

White Bird Free Walk-In Counseling & Referral continues. See Thursday.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES YMCA Teen Leadership Program, teens develop leadership, all day, YMCA, 2055 Patterson St. \$25.

Jungle River Adventure Vacation Bible School, 9am-noon through Thursday, June 21, First Landmark Missionary Baptist Church, 421 South 40th St., Spfd. FREE.

Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

NCU Sports Camps for Kids, 3pm, YMCA, 2055 Patterson St. Prices vary.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Learn 1 song & parade w/ Samba Ja, 8pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, June 14

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE.

Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Virtual Reality, ft. Rick & Morty VR, The Drake Bar, 77 W. Broadway. FREE.

Adult intro to ki-aikido continues. See Thursday, June 14

Blazing Paddles continues. See Thursday, June 14

Duplicate Bridge continues. See Thursday, June 14

Pool Hall continues. See Thursday, June 14

SOCIAL DANCE Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

THEATER Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

JUNE 19
SUNRISE 5:29AM; SUNSET 8:58PM
AVG. HIGH 74; AVG. LOW 48

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

FARMERS MARKET Tuesday Farmers Market, 10am-3pm, 8th Ave & Oak St. FREE.

FOOD/DRINKS Drink & Draw, 9pm, 5th Street Cornucopia, 207 E. 5th Ave. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Singing Heart, call & response all voices, 10:30-11:50am, McNeil-Riley House, 601 W. 13th Ave. \$10.

Resist Trump Tuesday, noon, Federal Courthouse, 405 E. 8th Ave. FREE.

Rush Hour Resistance, progressive protest every Tuesday, 5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Breaking Bingo w/ Hunter-Downe Knightly, 9pm, Old Nick's Pub, 211 Washington St. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, June 14.

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing

Project, 2222 Coburg Rd., 541-687-9447. don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., Suite 206. \$10-\$15.

Tai Chi in the Park Blocks continues. See Thursday, June 14

White Bird Walk-In Counseling & Referral continues. See Thursday.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Pajama Storytime, 6:30pm, downtown library. FREE.

Table Tennis for kids continues. See Thursday, June 14

LECTURES/CLASSES Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

Food Preservation from Your Garden, 7-8pm, OSU Extension Office, 996 Jefferson St. FREE.

Chair Yoga for the elderly continues. See Thursday, June 14.

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, June 14

LITERARY ARTS Wordcrafters' Be Write In: Virtual Write-In, 1-2:30pm, online only, wordcraftersineugene.org/bewritein. FREE-\$5.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, June 14

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE.

Board Game Night continues. See Thursday, June 14

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

New Hikes on the Oregon Coast, 7pm, Fern Ridge Library, 88026 Territorial Hwy, Veneta. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Bingo Bongo, 9-11pm, The Drake Bar, 77 W. Broadway. FREE.

Drink & Draw, games, prizes, drawing, 9pm, 5th Street Cornucopia, 207 E. 5th Ave. FREE.

Killer Queen League Night, 5-on-5 arcade battle, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE.

Blazing Paddles continues. See Thursday, June 14

Board Game Night continues. See Thursday, June 14

Duplicate Bridge continues. See Thursday, June 14

Pool Hall continues. See Thursday, June 14

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

Bailonga: Argentine Tango Milonga, 7-10pm, The Vet's Club, 1626 Willamette St. \$5

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

SPIRITUAL Zen Meditation Group, 7-8am, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Tuesday Meditation, 6-7pm, Open Sky Shambhala, 783 Grant St. FREE.

Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening techniques, work party, 9am-noon,

Hendricks Park, Summit Ave. & Skyline Blvd. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, June 14

WEDNESDAY

JUNE 20
SUNRISE 5:29AM; SUNSET 8:59PM
AVG. HIGH 74; AVG. LOW 48

BENEFIT KEPW fundraiser at Hop Valley Brewing, every \$1 from beer goes to KEPW, 5-8pm, Hop Valley Tasting Room, 990 W. 1st Ave. FREE.

COMEDY Open Mic Comedy, 6:30pm signup, 7pm show, The Drake Bar, 77 W. Broadway. FREE.

DANCE Scrumptious Scoundrels, 7-9pm, The Drake, 77 W. Broadway. \$3.

FARMERS MARKETS Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd. FREE.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINK Wine Down Wednesday, \$3 glasses 1/2 off bottles, 5-9pm, Ax Billy Grill, 999 Willamette St. FREE.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 2:30-4pm, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

World Refugee Day 2018, 5-8pm, First United Methodist Church, 1376 Olive St. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

"Singing Through the Hard Times": Uniting w/ music, 6-8:30pm, Free Speech Plaza, 799 Oak St. FREE.

Death Cafe, small group gatherings to talk about death, 7-8:30pm, Lane County Behavioral Health Services, 2411 Martin Luther King Jr. Blvd. FREE.

Eugene Order Of Steel Happy Hour Bout, 7-9pm, Old Nick's Pub, 211 Washington St. FREE.

Singing Heart Community Singing, 7-8:30pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave. \$10.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm,



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SAT JUNE 23: INTO THE FLOOD 10PM
THURS JUNE 28: BENT KNEE 8:30P

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TONIGHT!
THURSDAY JUNE 14
7 PM DOORS 8 PM SHOW 21+ AGES