

social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

SPIRITUAL Zen Meditation Group, 7-8am, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Tuesday Meditation, 6-7pm, Open Sky Shambhala, 783 Grant St. FREE.

Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

Rudra Meditation [Kundalini Yoga Meditation] continues. See Thursday, July 5

VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening techniques, work party, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE.

Pollinator Conservation Work Party, 9am-noon, Alton Baker Park, 622 Day Island Rd. FREE.

WEDNESDAY
JULY 11
SUNRISE 5:40AM; SUNSET 8:55PM
AVG. HIGH 82; AVG. LOW 51

BENEFIT Oakshire Inspires for McKenzie River Trust, 1 percent of Watershed IPA sales to McKenzie River Trust, 5-8pm, Oakshire Brewing Public House, 207 Madison St. FREE.

COMEDY Open Mic Comedy, 6:30pm signup, 7pm show, The Drake Bar, 77 W. Broadway. FREE.

FARMERS MARKETS Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd. FREE.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINK Keto Diet 101 - The Basics, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd Lutheran Church, 1542 I St., Spfd. FREE.

Lifetime of Discovery Story Stage, 1-3pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 2:30-4pm, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, incense allowed, 6-7pm, St.

Thomas Episcopal Church, 1465 Coburg Rd. FREE.

“Singing Through the Hard Times”: Uniting w/ music, 6-8:30pm, Free Speech Plaza, 799 Oak St. FREE.

Death Cafe, small group gatherings to talk about death, 7-8:30pm, Lane County Behavioral Health Services, 2411 Martin Luther King Jr. Blvd. FREE.

Singing Heart Community Singing, 7-8:30pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave. \$10.

“Out of the Fog,” meeting of Marijuana Anonymous, 7:30pm, St. Mary’s Episcopal Church, 1300 Pearl St. FREE.

HEALTH Pet Grief Support Group, 11:30am, Companioning Care LLC, call 541-255-7116. \$5-\$20.

Pet-Care Coping Support Group, end of life, serious illness, need to re-home, Companioning Care LLC, call 541-255-7116. \$5-\$20.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 5

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE.

Family Music Time, 10:15 am & 11am, downtown library. FREE.

Family STEAM, enjoy hands-on fun & learning together w/ science, technology, etc., 4pm, Sheldon Library, 1566 Coburg Rd. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Babies-Toddlers Storytime continues. See Thursday, July 5

Children’s Intro to Ki-aikido continues. See Monday.

LECTURES/CLASSES Quack Chats Pub Talk, “Of fish and humans: How their basic brain development and behavior could help treat autism,” Ax Billy Grill, 999 Willamette St. FREE.

Meditation class - How to Transform Your Life, 6pm, Mahasiddha Kadampa Buddhist Ctr., 777 High St. \$10.

Dance Fitness continues. See Monday.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, July 5

ON THE AIR “Truth Television,” live call-in local news/politics, 6pm, Comcast 29.

“That Atheist Show,” weekly call-in, 7pm, Comcast 29, 541-790-6617.

“The Point” continues. See Thursday, July 5

OUTDOORS/RECREATION Track-Town Fitness, 8-9am, Hayward Field, 1580 E. 15th Ave. FREE.

Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

History Pub Trivia Night, 5:30-7pm, 5th Street Public Market, 296 E. 5th Ave. FREE.

Trivia w/Elliot Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Nick, 7pm, Buggy’s Bar & Grill, 559 N. Pacific Hwy., Junction City, 541-998-5185. FREE.

Humanity w/Kevin, 8pm, First National Taphouse, 51 W. Broadway. FREE.

Pinball Knights, 3-strikes pinball tournament, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Alan, 9pm, The Wild Duck, 1419 Villard St., 541-485-3825. FREE.

WDYK Trivia w/Stephanie, 9pm, Prime Time Sports Bar, 1360 Mohawk Blvd., Spfd, 541-746-0549. FREE.

Blazing Paddles continues. See Thursday, July 5

Duplicate Bridge continues. See Thursday, July 5

Play Petanque! continues. See Sunday.

Pool Hall continues. See Thursday, July 5

Qigong continues. See Monday.

SOCIAL DANCE Contact Improvisation Jam, w/half-hour guided warm-up, drop-ins & no experience fine, 6:15-8:15pm, Xcape Dance, 420 W. 12th Ave. info at 206-356-0354. \$5-\$12.

Buzzed w/ Bachata, 7pm, The Oregon Wine Lab, 488 Lincoln St. FREE.

Scottish Country Dancing, 7-9pm, Santa Clara Grange, 295 Azalea Dr. First time FREE, monthly \$15.

Ballroom Dancing, ages 18+, 7:40pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.

Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

Salsa & Bachata Night, 9pm, The Drake, 77 W. Broadway. \$3 lesson, FREE.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Battle of Ego, 10am-noon, Open Sky Shambhala, 783 Grant St. \$50.

Insight Meditation, 6:30-8pm, YogaMind Studio, 1339 Oak St. don.

Buddhist meditation class, guided meditation & teaching, 7-8:15pm, Sweaty Ganesh Yoga, 820 Charnelton. \$10 sug. don.

Refuge Recovery, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.

Buddhist Teaching: “The 37 Practices of a Bodhisattva” by Tulku Sangye Tenzin Rinpoche continues. See Saturday.

THURSDAY
JULY 12
SUNRISE 5:40AM; SUNSET 8:54PM
AVG. HIGH 82; AVG. LOW 51

FARMERS MARKETS Amazon Farmers Market continues. See Thursday, July 5

The Corner Market continues. See Thursday, July 5

South Valley Farmers Market continues. See Thursday, July 5

GATHERINGS Parkinson’s Disease 101, 4-5:30pm, Eugene Mind Works, 207 E. 5th Ave. FREE.

Lane County NAMI LGBTQIA+ Connection Group continues. See Thursday, July 5

NAMI Lane County’s Friends & Family Support Group continues. See Thursday, July 5

Atheist, Agnostics & Free Thinker AA continues. See Thursday, July 5

Downtown Toastmasters continues. See Thursday, July 5

Emerald Photographic Society Club Meeting continues. See Thursday, July 5

Men’s Meet Up continues. See Thursday, July 5

Mindfulness Group continues. See Thursday, July 5

NAMI Connection Support Group for people w/mental health issues continues. See Thursday, July 5

Overeaters Anonymous continues. See Thursday, July 5

HEALTH Mindfulness continues. See Thursday, July 5

Tai Chi in the Park Blocks continues. See Thursday, July 5

Stress & Anxiety Relief Group Acupuncture continues. See Thursday, July 5

White Bird Walk-in Counseling & Referral continues. See Thursday, July 5

KIDS/FAMILIES Touch a Truck, 5:30-6:15pm, Petersen Barn

Community Center, 870 Berntzen Rd. FREE.

Babies & Toddlers Storytime continues. See Wednesday.

Family STEAM continues. See Thursday, July 5

Family music time continues. See Thursday, July 5

Table Tennis for kids continues. See Thursday, July 5

Walkers storytime continues. See Thursday, July 5

LECTURES/CLASSES The Lost Art of Good Conversation, 6:30-8pm, Open Sky Shambhala, 783 Grant St. FREE.

Chair Yoga for the elderly continues. See Thursday, July 5

DanceAbility Class continues. See Thursday, July 5

Mindful & Wellness @ Work continues. See Thursday, July 5

ON THE AIR “Arts Journal” continues. See Thursday, July 5

“The Point” continues. See Thursday, July 5

Thursday Night Jazz w/David Gizara continues. See April 26

OUTDOORS/RECREATION Adult introduction to ki-aikido continues. See Thursday, July 5

Board Game Night continues. See Thursday, July 5

Cards Against Humanity w/Charley continues. See Thursday, July 5

Categorically Correct Trivia w/ Elliot Martinez continues. See Thursday, July 5

Centennial chess club continues. See Thursday, July 5

Cribbage Tournament continues. See Thursday, July 5

Duplicate Bridge continues. See Thursday, July 5

Board Game Night continues. See Thursday, July 5

Lunchtime Tap & Growler Running Group continues. See Thursday, July 5

Pool Hall for seniors continues. See Thursday, July 5

Tai Chi continues. See Thursday, July 5

Tai Chi in the Park Blocks continues. See Thursday, July 5

WDYK Trivia w/Alan continues. See Thursday, July 5

WDYK Trivia w/Kevin continues. See Thursday, July 5

SOCIAL DANCE Crossroads Blues Fusion Weekly Blues & Fusion Dance continues. See Thursday, July 5

English & Scottish Country Dancing continues. See Thursday, July 5

Line Dance Lessons continue. See Thursday, July 5

Music & Dance Workshops w/ Taller de Son Jarocho continues. See Thursday, July 5

SPIRITUAL Refuge Recovery continues. See Thursday, July 5

Rudra Meditation [Kundalini Yoga Meditation] continues. See Thursday, July 5

Zen Meditation continues. See Thursday, July 5

THEATER THE SLOTH: True stories, told live continues. See Thursday, July 5

Midsummer: A Musical continues. See Friday.

No Shame Theatre Work Shop continues. See Thursday, July 5

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, July 5

Hendricks Park Native Plant Garden Work Party continues. See Thursday, July 5

CORVALLIS AND THE REGION

FRIDAY, JULY 6 OSUsed Store Sale, weekly public sale w/ furniture, computers, office supplies, etc., noon-3pm today & 5:30-7:30pm Tuesday, Property Services, OSUsed Store, OSU Campus, Corvallis. FREE.

SATURDAY, JULY 7 Mid-Valley Bike Club Saturday Rides, 8am, corner of Circle Blvd. & Highland St., Corvallis. FREE.

Corvallis Farmers Market, 9am-1pm, 1st St. & Jackson Ave., Corvallis. FREE.

ATTENTION OPPORTUNITIES

Due date for the calendar is noon the Thursday before the Thursday issue in which you would like your event published. For example, if you’d like to be included in our July 12 edition, please visit www.eugeneweekly.com/calendar/event/add & submit your event online by Thursday, July 5 at noon. For questions, email cal@eugeneweekly.com.

Adventure! Children’s Museum invite ages 10-19 to design posters. The group also invites crafters and artists extraordinaire, to make some anemones, urchins, coral, barnacles & crustaceans to line the edges of the cove. Contact adventurechildrensmuseum@gmail.com for more details.

Grocery Outlet, located at 14th St., Spfd, will accept donations of \$5 or more for Catholic Community Services of Lane County through July. Those who donate will also receive a coupon for \$5 off following Grocery Outlet purchase of \$25 or more.



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