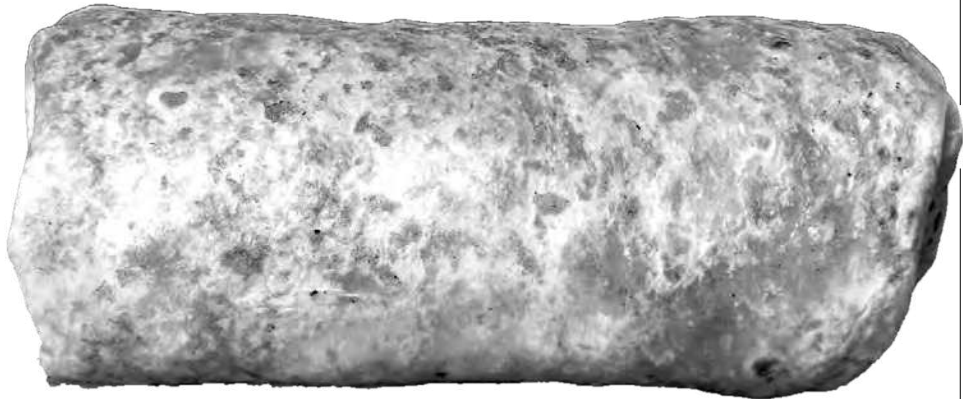




The Burrito Brigade, a determined group of local volunteer who feed the hungry every week, is a beloved nonprofit in our town. But haven't you always wondered what those mystical burritos taste like? Well now you can find out. Off The Waffle will soon be hosting **Bite of Burrito Brigade**, a benefit for the beloved burrito benefactors — say that five times fast. For \$5, you can finally get a taste of Burrito Brigade's signature hearty vegan burritos. If you're not a tortilla person, you can also have it as a bowl. The event will feature beer and wine for purchase, live music, a silent auction and a raffle. You can even buy T-shirts! All proceeds from the event go towards the Burrito Brigade mission.

Bite of Burrito Brigade is 5:30 pm to 8:30 pm Friday, March 9 ,at Off the Waffle's downtown location, 840 Willamette Street. Free to attend, \$5 for burritos. — *Kelly Kenoyer*

Cascadia Forest Defenders Meeting, 6-7:30pm, Growers Market upstairs, 454 Willamette. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Depression & Bipolar Support Alliance, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8pm, Healing Matrix, 632 Main St., Cottage Grove. FREE.

NAMI Lane County's Connection Support Group, 6:30pm, NAMI Resource Ctr., 2411 MLK Jr. Blvd. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove

Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer

Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

trawmawkwarD;, 7:07-8:08pm, McNail-Riley House, 601 W. 13th Ave. FREE.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Preschool STEAM, 10:15am, bethel branch, 1990 Echo Hollow Rd. FREE.

Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

LECTURES/CLASSES Mindful Yoga for Chronic Pain, 8-week program to develop tools for living more skillfully w/chronic pain, 2-3:30pm, Oregon Mind Body Institute, 1339 Oak St., katemorganllc@gmail.com. Insurance may cover some or all fees, please inquire for cost.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. \$9.

NAMI Lane County's Home-front Class, 6:30-9pm, NAMI

Resource Ctr., 2411 MLK Jr. Blvd., register at sarahmerkle@namilane.org or 541-343-7688. FREE.

Vegan Cooking Class "Cooking Under Pressure," 6:30-8:30pm, Eugene Adventist Church, 1275 Polk St. FREE.

Eugene Heritage Rose Group: Alison Ctr., Pres. Oregon Chapter NABA "Gardens, Butterflies & Native Bees in Western Oregon," 7-9, Eugene Garden Club, 1645 High St. FREE.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger continues. See Friday.

"The Point" continues. See Thursday, March 8

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia Night, 6-8pm, Gateway Grill, 3198 Gateway St., Spfd. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Mario Kart Tournament, 9pm, The Drake Bar, 77 W. Broadway St. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, March 8

Blazing Paddles continues. See Thursday, March 8

Duplicate Bridge continues. See Thursday, March 8

Pool Hall continues. See Thursday, March 8

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric

Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Refuge Recovery, 7-8:30am, Buddha Eye Temple, 2190 Garfield St. FREE or Don.

Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Study Club, girls ages 10-18, 4-5pm, Ophelia's Place, 1577 Pearl St., ste. 100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

MARCH 13
SUNRISE 7:28AM; SUNSET 7:16PM
AVG. HIGH 56; AVG. LOW 37

COMEDY Comedy open mic, 7pm, Happy Hours, 645 River Rd. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

FOOD/DRINK Drink & Draw, 9pm, 5th St. Cornucopia, 207 E. 5th Ave. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Singing Heart Community Singing, Call & Response, All voices welcome, 10:30-11:50am, McNail-Riley House. Sug. Don. \$10.

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 1-2:30pm, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

NAMI Lane County's Family & Friends Seminar, 5-9pm, NAMI Resource Ctr., 2411 MLK Jr. Blvd. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411

MLK Jr. Blvd., register 541-343-7688. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Creating Connections: Sharing Stories Together, 6:30-8pm, Peterson Barn, 870 Berntzen Rd. FREE.

Industrial Workers of the World meeting, 6:30-8pm, New Day Bakery, 449 Blair Blvd. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, March 8

HEALTH Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Table Tennis for kids continues. See Thursday, March 8

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Parent-Daughter Circle, girls ages 11-15 & one parent of any gender, 6-7:30pm, Ophelia's Place, 1577 Pearl St., ste. 100, pre-register. \$10-\$80.

Pajama Storytime, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Tai chi for balance for total beginners, 1-2pm, Saint Thomas Episcopal Church, 1465 Coburg Rd. Don.

Community Arts Grant Info Session, 4-6pm, Maude Kerns Art Ctr., 1910 E. 15th Ave. FREE.

Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

Camellias: The Revival of an Aristocrat, Robert Herald - botanist & horticultural lecturer, 7-9pm, Campbell Community Ctr., 155 High St. \$5.

"We the People": Expanding the Circle of Citizenship, 7:30-9:30pm, Lillis Hall, UO Campus. FREE.

Chair Yoga for the elderly continues. See Thursday, March 8.

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