

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, July 26, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE

Refuge Recovery, 7-8:30pm today & Thursday, July 26, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE

Zen Meditation, 7-8:45pm today & Thursday, July 26, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE

Rudra Meditation (Kundalini Yoga Meditation), 7:30-8:30pm today, Monday, Tuesday & Thursday, July 26, Eugene Friends Meeting House, 2274 Onyx St. FREE

THEATER THE SLOTH: True stories, told live, 7:30-9:30pm today & Thursday, July 26, Atrium Bldg., 99 W. 10th Ave. FREE

Monique La Faye's Drag Battle, 9pm, The Drake Bar, 77 W. Broadway. FREE

No Shame Theatre Workshop, 8:30pm, Atrium Bldg., 99 W. 10th Ave., FREE

Drag Takeover, 11pm & midnight, The Drake, 77 W. Broadway. FREE

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Nursery Volunteer Work Party, 9am-noon today, Tuesday, & Thursday, July 26, Native Plant Nursery, Buford Park, volunteer@bufordpark.org, 541-344-8350. FREE

Hendricks Park Native Plant Garden Work Party, 4-7pm, Hendricks Park, Summit Ave & Skyline Blvd. FREE

FRIDAY

JULY 20
SUNRISE 5:48AM; SUNSET 8:48PM
AVG. HIGH 83; AVG. LOW 51

ART/CRAFT Shared Habitat: Work by Laura Buchan, Sue Markley & Nancy Watterson Scharf, 10am, Maude Kerns Art Center, 1910 E. 15th Ave. FREE

Current works by Oregon Fiber Artists continues, see Thursday.

Chainsaw & Arts Festival, 10am-5pm, McKenzie Community Track and Field, 51326 McKenzie Blue River Dr.. \$3.

Fridays at the Park Blocks - Studio Without Walls, 5pm, 8th Avenue and Oak Street. FREE

Coburg Quilt Show, 10am-4pm, Coburg Community Charter School, 91274 N. Coburg Rd. FREE

50th Coburg Golden Years Festival, 2pm, 91136 N. Willamette St. FREE

BENEFIT Relay For Life of Eugene/Springfield "Knock Cancer Out of the Park", noon, PK Park. FREE

COMEDY Comedy Showcase, 7pm, The Drake, 77 W. Broadway. FREE

FILM Movie Fridays: Moon, 7pm, Maven Art Botique, 271 W. 8th Ave. FREE

Jumanji, Willamalane Park, 9pm, 1276 G St., Spfd. FREE

Movies in the Park - *Coco*, 9pm, Washington Park. FREE

FOOD/DRINK Friday Night Burgers & Blues, 6-9pm, Pfeiffer Winery, 25040 Jaeg Rd. FREE

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Ctr., 110 W. 10th Ave. FREE

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE

Lane County NAMI Connections Group Cottage Grove, 1:30-

3:30pm, Healing Matrix, 632 Main St., Cottage Grove. FREE.

Castellers of Oregon, 6-8pm, Petersen Barn Community Ctr., 870 Berntzen Rd. FREE

Eugene Maker Space Open Hack, 6-8pm today & Tuesday, 687 McKinley St., eugenemakerspace.com. FREE

Bohemia Mining Days Festival continues. See Thursday.

HEALTH Tai chi for Balance or Yoga Therapy sessions: 30 min each, 3pm, Sacred Heart medical Ctr. lobby, 3333 Riverbend Dr., Spfd. Don.

KIDS/FAMILIES Baby Storytime, 10:15am & 11:15am, downtown library. FREE

Family Music Time, 10:15am, Sheldon branch library, 1566 Coburg Rd. & Bethel branch library, 1990 Echo Hollow Rd. FREE

Kids Night Out, 6:30-9pm, Bob Keefer Ctr., 250 S. 32nd St. \$15-18.

Friday Night Sound Healing, 6pm, Pura Vida Glamping Get-away, 45560 S. Gate Creek Rd., Vida. \$20.

LECTURES/CLASSES Talks at the MNCH continues. See Thursday, July 19.

LITERARY ARTS First Friday book sale, BOGO sale, 4:30-7:30pm, downtown library. FREE

ON THE AIR Music Gumbo w/ Andy Goldfinger, 6-9pm today & Monday, KOFC 92.5 FM.

Water is Life w/Jana Thrift and John Abbe, 6pm, 97.3 FM or KEPW.org.

Marc Time's Record Attic, 11:30pm, Comcast channel 29.

"The Point" continues. See Thursday, July 19

OUTDOORS/RECREATION Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Ctr., 155 High St. \$0.25.

Friday Night Sound Healing, 6-7pm, Pura Vida Glamping Get-away, 45560 South Gate Creek Rd., Vida. \$25.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Trivia Night on the Farm, 6-8pm, Agrarian Ales, 31115 W. Crossroads Ln., Coburg. FREE

Game Night, learn & play tabletop games, 7-9pm. Barnes & Noble, 1163 Valley River Dr. FREE

Blazing Paddles continues. See Thursday, July 19

Centennial chess club continues. See Thursday, July 19

Pool Hall continues. See Thursday, July 19

SOCIAL DANCE Folk Dancing for Seniors, request & lessons, 2-3:30pm today, Willamalane Adult Activity Ctr., 215 W. C St., Spfd; 2:30-4pm Monday, Campbell Community Ctr., 155 High St., info at 541-603-0998. \$25-\$1.

Advanced dance class w/Taller de Son Jarocho, 4:30-6pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE

Oregon Ballroom Dance Club, 7:30-10:30pm, Global Scholars Hall, rm. 123, UO Campus. FREE

Swing Dance w/ Live Music from Blue Skies Big Band, 7-10:30pm, The Vet's Club, 1626 Willamette St. \$15.

Eclectic Vibes Friday, 9pm-2am, The Poker Lounge, 2043 River Rd. FREE

Salsa Dancing, intro class 9pm, open dancing 10pm-1am, Salseros Rm., upstairs, 1626 Willamette St. \$10.

Dancing, 10pm-2:30am today & tomorrow, The Drake, 77 W. Broadway. FREE

SPIRITUAL Refuge Recovery, check RefugeEugene FB for updated schedules, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE

Zen Meditation Group, good for beginners 7:30-8:30pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE

THEATER *Guys & Dolls*, 7:30pm, Jaqua Concert Hall at The Shedd, 868 High St. \$28.

There's a Pirate in the Pantry . . . *OR The Flapjacks are about to Flip!*, 7-9pm, Cottage Theater, 700 Village Dr., Cottage Grove. \$7.

Wondrous Strange, 7:30pm, Hope Theater at the Miller Theater Complex, University of Oregon. FREE

VOLUNTEER Native Plant Nursery Volunteer Work Party, 1-4pm, Alton Baker Park, Native Plant Nursery. FREE

SATURDAY

JULY 21
SUNRISE 5:49AM; SUNSET 8:47PM
AVG. HIGH 83; AVG. LOW 51

ART/CRAFT Oregon Trail Lacemakers, 10am, Willamette Oaks Retirement Living, 455 Alexander Ln., FREE

Suburban Homecraft: Sour-dough Bread, 10am, Shelton McMurphey Johnson House, 303 Willamette St.. \$25.

Open studio, 3-5pm, Art Space at The Crafty Mercantile, 517 E. Main St., Cottage Grove. don. Coburg Quilt Show. See Friday.

Chainsaw & Arts Festival. See Friday.

Current works by Oregon Fiber Artists continues, see Thursday.

BENEFIT 7th Annual Adkins Blueberry Festival, 10am-7pm, 89995 Gossler Rd.. FREE

Hazy Dog Days of Summer, 2-6pm, Claim 52 Brewing, 1030 Tyinn St., Ste. 1. Sugg. don.

COMEDY Comedy Open Mic, 6:30pm signup, 7pm open mic, Cush Cafe, 1235 Railroad Blvd. \$2-\$3 don.

DANCE Belly Dance, 7pm, Mediterranean Network Restaurant, 1810 Willamette St. \$5

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon. FREE

Lane County Farmers Market, 9am-3pm, 8th Avenue & Oak Street. FREE

FOOD for Lane County Youth Farm Stand, 10am-2pm, FOOD For Lane County Youth Farm, 705 Flamingo Ave., Spfd. FREE

Eugene Saturday Market, 10am-5pm, 8th & Oak. FREE

Good Food Easy Farm Stand, 10am-2pm, Creswell Bakery, 182 S. 2nd St., Creswell. FREE

Spencer Creek Community Growers Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy. FREE

Winter Market, 10am-2pm, 8th Ave & Oak St. FREE

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove. FREE

The Corner Market continues. See Thursday, July 19.

FILM Movies in the Park - *The Incredibles*, 9p.m, Arrowhead Park, Irvington Street and Arrowhead Drive. FREE

FOOD/DRINK Market of Choice Eugene Customer Appreciation Days, 10am-5pm, MOC, 67 W. 29th Ave. FREE

35th Anniversary Party and Concert!, Pfeiffer Winery, 25040 Jaeg Rd., Junction City. \$25-45.

GATHERINGS Al-Anon, friends & family of alcoholics, beginners meeting, 9am, Bethesdal Lutheran Church, 4445 Royal Ave., 541-554-3707. FREE

Our Revolution Lane County, 11am-1pm, Theo's Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE

Drum Circle, hand drums preferred, noon-5pm, Cush Cafe, 1235 Railroad Blvd. FREE

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE

Oregon Geo Fest, 11am-5pm, Broadway Ctr., 2100 W. Broadway. FREE

Bohemia Mining Days Festival continues. See Thursday.

HEALTH Flow Yoga, ages 18+, 11am-noon, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$9.

Tai Chi Chih, 6 weeks classes, noon-1pm, LaValle Vineyards, 89697 Sheffler Rd., Elmira.

POP Pilates, 12:30-1:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., ste. 206. \$10-\$15.

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES Family Yoga Time, 9-10am, Common Bond Yoga, 326 Main St. FREE

Family Music Time, 10:15am, downtown library. FREE

Legos, 10:15am, Sheldon branch library, 10:15am, Bethel branch library, 541-682-8316. FREE

Summer Reading Series, 11am-noon, Campbell Senior Ctr., 155 High St. FREE

Adventure! Weird Science w/ Lauren, 11am-noon today & Monday, Adventure! Children's Museum, 490 Valley River Ctr. FREE

Family Nature Discovery Day, "All About Owls," 11am-3pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. FREE

Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE

LECTURES/CLASSES Composting Workshop Series - Mobile Plant Clinic, 10am-noon, 4110 River Rd., FREE

Dive Deep into Happiness, 4-5pm, Natural Grocers, 201 Coburg Rd. FREE

Talks at the MNCH continues. See Thursday, July 19

ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

Music Hour w/ Wally Bowen, 1-2pm today & tomorrow, 92.5 KOFC.

Reverb w/ Sean Cummins, 2-4pm, 92.5 KOFC.

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Neil Diamond, 7-9pm, KRVM.

The Dr. Yeti Show, 10pm-midnight today & tomorrow, 92.5, KOFC.

OUTDOORS/RECREATION Summer Rowing Camp, open to boys and girls 8th-12th grade, Dexter Lake at Lowell State Recreation Site. Starts at \$50.

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE

Recreational Bicycle Rides, rides vary 20-80 miles, 9am, Alton Baker Park, 622 Day Island Rd. FREE

Dragonflies & Damselflies Walk, 11am-1pm, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. FREE-\$5.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE

Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE

Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd, 541-636-2961. FREE

Auto Tour of the proposed Douglas-fir National Monument, Willamette National Forest, East of Sweet Home, Sweet Home. FREE

Blazing Paddles continues. See Thursday, July 19

Centennial chess club continues. See Thursday, July 19

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

Salsa Social, 5:30-9:30pm, Noble Estate Urban, 560 Commercial St. \$5-\$7.

Ballroom Practice & Social, 6-10pm, The Vet's Club, 1626 Willamette St. \$5.

Eclectic Vibes, 9-11:30pm, The Lounge, 2043 River Rd. FREE

Dancing, 10pm-2:30am, The Drake Bar, 77 W. Broadway. FREE

SPIRITUAL Day-long meditation, 10am-4pm, Ctr. for Sacred Sciences, 5440 Saratoga St. FREE

Evening Prayer, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St., FREE

Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Ressurrection, 3925 Hilyard St. FREE

THEATER *Guys & Dolls* continues. See Friday.

There's a Pirate in the Pantry . . . *OR The Flapjacks are about to Flip!* continues. See Friday.

Wondrous Strange continues. See Friday.

VOLUNTEER Blackberry Removal Work Party, 10am-1pm, Mount Pisgah Arboregum, 34901 Frank Parrish Rd., FREE

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE

SUNDAY

JULY 22
SUNRISE 5:50AM; SUNSET 8:46PM
AVG. HIGH 83; AVG. LOW 51

ART/CRAFT Current works by Oregon Fiber Artists continues. See Thursday, July 19.

Chainsaw & Arts Festival. See Friday.

Drink n' Draw, drink beer & meet local cartoonists, 7-9pm, Falling Sky Brew Pub, 1334 Oak Alley, FREE

BENEFIT Fun Event for Ann's Heart, 4-8pm, Northern Lights Christmas Tree Farm, 36777 Wheeler Rd., Pleasant Hill. \$20-50.

Race for the Ace 5K run/walk to benefit Children's Miracle Network program at Sacred Heart Medical Center at RiverBend, 9am, RiverBend Annex, 123 International Way, Spfd. \$5-25.

COMEDY Sunday Bloody Sunday! Welcome To Hell: A Comedy Open Mic, 8-10pm, Old Nick's Pub, 211 Washington St. FREE

FARMERS MARKET Fairmount Neighborhood Sunday Farmers Market, 10am-2pm, 19th Ave. & Agate St. FREE

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE

Whiteaker Community Market, 11am-4pm, Whiteaker Community Market, 1111 2nd Ave. FREE
Dexter Lake Farmers Market, noon-4pm, Rolling Rock Park, at the corner of Shore Dr., Lowell. FREE

FILM Video showing, lecture by Shinzen Young, Ctr. for Sacred Sciences, 5440 Saratoga St. FREE

FOOD/DRINK Yoga @ the LAB, 10:30-11:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

Market of Choice Eugene Customer Appreciation Days continues. See Saturday.

GATHERINGS Oregon Geo Fest continues. See Saturday.

Drinking From The Well: Gathering for the Sacred Work of Grief, 10am-6pm, Living Earth Barn, Eugene. thelivingearthfarm.com.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE

HEALTH Yoga at the Lab, 10:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

Family Yoga on the Farm, 11:15am-12:15pm, Agrarian Ales, 31115 W. Crossroads Lane West. \$18.

Occupy Eugene Medical Clinic, noon-4pm, Washington Jefferson Park, Washington St. & W. 5th Ave. FREE

Yoga Nidra, 7-8:15pm, Mudra Yoga, 199 E. 5th Ave. 33. \$16-18.

KIDS/FAMILIES Eugene Imagination Yoga, 10:15am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St., Ste. 206. \$8-\$10.

LECTURES/CLASSES Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE

DanceAbility Spring Classes continues. See Thursday, July 19

Talks at the MNCH continues. See Thursday, July 19

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWWA 88.1FM & kwvaradio.org.

Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVM.

Music Hour w/Wally Bowen continues. See Saturday.

Reverb w/ Sean Cummins, 2pm, 92.5 KOFC.

Dr. Yeti Show continues. See Saturday.

OUTDOORS/RECREATION Bird walk, monthly birding for people of all experiences, 8-11am, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. \$5, members FREE

Play Petanque! Easy to learn/ fun to play, free lessons, 10am-1 Sundays & 6pm-dark Wednesdays, University Park, University Ave & 24th Ave. FREE

RPG Summer Sampler, noon-3pm, Delight, 538 E. Main St. \$10.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE

Malabon Players Society, adult pick up basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE

Cards Against Humanity w/ Kevin, 8pm, Max's Tavern, 550 E. 13th Ave., 541-349-8986. FREE

The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. \$5.