

LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, May 17

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, May 17

HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. Don.

Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Pajama Storytime, 6:30pm, downtown library. FREE.

Table Tennis for kids continues. See Thursday, May 17

LECTURES/CLASSES Eugene Garden Club Program, learn to save water this summer, 1-2:30pm, Eugene Garden Club, 1645 High St. FREE.

Tai chi for balance for total beginners, 1-2pm, St. Thomas Episcopal Church, 1465 Coburg Rd. Don.

Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., ste. 206. \$10-\$15.

Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

Chair Yoga for the elderly continues. See Thursday, May 17

POP Pilates continues. See Saturday.

Talks at the MNCH continues. See Thursday, May 17

LITERARY ARTS Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, May 17

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Eug/Spfd Mossbacks Volkssport Club, walk & clean up Eastgate Trail, 9am, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE.

Board Game Night continues. See Thursday, May 17

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, beer-garden., 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Bingo Bongo, 9-11pm, The Drake Bar, 77 W. Broadway. FREE.

Drink & Draw, games, prizes, drawing, 9pm, 5th Street Cornucopia, 207 E. 5th Ave. FREE.

Killer Queen League Night, 5-on-5 arcade battle, 10pm-2am, Level Up Arcade, 1290 Oak St. FREE.

Blazing Paddles continues. See Thursday, May 17

Board Game Night continues. See Thursday, May 17

Duplicate Bridge continues. See Thursday, May 17

Pool Hall continues. See Thursday, May 17

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.



Jeff Cohen, the founder of progressive media watchdog group Fairness and Accuracy in Reporting (FAIR), will discuss the importance of a free press on his Oregon tour, which starts May 23 in Eugene. David Zupan, the director of Progressive Voices, says this organization invites progressive speakers to communities throughout the country. Cohen will promote his most recent documentary, *All Governments Lie: Truth, Deception and the Spirit of I.F. Stone*, which examines government deception and the importance of a free press. Zupan calls an independent media "critical" for a democratic society. Cohen's film celebrates journalists who expose government deception as they search for truth, which is especially necessary in today's political atmosphere, he adds. "There are so many threats," Zupan says. "We see the decline of the newspapers, the merging of media outlets." He says that there are few people who now control the news that people receive, and that this is dangerous for unbiased access to information. Zupan says that he hopes people will learn from Cohen's message, and gain some optimism, too. "Sometimes it's kind of overwhelming, the bad news that we hear," he says. "It's important to realize that we're part of a very large movement of resistance and that we need to celebrate our accomplishments and realize that we're in this together." From 5-7 pm May 23 there will be a meet and greet no host reception for Jeff Cohen at Cafe Soriah, Sliding scale don. \$10 to \$50 benefits Eugene PeaceWorks and KEPW radio. There will be a showing of *All Governments Lie: Truth, Deception, and The Spirit of I.F. Stone* 6 pm May 24, at the Bijou Theater. The film also screens 6 pm May 23, at the UO journalism school in Allen Hall Room 221. And at 5 pm on May 28 there will be a dinner with Cohen at Mazzi's restaurant. Sliding scale don. \$10 and up. Thirty percent of all meals, drinks or take out benefit EPW and KEPW with a voucher from kepw.org. — Taylor Griggs

Bailonga: Argentine Tango Milonga, 7-10pm, The Vet's Club, 1626 Willamette St. \$5

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

SPIRITUAL Zen Meditation Group, 7-8am, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Tuesday Meditation, 6-7pm, Open Sky Shambhala, 783 Grant St. FREE.

Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening techniques, work party, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE.

Volunteer Orientation, 7-8pm, WOW Hall. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, May 17

WEDNESDAY

MAY 23
SUNRISE 5:38AM; SUNSET 8:40PM
AVG. HIGH 68; AVG. LOW 44

ART/CRAFT Betsy Huffsmith, "Wave Power, Dynamism in Nature," acrylics & oils, noon-6pm through Thursday, May 24, New Zone Art Gallery, 220 W 8th Ave. 541-683-0759. FREE.

Pet Portrait Workshop, all materials provided, 6:30-9:30pm, Oregon Academy of Tattoo & Fine Art, 1325 W. 7th Ave. \$30.

The Precious - Abstract continues. See Thursday, May 17

BENEFITS Meet & Greet Journalist & FAIR founder Jeff Cohen, benefit for Eugene PeaceWorks & KEPW Community Radio 97.3 FM, 5-7pm, Cafe Soriah, 384 W 13th Ave, Eugene. Sliding scale don. \$10-\$50.

The Movement Project Shoe Drive continues. See Thursday, May 17

COMEDY Open Mic Comedy, 6:30pm signup, 7pm show, The Drake Bar, 77 W. Broadway. FREE.

FARMERS MARKETS Coast Fork Farm Stand continues. See Saturday.

FILM *Living & Dying: A Love Story*, documentary on Oregon's

Death w/ Dignity Act, Unity of the Valley, 3912 Dillard Rd. \$5 sug. don.

FOOD/DRINK Wine Down Wednesday, \$3 glasses 1/2 off bottles, 5-9pm, Ax Billy Grill, 999 Willamette St. FREE.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or Don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 2:30-4pm, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Learn languages online, 5:30-6:30pm, downtown library. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Downtown Neighborhood Eugene, general meeting, 6-7:30pm, downtown library. FREE.

NAMI Veteran & Family Connection Pizza Night, 6pm, Boy Scouts of America Oregon Trail Council Building, 2525 MLK Blvd. FREE.

GEARs Program—The Bamboo Road: Shanghai to Singapore on Two Wheels, hear stories of 62 days through Southeast Asia, 6:30-8pm, Eugene Garden Club, 1645 High St. FREE.

Death Cafe, small group gatherings to talk about death, 7-8:30pm, Lane County Behavioral Health Services, 2411 Martin Luther King Jr. Blvd. FREE.

Singing Heart Community Singing, 7-8:30pm, Unitarian Universalist Church of Eugene, 1685 W. 13th Ave. \$10.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, May 17

HEALTH Pet "Pre-Grief" Coping Support Group, 1-2pm, Companioning Care LLC, 696 Country Club Rd. \$5-\$20.

Dive deep into happiness, 4-5pm, Natural Grocers, 201 Coburg Rd. FREE.

Full Body Group Acupuncture w/Karen, by appt. only, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$10.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.



25th Annual

bark in the park

presented by 

Sunday, **May 20**

Alton Baker Park, Eugene



A Fundraising Event for



5K or 10K RUN & 2K WALK

Register today to help the animals!

Fundraise as a team or individual!

green-hill.org