

**A Historic Visit
His Holiness Sakya Trichen
The Heart of Healing**

**“His Holiness Sakya Trichen
is the king of Yogis” -
His Holiness Dalai Lama.**

We are deeply honored, blessed and joyful to announce the historic visit of His Holiness Sakya Trichen, one of the world’s preeminent Buddhist meditation masters, in eminence second only to His Holiness the Dalai Lama.

His Holiness is a great spiritual leader, scholar, author, a spokesman for peace, and an advocate of human values. This is a rare and precious opportunity not to be missed!



August 11th

**Medicine Buddha Empowerment & Teachings
Buddha Who Heals The World**

\$100 (Full Day Event) 10am - 12pm | 12pm - 2pm (Break) | 2pm - 4pm
Downtown Athletic Club | 999 Willamette St. Eugene, OR

August 12th

**Freedom from Four
Attachments Teachings**

Cost: \$50 | 10am - 12pm
Downtown Athletic Club |
999 Willamette St. Eugene, OR

August 12th

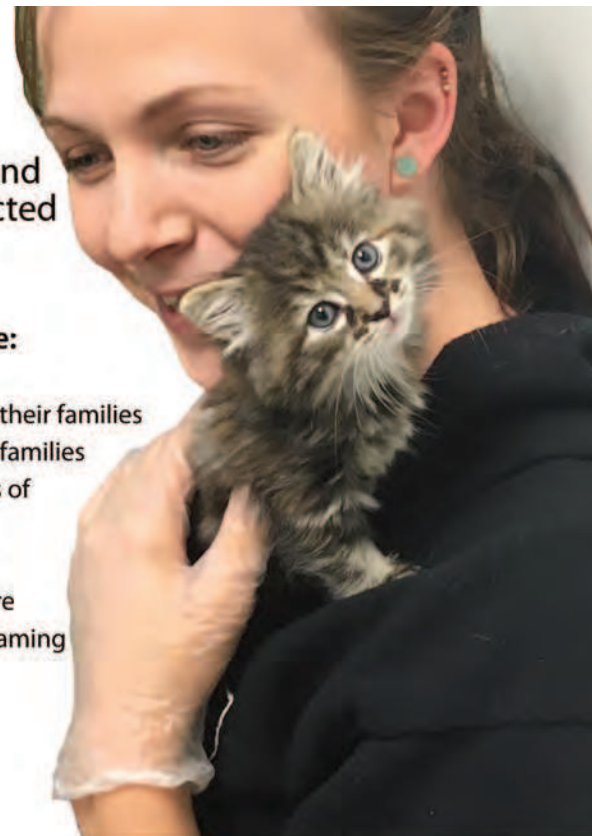
**Finding Peace in a Complex
World Public Talk**

Cost: \$20 | 7pm - 8:30pm
The Ragazzino Performance Hall | LCC
4000 E. 30th Avenue Eugene, OR

Registration: Advance ticket purchase is highly recommended due to limited seating.

For Information and to Register:
www.palmocenter.org/events | (541) 335-1225

**Greenhill
Humane
Society**
cares for animals and
the people connected
to them.



Our programs include:

- Reuniting lost pets with their families
- Adopting pets to loving families
- Care for animals in times of crisis
- Humane education
- Medical & behavioral care
- Spay / neuter for free-roaming cats

www.green-hill.org
[@greenhillhumane](https://twitter.com/greenhillhumane)
541.689.1503

You can help!

- Volunteer
- Adopt
- Foster
- Donate



**Caring for our community's
animals and people**

www.green-hill.org

eugene
**URGENT
CARE** 

Don't let injury or illness ruin your day

**Open 7 Days a Week
No Appointment Needed
Just Walk In!**



EugeneUrgentCare.com



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Did you know?

**Children ages 1 to 4
are most at risk
for accidental drowning**



**628 kiddos
learned to swim
last year at the
Eugene Family YMCA.**

**THE Y BUILDS
STRONG COMMUNITY.**

Eugene Family YMCA. Serving Eugene since 1887.
Learn more at eugeneymca.org

NewYMCA.org