



When the “raining” SLUG queen speaks, you gotta listen. Honestly, the SLUG queen probably ranks higher in status Eugene’s mayor. SLUG Queen Santa Frida Elisa Refugio Babosita announced a decree that the Park Blocks (8th Avenue and Oak Street) will transform into a showcase of culture and talents of Latinx community members called **Meet Me in the Zócalo!** Inspired by the city centers of Mexico, called zócalos, the evening will feature music, dancing, art vendors, games and food. This decree is meant to follow the SLUG queen’s mission to make the Eugene area more inclusive, and says art is the best way to come together. A community mural, led by local muralist Esteban Camacho Steffensen, will be developed during the event and later installed at Buena Vista School. Performers include Alma de México, Taller de Son Jarocho, Llorona (pictured) and Descarga 54 (with salsa lessons). Samuel Becerra will also present “Sounds of the Past,” a demonstration of pre-Columbian indigenous instruments. The event runs 1 to 9 pm Sunday, Aug. 5, at the downtown Park Blocks. FREE.

— Henry Houston

Cliff Zen Ctr., 439 W. 2nd Ave. FREE

THEATER No Shame Theatre, A Variety Show in 15 (Five-Minute) Acts, 7:30-9:30pm, Atrium Building, 99 W. 10th Ave. FREE

VOLUNTEER First Fridays at Finn Rock Reach, 10am-2pm, Finn Rock Boat Landing, Quartz Creek Rd., Vida. FREE

Native Plant Nursery Volunteer Work Party, 1-4pm, Alton Baker Park, Native Plant Nursery. FREE

SATURDAY
AUGUST 4
SUNRISE 6:47AM; SUNSET 7:53PM
AVG. HIGH 83; AVG. LOW 52

ART/CRAFT Art in the Country, 10am-6pm, Applegate Regional Theater, 87230 Central Rd. FREE

Art Space at The Crafty Mercantile, 3-5pm, The Crafty Mercantile, 517 E. Main St., Cottage Grove. don.

Open studio, 3-5pm, Art Space at The Crafty Mercantile, 517 E. Main St., Cottage Grove. don.

Jerry Ross’ Courbet’s Tent continues, see Thursday.

BENEFIT Eugene Great Strides for the Cystic Fibrosis Foundation, 10am-1pm, Alton Baker Park. FREE

COMEDY Comedy Open Mic, 6:30pm signup, 7pm open mic, Cush Cafe, 1235 Railroad Blvd. \$2-\$3 don.

DANCE Belly Dance, 7pm, Mediterranean Network Restaurant, 1810 Willamette St. \$5 cover.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon. FREE

Lane County Farmers Market, 9am-3pm, 8th Avenue & Oak Street. FREE

FOOD for Lane County Youth Farm Stand, 10am-2pm, F00D For Lane County Youth Farm, 705 Flamingo Ave., Spfd. FREE

Eugene Saturday Market, 10am-5pm, 8th & Oak. FREE

Good Food Easy Farm Stand, 10am-2pm, Creswell Bakery, 182 S. 2nd St., Creswell. FREE

Spencer Creek Community Growers Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy. FREE

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE

Winter Market, 10am-2pm, 8th Ave & Oak St. FREE

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove. FREE

The Corner Market continues. See Thursday, Aug. 2.

GATHERINGS Al-Anon, friends & family of alcoholics, beginners meeting, 9am, Bethesdal Lutheran Church, 4445 Royal Ave., 541-554-3707. FREE

Our Revolution Lane County, 11am-1pm, Theo’s Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE

DPLC Summer Civics Festival, 1-5pm, Amazon Park. FREE

Senior Wellness & Resource Fair, 9am-1pm, Campbell Community Ctr., 155 High St. FREE

Eugene Sacred Harp All-Day Singing, 9am-3:30pm, Central Lutheran Church, 1857 Potter St. Don.

The Mother Earth News Fair, 9am-5pm, Linn County Expo Ct., Albany, 3700 Knox Butte Rd. E. \$20.

Drum Circle, hand drums preferred, noon-5pm, Cush Cafe, 1235 Railroad Blvd. FREE

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE

HEALTH Flow Yoga, ages 18+, 11am-noon, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$9.

Tai Chi Chih, 6 weeks classes, noon-1pm, LaValle Vineyards, 89697 Sheffler Rd., Elmira.

POP Pilates, 12:30-1:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., ste. 206. \$10-\$15.

Yoga in the Vineyard, 10:30-11:30am, Brigadoon Vineyards, 25166 Ferguson Rd., Junction City. \$20.

Summer Yoga and Meditation, 11am-12:30pm, 1460 Coburg Rd. #2. \$5-10.

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES Family Yoga Time, 9-10am, Common Bond Yoga, 326 Main St. FREE

Family Music Time, 10:15am, downtown library. FREE

Blooms & Tunes, 10am-6pm, Elkton Community Education Ctr., 15850 OR-38. \$10.

Legos, 10:15am, Sheldon branch library, 10:15am, Bethel branch library, 541-682-8316. FREE

Family Nature Discovery Day - Wildlife Play Hospital, 11am-3pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. \$2.

Summer Reading Series, 11am-noon, Campbell Senior Ctr., 155 High St. FREE

Adventure! Weird Science w/ Lauren, 11am-noon today & Monday, Adventure! Children’s Museum, 490 Valley River Ctr. FREE

Family Nature Discovery Day, “All About Owls,” 11am-3pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. FREE

Willamalane: Children’s Celebration, 10am-2pm, Island

Park, 200 W. B St. FREE w/can food don.

Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE

LECTURES/CLASSES Composting Workshop Series - Mobile Plant Clinic, 10am-noon, 4110 River Rd., FREE

Dive Deep into Happiness, 4-5pm, Natural Grocers, 201 Coburg Rd. FREE

Talks at the MNCH continues. See Thursday, Aug. 2

ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

Music Hour w/ Wally Bowen, 1-2pm today & tomorrow, 92.5 KOCF.

The Institute of Spectra-Sonic Sound, 10pm-midnight, 97.3, KEPW

Reverb w/ Sean Cummins, 2-4pm, 92.5 KOCF.

60s Beat, “Keeping the Spirit of the 60s Alive,” ft. artist Neil Diamond, 7-9pm, KRVM.

The Dr. Yeti Show, 10pm-midnight today & tomorrow, 92.5, KOCF.

OUTDOORS/RECREATION All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE

Recreational Bicycle Rides, rides vary 20-80 miles, 9am, Alton Baker Park, 622 Day Island Rd. FREE

Kitchen Herb Walk at Grass-Roots Garden, 10:30-11:30am, 1465 Coburg Rd. FREE

Weed ID Walk, 11:30am-12:30pm, Grassroots Garden, 1465 Coburg Rd. FREE

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE

Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE

Adaptive Rec: Bowling and Burgers, 5-8pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$10-12.

Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd, 541-636-2961. FREE

Summer Whale Watch Weekend, 10am-1pm, Boiler State Park, DePoe Bay, FREE

Northwest Trees Walk, 10am-noon, Mount Pisgah Aboretum, 34901 Frank Parrish Rd. \$5.

Blazing Paddles continues. See Thursday, Aug. 2

Centennial chess club continues. See Thursday, Aug. 2

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, W0W Hall. \$10.

Salsa Social, 5:30-9:30pm, Noble Estate Urban, 560 Commercial St. \$5-\$7.

Ballroom Practice & Social, 6-10pm, The Vet’s Club, 1626 Willamette St. \$5.

Belly Dance Dinner Shows at Mediterranean Network Restaurant!, 1810 Willamette St. \$5.

Eclectic Vibes, 9-11:30pm, The Lounge, 2043 River Rd. FREE

Miss Minsky Presents...John Waters Summer Camp Burlesque Show, 10pm, Old Nick’s Pub, 211 Washington St. \$10.

Dancing, 10pm-2:30am, The Drake Bar, 77 W. Broadway. FREE

SPIRITUAL Day-long meditation, 10am-4pm, Ctr. for Sacred Sciences, 5440 Saratoga St. FREE

Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Ressurrection, 3925 Hilyard St. FREE

Evening Prayer, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St., FREE

Devotional Music w/Shanti Shivani, 7:30-9:30pm, Everyday People Yoga, 352 W. 12th Ave. \$12-15.

THEATER Celebrating 20 years! Free Shakespeare in the Park presents: *A Midsummer Night’s Dream*, 6-8:30pm, Amazon Community Ctr., 2700 Hilyard St. FREE

VOLUNTEER REI First Saturdays in Awbrey Park, 9am-noon, Awbrey Park, River Rd. and Spring Creek Dr. FREE

Stewardship Session - Trail Work Party, 10am-1pm, Mount Pisgah Aboregum, 34901 Frank Parrish Rd. FREE

Prairie Restoration Work Party, noon-3pm, Whilamut Natural Area, Knickerbocker Bridge at Alton Baker Park. FREE

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE

SUNDAY
AUGUST 5
SUNRISE 6:45AM; SUNSET 7:44PM
AVG. HIGH 83; AVG. LOW 52

ART/CRAFT Jerry Ross’ Courbet’s Tent continues, see Thursday.

BENEFIT 20th Annual 2018 Blackberry bRamble, sponsored by GEARS, 6:30am-5pm, Amazon Park, multiple ride options. FREE

COMEDY Comedy Open Mic, 8-10pm, Old Nick’s Pub, 211 Washington St. FREE

FARMERS MARKET Fairmount Neighborhood Sunday Farmers Market, 10am-2pm, 19th Ave. & Agate St. FREE

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE

Whiteaker Community Market, 11am-4pm, Whiteaker Community Market, 1111 2nd Ave. FREE

Dexter Lake Farmers Market, noon-4pm, Rolling Rock Park, at the corner of Shore Dr., Lowell. FREE

FILM “Suggestions for a Second Axial Age”, 11am-1pm, Center for Sacred Sciences, 5440 Saratoga St. FREE

FOOD/DRINK Yoga @ the LAB, 10:30-11:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

GATHERINGS Drinking From The Well: Gathering for the Sacred Work of Grief, 10am-6pm, Living Earth Barn, Eugene. thelivingearthfarm.com.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE

Occupy Eugene Medical Clinic, noon-4pm, Washington Jefferson Park, Washington St. & W. 5th Ave. FREE

Springfield Interfaith Peace Walk, 5:30-8pm, Ebbert United Methodist Church, 532 C St., Spfd. FREE

Sunday Jams, Sladden Parki, 925 Chesire Ave. FREE

The Eugene Rainbow Family Potluck, 2-6pm, Sladden Park, 925 Chesire Ave. FREE

Meet Me at the Zocalo!, 1-9pm, Park Blocks, 8th Ave. & Oak St. FREE

HEALTH Yoga at the Lab, 10:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

Family Yoga on the Farm, 11:15am-12:15pm, Agrarian Ales, 31115 W. Crossroads Lane West. \$18.

Developing Your Intuition Workshop, 6-9pm, Everyday People Yoga, 352 W. 12th Ave. \$25-30.

Yoga Nidra, 7-8:15pm, Mudra Yoga, 199 E. 5th Ave. 33. \$16-18.

KIDS/FAMILIES Eugene Imagination Yoga, 10:15am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St., Ste. 206. \$8-\$10.

LECTURES/CLASSES Natural Living with Essential Oils, 3-4pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Ste. 206. \$10

Creating a Healthy Home, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE

ON THE AIR “The Sunday Morning Hangover TV Show,” 1:30am, Comcast channel 29.

“The Sunday Morning Hangover Radio Program” w/Marc Time, 10am, KWWA 88.1FM & kwvara-dio.org.

Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVM.

Reverb w/ Sean Cummins, 2pm, 92.5 KOCF.

Music Hour w/Wally Bowen continues. See Saturday.

Dr. Yeti Show continues. See Saturday.

OUTDOORS/RECREATION Bird walk, monthly birding for people of all experiences, 8-11am, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. \$5, members FREE

Play Petanque! Easy to learn/fun to play, free lessons, 10am-1 Sundays & 6pm-dark Wednesdays, University Park, University Ave & 24th Ave. FREE

RPG Summer Sampler, noon-3pm, Delight, 538 E. Main St. \$10.

Final Table Poker, 3pm & 6pm, Steve’s Bar & Grill, 117 14th St., Spfd. FREE

Malabon Players Society, adult pick up basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE

Cards Against Humanity w/ Kevin, 8pm, Max’s Tavern, 550 E. 13th Ave., 541-349-8986. FREE

The Broadway Revue Burlesque Show!, 10pm, Luckey’s Club, 933 Olive St. \$5.

Blazing Paddles continues. See Thursday, Aug. 2.

Duplicate Bridge continues. See Thursday, Aug. 2.

Talks at the MNCH continues. See Thursday, Aug. 2

SOCIAL DANCE Music & Dance Workshop w/Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE

USA Dance 4th Sunday Dance, 5:30-7:30pm, Vet’s Club, 1620 Willamette St. \$3-5.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.

DanceAbility Spring Classes continues. See Thursday, Aug. 2

SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE

Sunday Morning Meditation, 9am-noon, Open Sky Shambhala, 783 Grant St. FREE

Prayers for World Peace, 10:30am-noon, Mahasiddha Kadampa Buddhist Ctr., 777 High St. FREE

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE The Essence of Insight Meditation, a 6-week