Music Hour w/Wally Bowen continues. See Saturday.

Reverb w/ Sean Cummins, 2pm, 92.5 KOCF.

Dr. Yeti Show continues. See Saturday.

OUTDOORS/RECREATION Bird walk, monthly birding for people of all experiences, 8-11am, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. $5, members FREE.

Play Petanque! Easy to learn/fun to play, free lessons, 10am-1 Sundays & 6pm-dark Wednesdays, University Park, University Ave & 24th Ave. FREE.

RPG Summer Sampler, noon-3pm, Delight, 538 E. Main St. $10.

Beyond Toxics' Resilient Forestry Tour, 1-4pm, Lane County Historical Museum, 740 W. 13th Ave. FREE.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

Malabon Players Society, adult pick up basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE.

Cards Against Humanity w/ Kevin, 8pm, Max's Tavern, 550 E. 13th Ave., 541-349-8986. FREE.

The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. $5.

Blazing Paddles continues. See Thursday, July 5.

Duplicate Bridge continues. See Thursday, July 5.

SOCIAL DANCE Music & Dance Workshop w/Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. $3.

SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Sunday Morning Meditation, 9am-noon, Open Sky Shambhala, 783 Grant St. FREE.

Prayers for World Peace, 10:30am-noon, Mahasiddha Kadampa Buddhist Ctr., 777 High St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

The Essence of Insight Meditation, a 6-week mindfulness series, 6-8:15am, Unitarian Church of Eugene, 1685 W. 13th Ave. $90-$120.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

THEATER *Midsummer: A Musical* continues. See Friday.

VOLUNTEER Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, serving over 400 people every Sunday, 6:30-10:30am, First Christian Church, 1166 Oak St., volunteers please contact susan at 541-343-4397 or breakfast@heartofeugene.org. FREE.

Feed the Hungry w/ Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

MONDAY

JULY 9

SUNRISE 5:38AM; SUNSET 8:56PM
AVG. HIGH 81; AVG. LOW 51

ART/CRAFT Art Forum, challenge "So Small," or bring your current project, 6-7pm, Art City, 942 Olive St. FREE.

Craft Night, 7pm, Cush Cafe, 1235 Railroad Blvd. FREE.

BENEFIT Eugene Emeralds Baseball Good Karma Monday Benefit, 50 percent sales goes to McKenzie River Trust, 7-10pm, PK Park, UO. $10.

FOOD/DRINK Healthy Community Dinner at Whole Foods w/ Dr. Kevin Krautsack, 6:30-8:30pm, Whole Foods Eugene, 353 E. Broadway. FREE.

Drink & Draw, 9pm, prizes, drawing & $3 Ninkasi pints, 5th Street Cornucopia, 207 E. 5th Ave. FREE.

GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-687-7678. FREE.

Spfd Lions Club Meeting, noon-1pm, Roaring Rapids Pizza Company, 4006 Franklin Blvd. FREE.

Eugene Cannabis TV Recording Session, 4:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Co-Dependents Anonymous, 12-step meeting, 6-7pm, Wellsprings Friends School, 3590 W. 18th Ave. FREE.

Keep It Simple Spfd Al-Anon Family Group, 6:30-7:30, Spfd Lutheran Church, 1542 I St., Spfd. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. $10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. $7-$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. $7-$9.

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE. White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, July 5..

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Adventure! Weird Science w/ Lauren continues. See Saturday.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. $9.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Learn 1 song & parade w/ Samba Ja, 8pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, July 5

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE.

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. $10.

Navigating w/ Ride w/ GPS & GEARs, 6:30-8pm, Hilyard Community Ctr., 2580 Hilyard St. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Virtual Reality, ft. Rick & Morty VR, The Drake Bar, 77 W. Broadway. FREE. Adult intro to ki-aikido continues. See Thursday, July 5

Blazing Paddles continues. See Thursday, July 5

Duplicate Bridge continues. See Thursday, July 5

Pool Hall continues. See Thursday, July 5

SOCIAL DANCE Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Orientation Meeting at Saraha Nyingma Buddhist Institute, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.

Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Rudra Meditation (Kundalini Yoga Meditation) continues. See Thursday, July 5

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE.

TUESDAY

JULY 10

SUNRISE 5:39AM; SUNSET 8:55PM
AVG. HIGH 81; AVG. LOW 51

BENEFITS Grati-Tuesday w/ Downtown Languages, 10 percent of sales goes to Downtown Languages, noon-8pm, The Oregon Wine Lab, 488 Lincoln St. FREE.

Open Mic Musical Benefit for Habitat for Humanity, 6:30-11:30pm, Axe & Fiddle, 657 E. Main St., Cottage Grove. FREE.

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE.

FOOD/DRINKS Drink & Draw, 9pm, 5th Street Cornucopia, 207 E. 5th Ave FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Behind the Scenes at the Museum, 9am-3:30pm, MNCH, 1680 E. 15th Ave. $25, $20 members.

Singing Heart, call & response all voices, 10:30-11:50am, McNail-Riley House, 601 W. 13th Ave. $10.

Resist Trump Tuesday, noon, Federal Courthouse, 405 E. 8th Ave. FREE.

Rush Hour Resistance, progressive protest every Tuesday, 5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

Industrial Workers of the World meeting, 6:30pm, New Day Bakery, 449 Blair Blvd. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

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