

CALENDAR

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Breaking Bingo w/ Hunter-Downe Knightly, 9pm, Old Nick's Pub, 211 Washington St. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, July 5.

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Suite 206. \$10-\$15.

Tai Chi in the Park Blocks continues. See Thursday, July 5

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 5.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd Public Library, 225 5th St., Spfd. FREE.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Family Music Time, 6:30pm, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

Table Tennis for kids continues. See Thursday, July 5

LECTURES/CLASSES Movement for Memory: A Dance Class

For Your Brain, 11am-noon & 1-2pm, Park Blocks, 44 E. 7th Ave. FREE.

Chair Yoga for the elderly continues. See Thursday, July 5.

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, July 5

LITERARY ARTS Wordcrafters: From Walden to Wild w/ Bronwynn Dean, 4-week series, 6-8pm, WordCrafters in Eugene, 438 Charnelton St., ste 102. \$139.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, July 5

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Chinook Winds Casino Trip for "Boomer Tuesday," 7:45am-5:30pm, meet at Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$5.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE.

Tai Chi in the Park Blocks, 8:30-9:30am, W. Park Blocks, 8th Ave. & Oak St. FREE.

Board Game Night continues. See Thursday, July 5

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Bingo Bongo, 9-11pm, The Drake Bar, 77 W. Broadway. FREE.

Breaking Bingo w/ Hunter-Downe Knightly

Killer Queen League Night, 5-on-5 arcade battle, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE.

Blazing Paddles continues. See Thursday, July 5

Board Game Night continues. See Thursday, July 5

Duplicate Bridge continues. See Thursday, July 5

Pool Hall continues. See Thursday, July 5

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

Bailonga: Argentine Tango Milonga, 7-10pm, The Vet's Club, 1626 Willamette St. \$5

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm

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JULY 6

THE POWER OF TOWER FIRST FRIDAY ARTWALK

🕒 5:30pm to 8pm
Downtown Eugene and Kesey Square

Presented by Lane Arts Council with support from the Downtown Program Fund. First Friday ArtWalk highlights the arts scene in downtown Eugene. Check out Eugene's new funk tribute band, or take the visual arts guided tour to hear from the featured artists at the local galleries and art venues. Full details at lanearts.org.

JULY 13

ABBAY ROAD LIVE! FRIDAYS AT THE PARK BLOCKS

🕒 5pm to 8:30pm • Park Blocks

This premier Beatles cover band brings to life classic Beatles material in a raw and spirited fashion. Beer and cider garden opens at 5 p.m. with live entertainment at 5:30 p.m.

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