

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE. Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE. Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE. SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE. Bingo! 9pm, Sam Bond's Garage, 407 Blair Blvd. FREE. Refuge Recovery Meeting continues. See Friday. White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, May 3 HEALTH Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE. Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9. Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9. Laughter Yoga, 7:30-9pm, 658 Madison St. FREE. White Bird Free Walk-In Counseling & Referral continues. See Thursday. Pet Grief Support Group, 7-8pm, Companioning Care LLC, call if first time, 541-255-7116. \$5-\$20. Tai chi for Balance or Yoga Therapy sessions continues. See Friday. KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE. Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE. STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE. Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE. LECTURES/CLASSES Safe Internet Surfing, 3pm, Bethel branch library, 1990 Echo Hollow Rd. FREE. Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.	DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don. Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9. Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE. ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday. "The Point" continues. See Thursday, May 3 OUTDOORS/RECREATION Garden & Community: Tuesdays at Hendricks Park, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE. Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in. Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro. The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE. Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE. Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE. Big Blue Trivia Night, 6:30-8pm, Oregon Wine Lab, 488 Lincoln St. \$10. Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE. Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE. Mario Kart Tournament, 9pm-2:30am, The Drake Bar, 77 W. Broadway. FREE. Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE. Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE. Adult intro to ki-aikido continues. See Thursday, May 3 Blazing Paddles continues. See Thursday, May 3 Duplicate Bridge continues. See Thursday, May 3 Pool Hall continues. See Thursday, May 3 SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.	Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don. Dance Empowered w/Cynthia Valentine continues. See Saturday. SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE. Orientation Meeting at Saraha Nyingma Buddhist Institute, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE. Refuge Recovery, 6-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE. TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE. Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE. VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.	5-6pm, Federal Courthouse, 405 E. 8th Ave. FREE. Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE. NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE. NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE. Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE. Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE. Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE. Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE. Eugene Maker Space Open Hack continues. See Friday. Overeaters Anonymous continues. See Thursday, May 3 White Bird Now Free Walk-in Counseling & Referral continues. See Thursday, May 3 HEALTH Nia-Moving to Heal, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don. Cognitive Emotional Wellness Acupuncture, 12:30-2pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10. KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd library, 225 5th St., Spfd. FREE. Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80. Pajama Storytime, 6:30pm, downtown library. FREE. LECTURES/CLASSES Tai chi for balance for total beginners, 1-2pm, St. Thomas Episcopal Church, 1465 Coburg Rd. Don. Selling on Etsy - Getting Started, 5-7pm, LCC downtown campus, 101 W. 10th Ave. \$45. Evening POP Pilates, 5:30-6:30pm, Celebration Belly Dance & Yoga Studio, 1840 Willamette St., ste. 206. \$10-\$15. Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com.	\$15 drop-in or \$130 for 10 sessions. Budgeting for nonprofits, 6pm, downtown library. FREE. Discover Your Watershed Science Pub: Acres of Adventure at Thurston Hills Natural Area, 6-8pm, Hilltop Bar & Grill, 35831, OR-58 #2. FREE. Chair Yoga for the elderly continues. See Thursday, May 3 POP Pilates continues. See Saturday. Talks at the MNCH continues. See Thursday, May 3 LITERARY ARTS Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE. ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWWA 88.1FM. "The Point" continues. See Thursday, May 3 Taste of the World w/Wagoma continues. See Saturday. OUTDOORS/RECREATION Wetland Wander at Dragonfly Bend, 11am-12:30pm, Dragonfly Bend, Royal Ave. FREE. Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE. Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE. Tuesday Night Pub Run at Tap & Growler! 6-9pm, Tap & Growler, 207 E. 5th Ave. FREE. Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE. Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE. Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE. WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE. WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE. WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE. Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE. Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE. Bingo Bongo, 9-11pm, The Drake Bar, 77 W. Broadway. FREE. Drink & Draw, games, prizes, drawing, 9pm, 5th Street Cornucopia, 207 E. 5th Ave. FREE. Blazing Paddles continues. See Thursday, May 3 Board Game Night continues. See Thursday, May 3 Duplicate Bridge continues. See Thursday, May 3 Pool Hall continues. See Thursday, May 3	SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12. Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd, 541-344-7591. \$3-\$7. Bailonga: Argentine Tango Milonga, 7-10pm, The Vet's Club, 1626 Willamette St. \$5 UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE. Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE. SPIRITUAL Zen Meditation Group, 7-8am, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE. Tuesday Meditation, 6-7pm, Open Sky Shambhala, 783 Grant St. FREE. Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE. Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE. VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening techniques, work party, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE. Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, May 3
--	--	---	---	--	---



Oak Hill Summer Program

~2018~

SUPER Summer - June 25-July 13
Gifted students K-7th -Located at Oak Hill School

Summer Enrichment Program (SEP) July 15- July 28
Grades 6-11th
A residential academic experience located at the University of Oregon

Something for everyone!

Summer on the Hill June 25-Aug 24
All students K- 11th -Located at Oak Hill School

www.oakhillschool.com

AUDITIONS for a new play

Checkpoint by Martin Cohen
Directed by Stanley Coleman

A compelling drama about how the daily conflict of war and occupation has torn apart Israeli and Palestinian family life.

Three Weekends from
June 19 to July 8
at the Richard E. Wildish Theater

Auditions, May 6 at 1:00pm, May 10 at 6:30pm, May 12 at 1:00pm
Lane Community College
DOWNTOWN Campus,
101 W 10th Ave
Email: martcoh@hotmail.com
for play script



Housecalls

Holistic Veterinary Medicine

MOBILE SERVICES FOR
COMPANION PETS & LIVESTOCK

OVER 25 YEARS EXPERIENCE

HOLISTIC.NUTRITION.HOMEOPATHY

IN-HOME EUTHANASIA

Ann Swartz DVM
CERTIFIED VETERINARY HOMEOPATH
holisticvetoregon.com
541-944-4122

