating)," noon, Eugene City Club Facebook Page. Airs again at 7pm Monday, Jan. 25, on KLCC, 89.7 FM.

Food Not Bombs, cooking starts at noon (email [EugeneFoodNotBombs@gmail.com](mailto:EugeneFoodNotBombs@gmail.com) for location), serves at 4pm at Park Blocks, E. 8th Ave. & Oak St. next to fountains.

### LECTURES/CLASSES

Expression Through Art w/ The Trauma Healing

Project, 4-5pm. More info at [HealingAttention.org](http://HealingAttention.org). FREE-\$15.

Friday Night Writes: Quarantine Edition, 6-9pm. More info at [WordCrafters.org](http://WordCrafters.org). FREE-\$15.

### MUSIC

Friday Night Folk Music Live Stream, 7pm. More info at Kathryn Rose Celtic Folk Festival Facebook page.

### SPIRITUAL

Zen Meditation (instruction provided), 7pm. Zoom only at [BlueCliffZen.org](http://BlueCliffZen.org).

## SATURDAY

JANUARY 23

### DANCE

Ten Tiny Dances® w/ The Majestic Theatre (Corvallis), all day. Info at [App.arts.People.com](http://App.arts.People.com). \$10-20.

### KIDS/FAMILY

"Bookish Brain" Trivia Night w/ Eugene Public Library Foundation, 6pm. More info at [EPLFoundation.org](http://EPLFoundation.org). \$5-20.

### GATHERINGS

Burrito Brigade, 9:30am-3:30pm. More info at [BurritoBrigade.org](http://BurritoBrigade.org).

Classic Car Show Weekend at 5th Street Public Market, 11am-4pm, 5th Street Public Market.

Healing Evening, stories & experiences of 2020, 2-4pm, New Zone Art Gallery, 22 W. 7th Ave.

### ON THE AIR

The Dr. Yeti Show, 10pm-midnight, KOCF, 92.5 FM or streamed at [KOCF.org](http://KOCF.org).

The Institute of Spectra Sound, 10pm-midnight, KEPW, 97.3 FM

## SUNDAY

JANUARY 24

### GATHERINGS

Burrito Brigade, 11am-4pm. More info at [BurritoBrigade.org](http://BurritoBrigade.org).

Classic Car Show Weekend at 5th Street Public Market, 11am-4pm, 5th Street Public Market.

### HEALTH

Occupy Medical, noon-4pm, 1717 Centennial Blvd, Springfield.

### MUSIC

Delgani String Quartet ("Gesture and Journey"), 3pm. Streamed at [Delgani.org](http://Delgani.org).

### RECREATION

Brewers Guild Bingo, 3-6pm, Covered Bridge Brewing Group in Cottage Grove (weather permitting; more info on site's Facebook page).

### SPIRITUAL

Zen Meditation, 4:30pm, Blue Cliff Zen Center, 352 W. 12th Ave.

Eugene Insight Meditation via Zoom, 6:30pm, Eugene-Insight.com.

## MONDAY

JANUARY 25

### GATHERINGS

10th Annual (Virtual) Books and Brews w/ Springfield Public Library Foundation, all day thru Jan. 29. Info at [WhereMindsGrow.org](http://WhereMindsGrow.org).

### KIDS/FAMILY

Activity Kits for Kids w/ Eugene Public Library

("Tiny Art"), starting at 10am, downtown and Bethel branches. More info at 541-682-5450 or [Eugene-or.gov/library](http://Eugene-or.gov/library).

### HEALTH

Connection Peer Support Group at NAMILane.org, 7pm. RSVP at [NAMILane.org](http://NAMILane.org).

### LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$1.

SING in the New Year!, 5:30-6:15pm. More info at [EmmaRoselynn.com](http://EmmaRoselynn.com).

Meaningful Holidays, 6-7:30pm. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$2.

## TUESDAY

JANUARY 26

### GATHERINGS

Lane County Audubon's January Program Meeting-Mimicry, 7-8:30pm. More info at [LaneAudubon.org](http://LaneAudubon.org).

### KIDS/FAMILY

Activity Kits for Kids w/ Eugene Public Library ("Tiny Art"), starting at 10am, Sheldon Branch. More info at 541-682-5450 or [Eugene-or.gov/library](http://Eugene-or.gov/library).

Family Storytime online w/ Eugene Public Library, 11am, Eugene Public Library Facebook page.

### LITERARY ARTS

What to Read Next: New Year's Edition Live w/ Eugene Public Library YouTube page. More info at 541-682-5450 or at [Eugene-or.gov/library](http://Eugene-or.gov/library).

### LECTURES/CLASSES

Gentle Restorative Yoga via Zoom w/ The Trauma Healing Project, 10-11am. More info at [HealingAttention.org](http://HealingAttention.org). FREE-\$15.

Lunchtime Meditation, noon-12:30pm. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$1.

Open Heart NeuroMeditation: 6 Week Course, 4-6pm. More info at [NeuroMeditationInstitute.com](http://NeuroMeditationInstitute.com). \$175.

Trafficking Awareness Month: Doing the Work in Lane County, 5:30-7pm. More info at [EcaseyLane.org](http://EcaseyLane.org).

Lamrim Practice, 6-7:30pm, Online. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$2.

### MUSIC

Delgani String Quartet ("Gesture and Journey"), 7:30pm. Streamed at [Delgani.org](http://Delgani.org).

### SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Center, 352 W. 12th Ave.

## WEDNESDAY

JANUARY 27

### LECTURES/CLASSES

Lunchtime Meditation, noon-12:30pm. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$1.

Nia Moving to Heal w/ The Trauma Healing Project via Zoom, 3-4pm. More info at [HealingAttention.org](http://HealingAttention.org). FREE-\$15.

SING in the New Year!, 5:30-6:15pm. More info at [EmmaRoselynn.com](http://EmmaRoselynn.com).

Create a Brighter Future, 6-7:30pm. More info at [MeditateInEugene.org](http://MeditateInEugene.org). \$2.

### ON THE AIR

"Come Together Oregon," 6pm, KEPW, 97.3 FM

### SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Center, 352 W. 12th Ave.

## THURSDAY

JANUARY 28

### HEALTH

NAMI Family Support Zoom Group @ NamiLane.org, 7pm. RSVP at [NamiLane.org](http://NamiLane.org).

### KIDS/FAMILY

International Lego Day - Virtual Lego Club at the Springfield Public Library - January 28, 3:30 pm, Online, Eugene, OR <Eugene Weekly>.

### LECTURES/CLASSES

Healing Through Discussion Group w/ the Trauma Healing Project, 9:30-11am. More info at [HealingAttention.org](http://HealingAttention.org). FREE-\$15.

### LITERARY ARTS

This is my America Book Club - Springfield Public Library Celebrates Authors/UO Common Reading, 11am. More info at [MRiddle@Springfield-or.gov](http://MRiddle@Springfield-or.gov) or at 541-726-3766.

### ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

"Arts Journal," 9pm, Comcast channel 29

Thursday Night Jazz, 10pm, KLCC, 89.7 FM

### RECREATION

Trivia w/ Elliot Martinez, 6-8pm, Covered Bridge Brewing Group (weather permitting; more info on site's Facebook page).

### SPIRITUAL

Zen Meditation, 7-8am, Blue Cliff Zen Ctr, 352 W. 12th Ave.

## ATTENTION

"Dear Stranger," a letter-exchange project from Oregon Humanities, offers a chance for connection during COVID-19 by inviting Oregonians to write letters with someone they've never met. The aim of Dear Stranger is to create shared understanding among Oregonians with different backgrounds, experiences and beliefs. The premise is simple: Write a letter, get a letter and make a new connection. Oregon Humanities has operated Dear Stranger since 2014. This winter's prompt for writers is about food: "How has your relationship with food — what you eat and how you get it — changed over the past year? What is a favorite meal of yours, and when is your first memory of that meal?" Prompts for writing and instructions for participation are available at [OregonHumanities.org](http://OregonHumanities.org). Letters are swapped anonymously, and each person receives a letter from the person who received the one they wrote. What happens next is up to the writers. If they'd like to write back, they can do so through Oregon Humanities. Letters should be addressed to Oregon Humanities, Attn: Dear Stranger, 921 SW Washington St., Suite 150, Portland, Oregon, 97205. Oregon Humanities will exchange letters mailed by Feb. 28, 2021.