

CALENDAR

Eugene Cannabis TV Recording Session, 4:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE

OSU Extension Dry Farming Field Days, 5-7pm, OSU Extension Office, 996 Jefferson St. FREE

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE

Co-Dependents Anonymous, 12-step meeting, 6-7pm, Well-springs Friends School, 3590 W. 18th Ave. FREE

Ladies' Shopping Night Out, 5-8pm, Fifth Street Public Market, 296 E. 5th Ave. FREE

Keep It Simple Spfd Al-Anon Family Group, 6:30-7:30, Spfd Lutheran Church, 1542 I St., Spfd. FREE

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

DBSA of Lane County, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE

Refuge Recovery Meeting continues. See Friday.

HEALTH P90X in the Park, 8-9am, Lively Park, 6100 Thurston Rd., Spfd. \$7-9.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Meditation in Everyday Life, 6-8pm, Open Sky Shambhala Ctr., 783 Grant St. \$50.

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 26..

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE

Adventure! Weird Science w/ Lauren continues. See Saturday.

LECTURES/CLASSES Wildfire in Oregon, a talk by James Johnston, 7-9pm, Eugene Garden Club, 1645 High St. FREE

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, July 26

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10.

Navigating w/ Ride w/ GPS & GEARs, 6:30-8pm, Hilyard Community Ctr., 2580 Hilyard St. FREE

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE

FREE Adult intro to ki-aikido continues. See Thursday, July 26

Blazing Paddles continues. See Thursday, July 26

Duplicate Bridge continues. See Thursday, July 26

Pool Hall continues. See Thursday, July 26

SOCIAL DANCE Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE

Orientation Meeting at Saraha Nyingma Buddhist Institute, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE

Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE

Rudra Meditation (Kundalini Yoga Meditation) continues. See Thursday, July 26

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE

TUESDAY

JULY 31

SUNRISE 5:59AM; SUNSET 8:37PM
AVG. HIGH 83; AVG. LOW 52

ARTS/CRAFTS Current works by Oregon Fiber Artists continues, see Thursday, July 26

Jeff Mason, "New & Revised Works" continues. See Thursday, July 26

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE

Share Fair: A Really Free Market!, 2-5pm, Monroe Park, 10th Ave. & Monroe St. FREE

FOOD/DRINKS Tuesday Night Pub Run, 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE

Drink & Draw, 9pm, 5th Street Cornucopia, 207 E. 5th Ave FREE

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE

Behind the Scenes at the Museum, 9am-3:30pm, MNCH, 1680 E. 15th Ave. \$25, \$20 members.

Singing Heart, call & response all voices, 10:30-11:50am, McNail-Riley House, 601 W. 13th Ave. \$10.

Resist Trump Tuesday, noon, Federal Courthouse, 405 E. 8th Ave. FREE

Rush Hour Resistance, progressive protest every Tuesday, 5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE

Industrial Workers of the World meeting, 6:30pm, New Day Bakery, 449 Blair Blvd. FREE

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE

Breaking Bingo w/ Hunter-Downe Knightly, 9pm, Old Nick's Pub, 211 Washington St. FREE

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, July 26.

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 1100 Charnelton St., 541-687-9447. don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 1100 Charnelton St., 541-687-9447. \$10.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Suite 206. \$10-\$15.

Tai Chi in the Park Blocks continues. See Thursday, July 26

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 26.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd library, 225 5th St., Spfd. FREE

Talkers Storytime, 10:15am & 11am, downtown library. FREE

Oregon Rocks! at the library, 1:30-2:30pm, Fern Ridge Library, 88026 Territorial Way, Veneta. FREE

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Family Music Time, 6:30pm, downtown library. FREE

Pajama Storytime, 6:30pm, downtown library. FREE

Table Tennis for kids continues. See Thursday, July 26

LECTURES/CLASSES Movement for Memory: A Dance Class For Your Brain, 11am-noon & 1-2pm, Park Blocks, 44 E. 7th Ave. FREE

Chair Yoga for the elderly continues. See Thursday, July 26.

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, July 26

LITERARY ARTS Wordcrafters: From Walden to Wild w/ Bronwynn Dean, 4-week series, 6-8pm, WordCrafters in Eugene, 438 Charnelton St., ste 102. \$139.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, July 26

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Chinook Winds Casino Trip for "Boomer Tuesday," 7:45am-5:30pm, meet at Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$5.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE

Eug/Spfd Mossbacks Volkssport Club, 9:45am, Gracie's Sea Hag Restaurant, 58 N. Highway 101. FREE

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE

Tai Chi in the Park Blocks, 8:30-9:30am, W. Park Blocks, 8th Ave. & Oak St. FREE

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE

King Pong!, 8-10pm, Kesey Square, FREE

Killer Queen League Night, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE

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EXPOSED

A Play By MARY DICKSON

Directed By CAROL DENNIS

Staged Reading

August 5, 2018, 2:00 pm

Tsunami Books

Decades of nuclear testing had tragic consequences for tens of thousands of Americans. Part memoir, part oral history, and part journalistic investigation. "Exposed" puts a human face on what happened to unsuspecting Americans as a result of 928 atomic bombs exploded in the Nevada desert.

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The Very Little Theatre presents

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by Peter Morgan

Directed by Darryl Marzyck

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