

WHAT'S HAPPENING

THURSDAY MARCH 29

SUNRISE 6:58AM; SUNSET 7:35PM
AVG. HIGH 58; AVG. LOW 38

ART/CRAFT Colored Pencil Class w/Denise Zanetta, drop-in art class, one-on-one instruction, 2-4pm today & Thursday, April 5, Emerald Art Ctr., 500 Main St., Spfd. \$15.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm today, tomorrow & Thursday, April 5 & Saturday 10am-4pm, 295 River Rd., 541-513-4527. FREE.

GATHERINGS Overeaters Anonymous, 7-8am today, Tuesday & Thursday, April 5, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

NAMI Lane County Friendship Group, 10am today & Thursday, April 5, Jack Sprats, 510 E. Main St., Cottage Grove. FREE.

Healing Through Discussion Support Group, 10:30am-noon today & Thursday, April 5, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, April 5, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, April 5, 2411 Martin Luther King Jr. Blvd. FREE.

NAMI Mindfulness Group, 4-5pm today & Thursday, April 5, NAMI

Resource Ctr., 2411 Martin Luther King Blvd., 541-520-3096. FREE.

Men's Meet Up, for survivors of sexual assault, self-identified men 18+, 4:30-6pm today & Thursday, April 5, SASS, 591 W. 19th Ave. FREE.

White Bird Now Free Walk-in Counseling & Referral, 5:30pm today, Monday, Tuesday & Wednesday & 11:30am Saturday, downtown library. FREE.

Plant Nerd Night, 6-8:30pm, Eugene Garden Club, 1645 High St. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, April 5, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, April 5, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8:30pm, NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd. FREE.

HEALTH Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, April 5, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Mindfulness, 11:15am-noon today & Thursday, April 5, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Mindful & Wellness @ Work, 5:30-6:30pm, Natural Grocers, 201 Coburg Rd. FREE.

LECTURES/CLASSES Chair Yoga for the elderly, 10-11am today, Tuesday & Thursday, April 5, Saint Thomas Episcopal Church, 1465 Coburg Rd. Don.

New to Medicare? 2-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, April 5, all abilities & disabilities, Hilyard Community Ctr., 2580 Hilyard St., 541-357-4982. don.

Cash Flow Simplified for Small Business, 6pm, downtown library. FREE.

Plant Nerd Night, learn about the latest trends in plants & landscaping, 6-8:30pm, Eugene Garden Club, 1645 High St. FREE.

LITERARY ARTS Architecture of Internment - The Build Up to Wartime Incarceration, 6-8pm, Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

J.A. Jance Reading & Book Signing, 6-7:30pm, Spfd Public Library, 225 5th St., Spfd. FREE.

KIDS/FAMILIES Spring Break Kids Camp, ages 5-12, register at programs@downtownac.com, 8am today & tomorrow, Downtown Athletic Ctr. Inquire for price.

Spring Break Nature Camps, 9am-3:30pm today & tomorrow, Dorris Ranch, 205 Dorris St., Spfd. \$67.

Busy Birdies, build a bird nest, listen to tweeted tunes, etc, 10-11:30am, Alton Baker Park. \$5.

Family Music Time, 10:15am today & Thursday, April 5, downtown library, 541-682-8316. FREE.

Walkers storytime, for babies up on their feet w/their caregivers, 10:15am & 11am today & Thursday, April 5, downtown library. FREE.

The Shark Riddle Show, join filmmakers & sister/brother duo Laura & Robert Sams for a shark-filled show based on their children's film, 11am, Bethel branch, 1990 Echo Hollow Rd., & 2pm, Sheldon branch, 1566 Coburg Rd. FREE.

Babies-Toddlers Storytime, 4pm today & Thursday, April 5, 11am Wednesdays, Goose Resale 1075 Chambers, 541-343-1300. FREE.

Family STEAM, enjoy hands-on fun & learning together w/ science, technology, etc., 4pm today & Thursday, April 5, Bethel Library, 1990 Echo Hollow Rd. FREE.

Table Tennis for kids, 4:45-6:15pm today, Tuesday & Thursday, April 5, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE w/ membership.

ON THE AIR "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow &

Monday through Thursday, April 5, KPOV 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, April 5. Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, April 5, KLCC 89.7FM.

OUTDOORS/RECREATION

Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, April 5, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, April 5, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, April 5; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, April 5, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, April 5, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, April 5, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, April 5, Funagain Games, 1280 Willamette St. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, April 5, Oregon Wine LAB. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, April 5, OKS, 1071 W. 7th. FREE.

Cards Against Humanity w/ Charley, 7pm today & Thursday, Brew & Cue, 2222 State Hwy. 99 N., 541-461-7778. FREE.

WDYK Trivia w/Alan, 7pm today & Thursday, April 5, Gateway

Grill, 3198 Gateway St., Spfd., 541-653-8876. FREE.

WDYK Trivia w/Stephanie, 7pm today & Thursday, El Tapatio, 725 E. Gibbs Ave., Cottage Grove, 541-767-0457. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, April 5, Side Bar, 1680 Coburg Rd., #108. FREE.

Blazing Paddles, table tennis club (ping pong), We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, April 5, check website for times & occasional cancellations, lanetablenetennis.net. \$5.

SOCIAL DANCE Line Dance Lessons, 6-8pm today & Thursday, April 5, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE.

Crossroads Blues Fusion, beginning & intermediate blues dancing lessons 7-8pm today & Thursday, April 5, open dance 8-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, work-trade available.

English & Scottish Country Dancing, 7pm today & Thursday, April 5, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, April 5, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, April 5, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Refuge Recovery, 7-8:30pm today & Thursday, April 5, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, April 5, Zen West,



I think we can all agree that bread is pretty dang tasty, unless you have some sort of gluten intolerance — if so, I'm sorry, gluten-free bread just isn't the same to me. But have you ever baked a loaf? There's actually a scientific process that goes into making your favorite slice of sourdough, ciabatta or rye. On Wednesday, April 4, The Museum of Natural and Cultural history presents **Ideas on Tap: The Microbiology of Bread**. The event features University of Oregon microbiologist Karen Guillemin who will speak on the microbiology of the production, and consumption, of bread. Ideas on Tap is every Wednesday with a new science-focused lecture.

Ideas on Tap: The Microbiology of Bread is 6 to 8 pm on Wednesday, April 4, at Sprout! Regional Food Hub (418 A Street, Springfield). FREE. — *Meerah Powell*

NEW!

SUBMIT EVENTS ONLINE

We are now taking online submissions for our What's Happening calendar. Head over to eugeneweekly.com, click the menu button on the right side and hit "Submit an Event." Fill out the form and you're done! This is replacing the email system we used in the past.