

CALENDAR

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, July 5, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, July 5, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Refuge Recovery, 7-8:30pm today & Thursday, July 5, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, July 5, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE.

Rudra Meditation (Kundalini Yoga Meditation), 7:30-8:30pm today, Monday, Tuesday & Thursday, July 12, Eugene Friends Meeting House, 2274 Onyx St. FREE.

THEATER *Rapunzel*, 11am-12:30pm, Amazon Community Ctr., 2700 Hilyard St. FREE.

THE SLOTH: True stories, told live, 7:30-9:30pm today & Thursday, July 12, Atrium Bldg., 99 W. 10th Ave. FREE.

Monique La Faye's Drag Battle, 9pm, The Drake Bar, 77 W. Broadway. FREE.

Drag Takeover, 11pm & midnight, The Drake, 77 W. Broadway. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Nursery Volunteer Work Party, 9am-noon today, Tuesday, & Thursday, July 5, Native Plant Nursery, Buford Park, volunteer@bufordpark.org, 541-344-8350. FREE.

Hendricks Park Native Plant Garden Work Party, 4-7pm, Hendricks Park, Summit Ave & Skyline Blvd. FREE.

FRIDAY

JULY 6
SUNRISE 5:36AM; SUNSET 8:57PM
AVG. HIGH 80; AVG. LOW 51

ART/CRAFT Free First Friday at the Museum, 11am-5pm, MNCH, 1680 E. 15th Ave. FREE.

Karin Clarke Gallery reception, 5:30-7:30pm, Small Oils from Italy, noon-5pm, Karin Clarke Gallery, 760 Willamette St. FREE.

BENEFIT Art & the Vineyard Festival, 11am-9:30pm today, tomorrow & 11-5pm Sunday, Alton Baker Park, 100 Day Island Rd. \$5-\$30.

DANCE #instaballet, 5:30pm, OCT, 194 W. Broadway. FREE.

FOOD/DRINK Friday Night Burgers & Blues, 6-9pm, Pfeiffer Winery, 25040 Jaeg Rd. FREE.

GATHERINGS Yawn Patrol Toastmasters, 6-7:45am, LCC Downtown Ctr., 110 W. 10th Ave. FREE.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Food Not Bombs, 1pm cooking, Campbell Club, 3pm serving, Kesey Square. FREE.

Lane County NAMI Connections Group Cottage Grove, 1:30-3:30pm, Healing Matrix, 632 Main St., Cottage Grove. FREE.

Eugene Maker Space Open Hack, 6-8pm today & Tuesday, 687 McKinley St., eugenemakerspace.com. FREE.

HEALTH Tai chi for Balance or Yoga Therapy sessions: 30 min each, 3pm, Sacred Heart medical Ctr. lobby, 3333 Riverbend Dr., Spfd. Don.

KIDS/FAMILIES Baby Storytime, 10:15am & 11:15am, downtown library. FREE.

Family Music Time, 10:15am, Sheldon branch library, 1566 Coburg Rd. & Bethel branch library, 1990 Echo Hollow Rd. FREE.

LECTURES/CLASSES Talks at the MNCH continues. See Thursday, July 5.

LITERARY ARTS First Friday book sale, BOGO sale, 4:30-7:30pm, downtown library. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 6-9pm today & Monday, KOFC 92.5 FM.

Marc Time's Record Attic, 11:30pm, Comcast channel 29.

"The Point" continues. See Thursday, July 5

OUTDOORS/RECREATION Bridge Group for Seniors, 12:30-3:30pm, Campbell Community Ctr., 155 High St. \$0.25.

Tokatee Anniversary Celebration, beer, golf & live music, 2-11pm, Tokatee Golf Club, 54547 McKenzie Hwy., Rain-bow. FREE.

Eugene Pro Rodeo, PRCA Rodeo & dance, kids' night, 5pm-midnight, Eugene Pro Rodeo, 90751 Prairie Rd. \$21.75.

Friday Night Sound Healing, 6-7pm, Pura Vida Glamping Getaway, 45560 South Gate Creek Rd., Vida. \$25.

Magic the Gathering, standard deck casual play, 6pm, Castle of Games, 660 Main, Spfd. \$1.

Trivia Night on the Farm, 6-8pm, Agrarian Ales, 31115 W. Crossroads Ln., Coburg. FREE.

Game Night, learn & play tabletop games, 7-9pm. Barnes & Noble, 1163 Valley River Dr. FREE.

Blazing Paddles continues. See Thursday, July 5

Centennial chess club continues. See Thursday, July 5

Pool Hall continues. See Thursday, July 5

SOCIAL DANCE Folk Dancing for Seniors, request & lessons, 2:30:30pm today, Willamalane Adult Activity Ctr., 215 W. C St., Spfd; 2:30-4pm Monday, Campbell Community Ctr., 155 High St., info at 541-603-0998. \$25-\$1.

Advanced dance class w/Taller de Son Jarocho, 4:30-6pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Oregon Ballroom Dance Club, 7:30-10:30pm, Global Scholars Hall, rm. 123, UO Campus. FREE.

Swing Dance w/ Live Music from Blue Skies Big Band, 7-10:30pm, The Vet's Club, 1626 Willamette St. \$15.

Eclectic Vibes Friday, 9pm-2am, The Poker Lounge, 2043 River Rd. FREE.

Salsa Dancing, intro class 9pm, open dancing 10pm-1am, Salseros Rm., upstairs, 1626 Willamette St. \$10.

Dancing, 10pm-2:30am today & tomorrow, The Drake, 77 W. Broadway. FREE.

SPIRITUAL Refuge Recovery, check RefugeEugene FB for updated schedules, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Zen Meditation Group, good for beginners 7:30-8:30pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

THEATER *Midsummer: A Musical*, 7:30pm today, tomorrow & Thursday, July 12, 2pm Sunday, The Very Little Theatre, 2350 Hilyard St. \$12.

VOLUNTEER First Fridays at Finn Rock Reach, tackle invasive species & clean the newly opened path, Finn Rock Reach, Finn Rock Boat Landing Quartz Creed Rd., Vida. FREE.

Native Plant Nursery Volunteer Work Party, 1-4pm, Alton Baker Park, Native Plant Nursery. FREE.

SATURDAY

JULY 7
SUNRISE 5:37AM; SUNSET 8:57PM
AVG. HIGH 81; AVG. LOW 51

ART/CRAFT Open studio, 3-5pm, Art Space at The Crafty Mercantile, 517 E. Main St., Cottage Grove. Don.

BENEFIT Art & the Vineyard Festival continues. See Friday.

COMEDY Comedy Open Mic, 6:30pm signup, 7pm open mic, Cush Cafe, 1235 Railroad Blvd. \$2-\$3 Don.

FARMERS MARKETS Hideaway Bakery Farmers Market, 9am-2pm, Hideaway Bakery, 3377 E. Amazon. FREE.

Lane County Farmers Market, 9am-3pm, 8th Avenue & Oak Street. FREE.

FOOD for Lane County Youth Farm Stand, 10am-2pm, FOOD For Lane County Youth Farm, 705 Flamingo Ave., Spfd. FREE.

Eugene Saturday Market, 10am-5pm, 8th & Oak. FREE.

Good Food Easy Farm Stand, 10am-2pm, Creswell Bakery, 182 S. 2nd St., Creswell. FREE.

Spencer Creek Community Growers Market, 10am-2pm, Spencer Creek Grange, 86013 Lorane Hwy. FREE.

Winter Market, 10am-2pm, 8th Ave & Oak St. FREE.

Coast Fork Farm Stand, 11am-6pm, 10th & Washington, Cottage Grove. FREE.

The Corner Market continues. See Thursday, July 5.

GATHERINGS Al-Anon, friends & family of alcoholics, beginners meeting, 9am, Bethesdal Lutheran Church, 4445 Royal Ave., 541-554-3707. FREE.

Our Revolution Lane County, 11am-1pm, Theo's Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Drum Circle, hand drums preferred, noon-5pm, Cush Cafe, 1235 Railroad Blvd. FREE.

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE.

HEALTH Flow Yoga, ages 18+, 11am-noon, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$9.

Tai Chi Chih, 6 weeks classes, noon-1pm, LaValle Vineyards, 89697 Sheffler Rd., Elmira.

POP Pilates, 12:30-1:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., ste. 206. \$10-\$15.

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES Family Yoga Time, 9-10am, Common Bond Yoga, 326 Main St. FREE.

Family Music Time, 10:15am, downtown library. FREE.

Family Music Time, en español, 11:15am, Bethel branch library, 1990 Echo Hollow Rd. FREE.

Legos, 10:15am, Sheldon branch library, 10:15am, Bethel branch library, 541-682-8316. FREE.

Adventure! Weird Science w/ Lauren, 11am-noon today & Monday, Adventure! Children's Museum, 490 Valley River Ctr. FREE.

Family Nature Discovery Day, "All About Owls," 11am-3pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. FREE.

Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE.

LECTURES/CLASSES Dive Deep into Happiness, 4-5pm, Natural Grocers, 201 Coburg Rd. FREE.

Talks at the MNCH continues. See Thursday, July 5

ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

Music Hour w/ Wally Bowen, 1-2pm today & tomorrow, 92.5 KOFC

Reverb w/ Sean Cummins, 2-4pm, 92.5 KOFC

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Neil Diamond, 7-9pm, KRVM.

The Dr. Yeti Show, 10pm-midnight today & tomorrow, 92.5, KOFC.

OUTDOORS/RECREATION Eug/Spfd Mossbacks Volkssport Club, walk in the Cedar Mill area of Portland, 7am, meet at Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$10.

First Saturday Park Walk, explore local ecology, 9-11am, Skinner Butte Park, 248 Cheshire Ave. FREE.

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Recreational Bicycle Rides, rides vary 20-80 miles, 9am, Alton Baker Park, 622 Day Island Rd. FREE.

Dragonflies & Damselflies Walk, 11am-1pm, Mt. Pisgah Arboretum, 34901 Frank Parrish Rd. FREE-\$5.

The Garden Conservancy & WVHPG Open Garden Tour, noon-4pm, Buell Steelman & Rebecca Sams Garden, 662 W. 25th Pl. FREE.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main St., Cottage Grove, info at delightcg@gmail.com. FREE.

Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE.

Eugene Pro Rodeo, motorcycle jumps, bull rides & fireworks, 7:30pm-midnight, Eugene Pro Rodeo, 90751 Prairie Rd. \$21.75.

Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd, 541-636-2961. FREE.

Blazing Paddles continues. See Thursday, July 5

Centennial chess club continues. See Thursday, July 5

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

Salsa Social, 5:30-9:30pm, Noble Estate Urban, 560 Commercial St. \$5-\$7.

Ballroom Practice & Social, 6-10pm, The Vet's Club, 1626 Willamette St. \$5.

Eclectic Vibes, 9-11:30pm, The Lounge, 2043 River Rd. FREE.

Dancing, 10pm-2:30am, The Drake Bar, 77 W. Broadway. FREE.

SPIRITUAL Day-long meditation, 10am-4pm, Ctr. for Sacred Sciences, 5440 Saratoga St. FREE.

Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St. FREE.

THEATER Audition for *Shrek the Musical*, prepare to sing 16-32 bars of a song similar to the style of the show, 6-8pm, Cottage Theatre, 700 Village Dr. FREE.

Midsummer: A Musical continues. See Friday.

VOLUNTEER First Saturdays in Awbrey Park, volunteer to help the park, 9am-noon, Awbrey Park, River Rd. & Spring Creek Dr. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

SUNDAY

JULY 8
SUNRISE 5:37AM; SUNSET 8:56PM
AVG. HIGH 81; AVG. LOW 51

ART/CRAFT Drink n' Draw, drink beer & meet local cartoonists, 7-9pm, Falling Sky Brew Pub, 1334 Oak Alley. FREE.

BENEFIT Art & the Vineyard Festival continues. See Friday.

COMEDY Sunday Bloody Sunday! Welcome To Hell: A Comedy Open Mic, 8-10pm, Old Nick's Pub, 211 Washington St. FREE.

FARMERS MARKET Fairmount Neighborhood Sunday Farmers Market, 10am-2pm, 19th Ave. & Agate St. FREE.

Little Wings Farm Stand, 10am-2pm, Tacovore, 530 Blair Blvd. FREE.

Whiteaker Community Market, 11am-4pm, Whiteaker Community Market, 1111 2nd Ave. FREE.

Dexter Lake Farmers Market, noon-4pm, Rolling Rock Park, at the corner of Shore Dr., Lowell. FREE.

FILM Video showing, lecture by Shinzen Young, Ctr. for Sacred Sciences, 5440 Saratoga St. FREE.

FOOD/DRINK Yoga @ the LAB, 10:30-11:30am, Oregon Wine Lab, 488 Lincoln St. \$15.

Paleo Pancakes: Red, White & Blueberry, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE.

GATHERINGS Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

HEALTH Family Yoga on the Farm, 11:15am-12:15pm, Agrarian Ales, 31115 W. Crossroads Lane West. \$18.

Occupy Eugene Medical Clinic, noon-4pm, Washington Jefferson Park, Washington St. & W. 5th Ave. FREE.

KIDS/FAMILIES Eugene Imagination Yoga, 10:15am-noon, Celebration Belly Dance & Yoga, 1840 Willamette St., Suite 206. \$8-\$10.

LECTURES/CLASSES Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

DanceAbility Spring Classes continues. See Thursday, July 5

Talks at the MNCH continues. See Thursday, July 5

LITERARY ARTS "Burnin' Down the Barnes," monthly poetry performance, 3-5pm, Eugene Barnes & Noble, 1163 Valley River Ctr. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWWA 88.1FM & kwvaradio.org.

Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVM.



9:30PM FRIDAY, JULY 6TH:
BAD MUSIC FOR BAD PEOPLE WITH DJS LAWLESS, JENN & DAWN BABY \$3 (ROCK AND SOUL DJS)

10PM SATURDAY, JULY 7TH:
THE CRITICAL SHAKES, LAVENDAR SACRED, DAMPER, THE DIMLY LIT (\$5) (GARAGE, PUNK)

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BEST HAPPY HOUR!
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