



Organic food is everywhere. Some grocery stores dedicate their whole inventory to organic food and Albertsons has gone so far to brand a line, O Organics. This didn't happen overnight. Filmmaker Mark Kitchell will bring his new film, **Evolution of Organic**, to Eugene as a part of its grassroots release. The film tells the story of organic agriculture, which features interviews with those who helped build the movement. It's not just centered on the history but how the organic movement is projected to grow in the future — from combating climate change to soil microbiology as the new frontier. All ticket sales will go toward Beyond Toxic's new project, Non-Toxic Oregon. A panel discussion featuring leaders of organic-focused organization will follow the screening. The panel includes Lisa Arkin, executive director of Beyond Toxics; Marissa Zarate of Huerto de la Familia; and David Lively of Organically Grown Company. The event starts 6 pm Wednesday, July 18 at the Bijou Art Cinema (492 E. 13th Avenue). Ticket prices range from \$6-\$8. — *Henry Houston*

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE.

HEALTH Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Lane County NAMI Connections Group, 1:30pm-3pm, 632 Main St., Spfd., FREE

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE. White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 12..

KIDS/FAMILIES Adventure! Weird Science w/ Lauren, 11am-noon, Adventure! Children's Museum, 490 Valley River Ctr. FREE.

Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Learn 1 song & parade w/ Samba Ja, 8pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, July 12

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE.

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, July 12

Blazing Paddles continues. See Thursday, July 12

Duplicate Bridge continues. See Thursday, July 12

Pool Hall continues. See Thursday, July 12

SOCIAL DANCE Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Orientation Meeting at Saraha Nyingma Buddhist Institute, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.

Rudra Meditation (Kundalini Yoga Meditation), 7:30pm-8:30pm, Eugene Friends Meeting House, 2274 Onyx St., \$5 sug. don.

Refuge Recovery Meeting continues. See Friday.

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm,



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M-W 10am-9pm Th-Sa 10am-10pm Su 10am-8pm



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\$ 3.00 flower grams everyday

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