

FALL 2018 EDITION

Natural End Directory

A Guide to Winding Down and Exiting Well

DEPARTURE SERVICES – NATURAL BURIALS & FUNERALS, HOSPICE SUPPORT

"When we finally know we are dying, and all other sentient beings are dying with us, we start to have a burning, almost heartbreaking sense of the fragility and preciousness of each moment and each being, and from this can grow a deep, clear, limitless compassion for all beings."

SOGYAL RINPOCHE

Departure Services

In 2008, the Japanese film "Departures" the poignant tale about a job-seeking fellow who decides to make "Departure Services" (funeral services) his new profession. The movie won awards worldwide, and provides a candid and touching glimpse into the task of escorting our dead onward through the rituals and faux pas of closure. We think "Departure Services" is a fitting term to describe the collection of products and services often sought out during End-of-Life preparations. From Wikipedia: Departures (Japanese; Okuribito, "one who sends off") is a 2008 Japanese drama film directed by Yojiro Takita and starring Masahiro Motoki, Ryoko Hirose, and Tsutomu Yamazaki. Loosely based on Coffinman, a memoir by Shinmon Aoki, the film follows a young man who returns to his hometown after a failed career as a cellist and stumbles across work as a nokanshi—a traditional Japanese ritual mortician. He is subjected to prejudice from those around him, including from his wife, because of strong social taboos against people who deal with death. Eventually he earns their respect and learns the importance of interpersonal connections through the beauty and dignity of his work.

Natural Burials And Funerals Back to the Land with Natural Burial

Natural burial – burial in biodegradable materials, without toxic embalming, and placed directly into the Earth at a shallow depth and without a concrete outer burial container – is legal, practical, and growing in popularity. Only a few Oregon cemeteries provide this service, but with public demand, the list is growing. Thanks for being a part of improving the way we do death!

NATURAL GRAVE GOODS

Remember to think about the last thing you're going to be seen in. Whether you'll be cremated or buried, consider the Earth in your choice of coffin or shroud, burial clothing, jewelry, shoes, and other items. Choose natural materials that burn clean and biodegrade when buried. Designing, describing, selecting, and even purchasing them in advance are great notes to add to

your "In the Event of my Death" folder – and for many, it's the most fun place to start. What's the last thing that YOU want to be seen in?

NATURAL BURIAL COMPANY
BIODEGRADABLE COFFINS & URNS; ORGANIC SHROUDS
Visit the Natural Burial Company's webpage for a free natural funeral planner.
503-493-9258
WWW.NATURALBURIALCOMPANY.COM

OUT ON A LIMB GALLERY

Natural Coffin Display
Shrines, Altars, and Stands
191 E. Broadway, Eugene
541-342-5937

The Natural End Pledge

Lane County cemeteries that have signed the Natural End Pledge agree to, at minimum:

- * Allow in-ground earth burials without grave liners
- * Support habitat, reduce resource use, and minimize ground pollution
- * Implement sustainable landscape practices

NATURAL END CEMETERIES

Offering Natural Burial in Lane Co.

COX BUTTE NATURAL BURIAL AREA

In Rest Lawn Memorial Park
Junction City-541-998-5810
www.restlawnonline.com
"Imagine a Forest"
Natural Burials at Rest Lawn

OAK HILL CEMETERY

Overlooking Fern Ridge
Eugene - 541-689-7800
www.oakhillonline.com
"Love Remembered, Naturally"
NWF Certified Habitat

SUNSET HILLS FUNERAL HOME | CEMETERY

Sunsethillseugene.com
Tel. 541-342-6853
Natural Burial & Online Arrangements

EUGENE MASONIC CEMETERY

541-684-0949
www.eugenemasoniccemetery.org
Where Eugene's History Lives On

Help Us Expand The Natural End Cemetery List:

Don't see your favorite natural burial cemetery on here? Do you know of a cemetery someplace else in the country that offers natural burial and isn't on our Map? (Maybe you can talk them in to offering natural burials!) Please ask them to sign the Natural End Pledge - help us spread word about the ultimate back-to-the-land movement. www.naturallendmap.org

HOSPICE

The movement to bring death out of the hospital and back into the familiar surroundings of home (when appropriate) is also growing at a fast pace. Increasingly, the focus is a holistic one, emphasizing the dignity, comfort and control of the process experienced by both those who are dying and their friends and families.

Hospice services are provided at the onset of a terminal diagnosis, and our area has several to choose from. Licensed hospice services can be offered in the personal or family home, assisted living facilities, and hospitals. Most formal hospice services have a web presence, describing their policies and levels of care, as well as useful resources everyone facing these issues can use, and you can also search them by license, through the State licensing boards. Family Service providers may or

may not be licensed counselors; they may be clergy, lay-clergy, or otherwise self-identified. They support the family and friends affected by our transitions, along with the well-being of those who are moving on.

Bristol Hospice - Eugene

Embracing a Reverence for Life
TEL: 541-844-0151. FAX: 541-636-2722
www.bristolhospice.com

The Namaste Care Program of Bristol Hospice:

Namaste Care focuses on the five senses of the body. Through our compassionate presence, gentle touch, soothing and uplifting music, therapeutic essential oils, companionship, and nourishment, we connect with the sixth sense – the Spirit

Cascade Hospice

Transitions Team
541-228-3050
www.cascadehealth.org

Kaseja Wilder, LLC

Gentle & skilled end of life services
541 844 5038
www.kasejawilder.com

END OF LIFE DOULAS

Individuals who specialize – by avocation or profession - in supporting those in transition without formal Hospice licensing often call themselves "Death Doulas" or "Home Funeral Guides". They provide a variety of services depending upon their personal talents and skills, helping to ease and smooth the last parts of Life's journey.

Warm Heart Care

warmheartcare@gmail.com
Holistic End of Life Home Care
Sharon Cohen
25 Years Experience

HOME FUNERALS

Home Funerals – where the deceased's body is managed at home until burial or cremation, rather than at a funeral service facility – enable families with suitable home spaces to participate as fully and directly as possible in the end of life process. Some families may elect a member to act as the funeral director of record (yes, there's a form for this!) and would prefer to have professional guidance in the steps to take, but retain full control. Other families are more comfortable with a licensed funeral director handling the paperwork and home-body management, giving them the space to focus on other needs at the time. Either way, home funerals are legal, and often provide a sensible and emotionally fulfilling "way to go".

Family Home Funerals

Home Funeral Consulting & Home Funeral Services
Licensed Funeral Home Service Offices at Oak Hill Cemetery
88558 Oak Hill Cemetery Road • Eugene, OR 97402
541-689-7800

Empowering Families to Care for Their Own

88558 Oak Hill Cemetery Rd.
Eugene, Oregon 97402
541-689-7800



Home Funeral Consulting & Home Funeral Services

Licensed Funeral
Home Service

Cox Butte Natural Burial Area

NOW OPEN – FALL, 2018

Located within Rest Lawn Memorial Park

94335 Territorial Highway • Junction City, Oregon 97448

www.restlawnonline.com • 541-998-5810

NATURAL END PLEDGE KEEPER