

what's happening



For the first time in their 86-year history, the **Eugene-Springfield Youth Orchestras** are putting on a virtual concert series. Tune into Facebook Live to watch the finale 7 pm Thursday, May 21, with 21 videos of young musicians playing together — while apart. The virtual concert series is dedicated to the tireless work and heroism of essential workers during this time of hardship and uncertainty. The finale will feature the Youth Symphony, whose musicians have worked harder to share their music with a larger audience than ever before. Music aside, audience members will get to hear from conductors and honor six graduating seniors. No tickets are required for this event, but ESYO is accepting donations to help the local youth play on. ESYO awards more than \$30,000 in scholarships each year to more than 100 young musicians. The five orchestras provide free concerts to elementary students, seniors and community members every year. While different from previous ESYO concerts, this spring's virtual finale will bring the music and joy of talented young musicians right to our homes, something we could all use a bit more of right now.

Eugene-Springfield Youth Orchestra's virtual Facebook Live concert is 7 pm Thursday, May 21, at [Facebook.com/ESYOrchestras](https://www.facebook.com/ESYOrchestras). — *Joanna Mann*

GENERAL

LISTINGS ARE FREE UNLESS OTHERWISE NOTED
ONLINE MEETINGS FOR 12-STEP PROGRAMS

Al-Anon Anonymous meetings can be found at [AlaNonLaneor.us](https://www.alanonlaneor.us).

Alcoholics Anonymous meetings can be found at [EviAa.org](https://www.eviaa.org).

Co-Dependents Anonymous meetings can be found at [Coda.org](https://www.coda.org).

Debtors Anonymous meetings can be found at [OregonDebtorsAnonymous.org](https://www.oregondebtorsanonymous.org).

Emotions Anonymous meetings can be found at [EmotionsAnonymous.org](https://www.emotionsanonymous.org).

Marijuana Anonymous meetings can be found at [Marijuana-Anonymous.org](https://www.marijuana-anonymous.org).

Narcotics Anonymous meetings can be found at [na.org](https://www.na.org).

Overeaters Anonymous meetings can be found at [oa.org](https://www.oa.org).

Refuge Recovery meetings can be found at [RefugeRecovery.org](https://www.refuge-recovery.org).

HEALTH

Zoom classes at [YMCA.org](https://www.ymca.org).
Zoom workout classes at [CrossFit](https://www.crossfit.com). Email Contact@CrossFitIntensify.com for more info.

Workout classes at [IAmForeverStrong.com](https://www.iAmForeverStrong.com).

Workout classes at [Evolve Fitness Studios](https://www.evolvefitnessstudios.com). More info at [EvolveFitnessStudios](https://www.evolvefitnessstudios.com) Facebook page.

Yoga classes at [EugeneYoga.us](https://www.eugeneyoga.us); [WildLightYogaCenter.com](https://www.wildlightyogacenter.com); [EugeneMudra.com](https://www.eugeneyogamudra.com); [HotYogaEugeneBalanced.com](https://www.hotyogaeugene.com); [YogaEugene.com](https://www.yogaeugene.com).

ONLINE FAMILY ENTERTAINMENT

[Explore.org](https://www.explore.org), live cams from around the world.

Oregon State Parks, Nature: Live in Your Family Room, [OregonStateParks.org](https://www.oregonstateparks.org).

OMSI Live stream events. Short notice on these events. More info at [OMSI Facebook](https://www.omsifacebook.com) page.

"Springfield Public Library - Where Minds Grow," Springfield Public Library YouTube channel.

ONLINE EXHIBITS

Jordan Schnitzer Museum of Art, [Jsma.Uoregon.edu](https://www.jsma.uoregon.edu).
Karin Clarke Gallery, "The Oregon Landscape," [Karin-ClarkeGallery.com](https://www.karinclarkegallery.com).

Maude Kerns Art Center, [MkCenter.org](https://www.mkcenter.org).

White Lotus Gallery, [Wloto.com](https://www.wloto.com).

ONLINE LECTURES/ CLASSES

Classes and programs online w/ Museum of Natural & Cultural History (UO), [MNCH.Uoregon.edu](https://www.mnch.uoregon.edu).

Opportunities at Extension. [OregonState.edu](https://www.oregonstate.edu). Oregon State University Extension Service.

ONLINE PERFORMANCE

Artists & bands w/ Kidz Rock Music & Arts Festival, thru May 25. More info at [KidzRockJamz](https://www.kidzrockjamz.com) Facebook page.

FANS on [Relix.com](https://www.relix.com). Some streams FREE, others cost. More info at [Relix.com](https://www.relix.com).

Pickathon, "60 Concerts in 60 Days," 1pm every day. More info at [PickaThon.com](https://www.pickathon.com).

ONLINE SPIRITUAL

Blue Cliff Zen Ctr, via Zoom. Meetings can be found at [BlueCliffZen.org](https://www.bluecliffzen.org).

2020 NKT-IKBU International Spring Festival ('The Power of Compassion'), May 22-27. More info at [MeditateInEugene.org](https://www.meditateInEugene.org).

THURSDAY

MAY 21

HEALTH

NAMI Family Support Zoom Group @ [NamiLane.org](https://www.namilane.org), 7pm. RSVP at [NamiLane.org](https://www.namilane.org).

ONLINE LECTURES/ CLASSES

Calming Yoga via Zoom FREE, noon-1pm. RSVP at [VistaPsych.com](https://www.vista-psych.com).

Spread Peace: one-hour online support group, noon-1pm. RSVP at [BethGree.as.me](https://www.bethgree.as.me).

Stay at Home Lecture Series w/ OSU College of Forestry, 3pm. Forestry. [OregonState.edu](https://www.oregonstate.edu).

Virtual Talk: The 40th Anniversary of the Eruption of Mount St. Helens, 6-7pm. More info at [MNCH Facebook](https://www.mnchfacebook.com) page.

ONLINE PERFORMANCE
Eugene Symphony Orchestra Quirky Thursdays, 5pm, [Francesco Lecce-Chong's Facebook](https://www.francescolecce-chong.com) page.

ESYO Youth Symphony, 7pm. More info at [EYSO Facebook](https://www.eyso.org) page.

ON THE AIR

"The Point," 9am, KOPV, 88.0 FM

"Arts Journal," 9pm, Comcast channel 29

Thursday Night Jazz, 10pm, KLCC, 89.7 FM

FRIDAY

MAY 22

ONLINE FAMILY GATHERINGS

Oregon Zoo Live, activities developed by an award winning education team aimed at K-5, 9:30am, [OregonZoo.org](https://www.oregonzoo.org).

GATHERINGS

Friday Funtime: Local Bike Businesses Social via Zoom, 5:30-7pm. More info at the [City of Eugene Transportation Facebook](https://www.cityofeugene.org) page.

ONLINE PERFORMANCE

Eugene Symphony Orchestra Epic Fridays, 5pm, [Francesco Lecce-Chong's Facebook](https://www.francescolecce-chong.com) page.

"Virtual Cinema" w/ Broadway Metro. More info at [BroadwayMetro.com](https://www.broadwaymetro.com).

SATURDAY

MAY 23

FARMERS MARKETS

Lane County Farmers Market, 9am-3pm, Park Blocks, E. 8th Ave. & Oak St. Please obey social distancing manners.

ON THE AIR

The Dr. Yeti Show, 10pm-midnight, KOCF, 92.7 FM or streamed at [KOCF.org](https://www.kocf.org).

SUNDAY

MAY 24

HEALTH

Occupy Medical, noon-4pm, 1717 Centennial Blvd, Springfield.

SPIRITUAL

All churches have been shuttered. Consult your church website for live-streamed worship times.

Eugene Insight Meditation Community, 6:30pm. More info at [Eugenelnsight.com](https://www.eugenelinsight.com).

MONDAY

MAY 25

HEALTH

Connection Peer Support Group at NAMI, 6pm. RSVP at [NamiLane.org](https://www.namilane.org).

ONLINE GATHERINGS

Granny Rocks, 6:30pm. RSVP at [BethGreen.as.me](https://www.bethgreen.as.me).

ONLINE LECTURES/ CLASSES

Musical Mondays (music education videos), 10am, Eugene Symphony Orchestra Facebook page.

Lunchtime Meditation, noon-12:30pm. More info at [EugeneMeditate.org](https://www.eugene-meditate.org).

Day Writing for Adults, 2-4pm, [WordCrafters.org](https://www.wordcrafters.org). \$5-10.

ONLINE RECREATION

Trivia w/ Dr. J & Gina Juice, 7pm. More info at [Jameson's Bar Facebook](https://www.jameson-bar.com) page.

TUESDAY

MAY 26

FARMERS MARKETS

Tuesday Lane County Farmers Market, 10am-3pm, E. 8th Ave. & Oak St. Please obey social distancing manners.

ONLINE GATHERINGS

Virtual Queer Town Hall, 9am, [BasicRights.org](https://www.basicrights.org).

Classic Tuesdays w/ Eugene Symphony Orchestra, 5pm, [Francesco Lecce-Chong's Facebook](https://www.francescolecce-chong.com) page.

ONLINE LECTURES/ CLASSES

Lunchtime Meditation, noon-12:30pm. More info at [EugeneMeditate.org](https://www.eugene-meditate.org).

Kids: Mindfulness and Movement Grades 6-12 via Zoom, 5 pm, [VistaPsych.com](https://www.vista-psych.com)

Kids: Mindfulness and Movement K-Grade 5 via Zoom, 5pm, [Vista.Psych.com](https://www.vista-psych.com).

Transportation Talk Tuesdays: Martes de Transportación, 5:30-7pm via Zoom. City of Eugene Transportation YouTube channel.

Beginning Meditation, 6-7:30pm. More info at [EugeneMeditate.org](https://www.eugene-meditate.org). \$10.

ONLINE RECREATION

Tuesdays w/ Ty (virtual trivia), 6pm. [Hult Ctr. Facebook](https://www.hultctr.com) page.

WEDNESDAY

MAY 27

HEALTH

Connection Peer Support Zoom Group @ [NameLane.org](https://www.namilane.org), 6:30pm. RSVP at [NamiLane.org](https://www.namilane.org).

ONLINE FAMILY ENTERTAINMENT

Little Notes Music Time, 9:30am. More info at [Eugene Suzuki Music Academy Facebook](https://www.eugene-suzuki-music-academy.com) page.

ONLINE GATHERINGS

Family Wednesdays w/ Eugene Symphony Orchestra, 5pm, [Francesco Lecce-Chong's Facebook](https://www.francescolecce-chong.com) page.

Granny Rocks, 6:30pm. RSVP at [BethGreen.as.me](https://www.bethgreen.as.me).

ONLINE LECTURES/ CLASSES

Quaran-teen Write-In, 10-11am, [WordCrafters.org](https://www.wordcrafters.org). \$5.

Lunchtime Meditation, noon-12:30pm. More info at [EugeneMeditate.org](https://www.eugene-meditate.org).

The Rejects Club, 6:30-8:30pm, [WordCrafters.org](https://www.wordcrafters.org). \$10.

THURSDAY

MAY 28

HEALTH

NAMI Family Support Zoom Group @ [NamiLane.org](https://www.namilane.org), 7pm. RSVP at [NamiLane.org](https://www.namilane.org).

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Calming Yoga via Zoom FREE, noon-1pm. RSVP at [VistaPsych.com](https://www.vista-psych.com).

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ATTENTION

Bloodworks Northwest is seeking blood donors. With new COVID-19 cases in the Northwest projected to decline in the weeks ahead, Washington and Oregon hospitals are preparing to restart surgeries, organ transplants and cancer treatments that were suspended in March after the magnitude of the pandemic threat became apparent. Patient needs and requests for blood from Bloodworks Northwest healthcare partners are rising quickly, and they could reach pre-COVID levels as early as next week before the blood supply is ready. If you are interested in donating blood, you can schedule online at [BloodWorksNW.org](https://www.bloodworksnw.org) or call the Eugene Donor Center at 541-484-9111.

The ongoing COVID-19 pandemic has caused the cancellation of the Mount Pisgah Arboretum's annual Wildflower and Music Festival, one of the nonprofit's biggest fundraising events. Mount Pisgah Arboretum needs support from the community more than ever. If you are interested in becoming a member, visit [MPA at MountPisgahArboretum.org](https://www.mountainpisgaharboretum.org).

Are you a solo musician or in a band in need of some public attention and love during this COVID-19 pandemic? Simply go to the *Eugene Weekly* website and go to the calendar listings, or email dan@eugeneweekly.com to get your music the eyes it deserves. All of us could use your talents.