

CALENDAR

Insight Meditation, a 6-week mindfulness series, 6-8:15am, Unitarian Church of Eugene, 1685 W. 13th Ave. \$90-\$120.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE

THEATER Auditions for The Fantasticks, 6-8pm, Cottage Theatre, 700 Village Dr., Cottage Grove. FREE

Celebrating 20 years! Free Shakespeare in the Park presents: *A Midsummer Night's Dream*, continues. See Saturday.

Frost/Nixon continues. See Friday.

Treehouse continues. See Friday.

Roving Park Players present *Doctor Doolittle* continues. See Thursday.

VOLUNTEER Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, serving over 400 people every Sunday, 6:30-10:30am, First Christian Church, 1166 Oak St., volunteers please contact Susan at 541-343-4397 or breakfast@heartofeugene.org. FREE

Feed the Hungry w/ Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE

MONDAY

AUGUST 20
SUNRISE 6:22AM; SUNSET 8:08PM
AVG. HIGH 82; AVG. LOW 51

ART/RAFT ArtCity Pro Meeting, 6-8pm, 942 Olive St. FREE

Craft Night, 7pm, Cush Cafe, 1235 Railroad Blvd. FREE

Jerry Ross' Courbet's Tent continues.see Thursday.

BENEFIT Sister District presents Celebrity Bingo, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St., benefit for Washington state senate races of Claire Wilson and Emily Randall. \$10.

FOOD/DRINK Quizzo Pub Trivia, 7-9pm, The Drake Bar, 77 W. Broadway. FREE

Drink & Draw, 9pm, prizes, drawing & \$3 Ninkasi pints, 5th Street Cornucopia, 207 E. 5th Ave. FREE

GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-687-7678. FREE

Springfield Lions Club Meeting, noon-1pm, Roaring Rapids Pizza Company, 4006 Franklin Blvd. FREE

Eugene Cannabis TV Recording Session, 4:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE

Co-Dependents Anonymous, 12-step meeting, 6-7pm, Well-springs Friends School, 3590 W. 18th Ave. FREE

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala, 783 Grant St. \$50.

Meditation Class, 6-7:30pm, Mahasiddha Buddhist Center, 777 High St. \$5-10.

Keep It Simple Spfd Al-Anon Family Group, 6:30-7:30, Spfd Lutheran Church, 1542 I St., Spfd. FREE

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's

Center, 1465 Coburg Rd. \$10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE

Pinball League Meeting, 8-9:30pm, Level Up Arcade, 1290 Oak St. \$5.

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE

HEALTH P90X in the Park, 8-9am, Lively Park, 6100 Thurston Rd., Spfd. \$7-9.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$50.

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, Aug. 23..

KIDS/FAMILIES Adventure! Preschool Readiness Camp with Miss Marie, 10am, Adventure! Children's Museum, 490 Valley River Ctr. \$40.

Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE

Adventure! Weird Science w/ Lauren continues. See Saturday.

LECTURES/CLASSES Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, Aug. 23

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE

FREE Adult intro to ki-aikido continues. See Thursday, Aug. 23

Blazing Paddles continues. See Thursday, Aug. 23

Duplicate Bridge continues. See Thursday, Aug. 23

Pool Hall continues. See Thursday, Aug. 23

SOCIAL DANCE Folk Dancing for Seniors, request & lessons, 2-3:30pm today, Willamalane Adult Activity Ctr., 215 W. C St., Spfd; 2:30-4pm, Campbell Community Ctr., 155 High St., info at 541-603-0998. \$.25-\$1.

Dance Empowered w/Cynthia Valentine, 5:30-6:30pm, today & Wednesday, WOW Hall. \$10.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE

Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$50.

Rudra Meditation [Kundalini Yoga Meditation] continues. See Thursday, Aug. 23

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE

TUESDAY

AUGUST 21

SUNRISE 6:23AM; SUNSET 8:06PM
AVG. HIGH 82; AVG. LOW 51

ARTS/RAFTS Jerry Ross' Courbet's Tent continues.see Thursday.

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE

FOOD/DRINKS Tuesday Night Pub Run, 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE

Drink & Draw, 9pm, 5th Street Cornucopia, 207 E. 5th Ave. FREE

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE



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