

CALENDAR

Max Nixon's Legacy: Metalwork continues. See Thursday, Nov. 1.

Works from the Oregon Supported Living Program Arts & Culture Program continues. See Thursday, Nov. 1.

BENEFIT Climate Change & the Courts: Come Support Our Climate Kid Warriors, 6:30-8pm, Wildish Theatre, 630 Main St., Spfd. FREE

COMEDY Open Mic Comedy, 6:30pm signup, 7pm show, The Drake Bar, 77 W. Broadway. FREE

FILM IWW Movie and Discussion: *Riding The Rails*, 7-9pm, McNail-Riley House, 601 W. 13th Ave. FREE

FOOD/DRINKS Weston A. Price Potluck Dinner, 6:30-8pm, Natural Grocers, 201 Coburg Rd. FREE

Finnriver Speakeasy Soiree, 7-9pm, The Bier Stein, 1591 Willamette St. FREE

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1236 Oak St., oaeugene.org [541-686-6622 24 hrs. in advance for building code]. FREE or don.

Windows on Waldorf Tour, 8:30-10:30am, Eugene Waldorf School, 1350 McLean Blvd. FREE

Nar-Anon Meeting, 12:30pm, Spfd Lutheran Church, 1542 I St., Spfd. FREE

Memory Skills Group, 2-4pm, Emmaus Lutheran Church, 1280 W. 18th Ave. FREE

Talk Time: Conversational English, 4pm, Eugene Downtown Library, 100 W. 10th Ave. FREE

Peace Vigil, 4:30pm, 7th & Pearl. FREE

Co-Dependents Anonymous, women-only 12-step meeting (infants allowed), 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE

LGBTQIA+ Sexual Assault Survivor Support Group, 6-7:30pm, 591 W. 19th Ave. FREE

Newsletter Release Party for the Walama Restoration Project, 6-8:30pm, 454 Willamette St. FREE

NAMI Lane County Connections group Florence, 6:30-8pm, New Winds Apartments Community Roo, 750 Lauren St. FREE

Geeks Who Drink Pub Quiz, 7-9pm, Hop Valley Tasting Room, 990 W. 1st Ave. FREE

Singing Heart Community Singing, 7-8:30pm, Unitarian

Universalist Church of Eugene, 1685 W. 13th Ave. \$10.

Meditation class - How to Transform Your Life, 6pm, Mahasidha Kadampa Buddhist Ctr., 777 High St. \$10.

NaNoWriMo: Come Write In, 5:30-7:30pm, Eugene Downtown Library, 100 W. 10th Ave. FREE

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE

HEALTH Pet Grief Support Group, 11:30am, Companioning Care LLC. Call 541-255-7123. \$5-\$20.

Pet-Care Coping Support Group, end of life, serious illness, need to re-home, Companioning Care LLC. Call 541-255-7123. \$5-\$20.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, Nov. 1.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE

Preschool Storytime, 10:15 & 11am, Eugene Downtown Library, 100 W. 10th Ave. FREE

Family STEAM, 4pm, Eugene Library Sheldon Branch. FREE

School of Wizardry, 5:30-7pm, Cafe Yumm - The Meridian, 1801 Willamette St. FREE

Oregon Ballet Academy Boys' Class, 6:30-7:45pm, Oregon

Ballet Academy, 3400 W. 11th Ave. FREE

Children's Intro to Ki-aikido continues. See Monday.

LECTURES/CLASSES Ideas on Tap: Glaciers, Water, and Culture, 6-8pm, Viking Braggot Co. Southtowne, 2490 Willamette St. FREE

Are your finances recession ready?, 5-6:30pm, Venue 252, 252 Lawrence St. FREE

Dance Fitness continues. See Monday.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, Nov. 1

ON THE AIR "Truth Television," live call-in local news/politics, 6pm, Comcast 29.



Trauma Recovery Group

Open to anyone who has experienced trauma - men & women (+18)

- Hope and Help welcome you
- Learn coping and healing tools
- NO screenings, NO insurance, No fee
- 100% confidentiality
- Groups meet in Eugene & Corvallis
- 1st & 3rd Thursdays, 6pm 1166 Oak St. Eugene

Hope in our Valley
sites.google.com/site/hopeinourvalleyoregon
hopeinourvalley@gmail.com

BLACK FRIDAY SPECIAL

FRI, SAT, SUN
11/23/18 - 11/25/18

Give the gift of wellness!
\$15 off all 60 minute (or longer) massages and gift certificates!

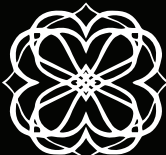
And don't forget to check out the beautiful new...

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Foot Massage
Foot Scrubs
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THE DUCK STORE

TOOLS OF THE TRADE SHOW

November 7 - 8, 2018 • 10 a.m. - 5 p.m.
Flagship Campus Duck Store

Meet the vendors who make the products you love,
and be inspired by the artists who use them.

25% OFF*

Art & School Supplies

* Not valid with other offers; some items excluded during show hours—ask a team member for more details.

SAVE BIG!

Stock up on art supplies at our Tools of the Trade Show **Warehouse Sale** inside The Duck Store Annex (1236 Kincaid St.), **November 5 - 11, 10 a.m. - 5 p.m.**