

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Co-Dependents Anonymus, 12-step meeting, 6-7pm, Well-springs Friends School, 3590 W. 18th Ave. FREE.

Keep It Simple Spfd Al-Anon Family Group, 6:30-7:30, Spfd Lutheran Church, 1542 I St., Spfd. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Laughter Yoga, 7:30-9pm, 658 Madison St. FREE. White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday. White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, June 28..

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Stories of America, Music & Art w/ Librarian Taylor, 6:30pm, Spfd Public Library, 225 5th St., Spfd. FREE.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Learn 1 song & parade w/ Samba Ja, 8pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, June 28

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE.

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Virtual Reality, ft. Rick & Morty VR, The Drake Bar, 77 W. Broadway. FREE.

Adult intro to ki-aikido continues. See Thursday, June 28

Blazing Paddles continues. See Thursday, June 28

Duplicate Bridge continues. See Thursday, June 28

Pool Hall continues. See Thursday, June 28

SOCIAL DANCE Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Orientation Meeting at Saraha Nyingma Buddhist Institute, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.



Look, up in the sky! It's a bird! It's a plane! It's Girl Con! Ophelia's Place, a Eugene-based community center for girls, is having their first parent-daughter **Girl Con**. Abby James, the youth events coordinator at Ophelia's Place, says Girl Con is intended to give girls a chance to experience a comic convention in a low-cost, safe space. James says that many large comic conventions, due to their location and elite status, are inaccessible. "It is difficult to get to, even as a privileged adult. So for some girls, who are just trying to experience this thing, what an intimidating thing to try and get around," James says. "I just wanted to give them a chance to test out and see if it's a community that they're interested in being a part of." Girl Con also provides a unique space that is separate from the typically male-dominated comic-con communities. "The culture for comic-con is definitely something that is marketed to young boys," James says. "It can be really hostile towards women, which is why a lot of folks don't want to go to these conventions." However, any parent or guardian is welcome. "It's a parent-daughter event, so these girls are able to bring whichever guardian they feel they would be able to enjoy the experience with," she says. The event will incorporate different presentations and activities about comics, gaming and art. Illustrator Meg Quinn will be a guest artist, hosting a presentation and answering questions. Girl Con will also have makeup artists and temporary tattoos. She says. "There's going to be costume design, cosplay design, LARPing, there's a little bit of everything." Girl Con takes place 1 to 4:30 pm Saturday, June 30, at the LCC Downtown. Info at opheliasplace.net. FREE or sug. don. — *Taylor Griggs*

Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Rudra Meditation [Kundalini Yoga Meditation] continues. See Thursday, June 28

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

JULY 3
SUNRISE 5:33AM; SUNSET 8:58PM
AVG. HIGH 79; AVG. LOW 50

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Singing Heart, call & response all voices, 10:30-11:50am, McNail-Riley House, 601 W. 13th Ave. \$10.

Resist Trump Tuesday, noon, Federal Courthouse, 405 E. 8th Ave. FREE.

Rush Hour Resistance, progressive protest every Tuesday, 5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Breaking Bingo w/ Hunter-Downe Knightly, 9pm, Old Nick's Pub, 211 Washington St. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, June 28.

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Suite 206. \$10-\$15.

Tai Chi in the Park Blocks continues. See Thursday, June 28

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, June 28.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd Public Library, 225 5th St., Spfd. FREE.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Pajama Storytime, 6:30pm, downtown library. FREE.

Table Tennis for kids continues. See Thursday, June 28

LECTURES/CLASSES Movement for Memory: A Dance Class For Your Brain, 11am-noon & 1-2pm, Park Blocks, 44 E. 7th Ave. FREE.

"eBooks & more," learn how to download entertainment w/ your library card, 4:30pm, downtown library. FREE.

Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

Chair Yoga for the elderly continues. See Thursday, June 28.

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, June 28

LITERARY ARTS Wordcrafters' Be Write In: Virtual Write-In, 1-2:30pm, online only, wordcraftersineugene.org/bewritein. FREE-\$5.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, June 28

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Eug/Spfd Mossbacks Volkssport Club, walk in Yachats, 9:45am, Overleaf Lodge, 280 Overleaf Lodge Ln., Yachats. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE.

Board Game Night continues. See Thursday, June 28

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

LEARN MORE ABOUT EACH DAYS EXCITING EVENTS
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