

9am, Bethesdal Lutheran Church, 4445 Royal Ave., 541-554-3707. FREE. Our Revolution Lane County, 10am-1pm, Theo's Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE. Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE. Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE. Eugene Avant Gardeners 2018 Envisioning Party, 5-8pm, Growers Market Upstairs, 454 Willamette St. FREE. HEALTH Youth heart screening clinic, ages 12-18, 8am-1pm, Sacred Heart Medical Ctr., Riverbend, Spfd. FREE. Zumba, ages 18+, latin dance meets fitness, 10-11am, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$9. Flow Yoga, ages 18+, 11am-noon, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$9. POP Pilates Throwback Party! Dance choreography & pilates moves = total body workout! Special throwback playlist, costumes encourages, 12:30pm, 1840 Willamette St., B. \$10-\$15, new students FREE today. Pet Grief Support Group [death or loss], 1-2:30pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$10-\$40. Pet-Illness Coping Support Group, 3-4:30pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$10-\$40. KIDS/FAMILIES Family Music Time, 10:15am, downtown library. FREE. Legos, 10:15am, Sheldon branch library, 3pm, Bethel branch library, 541-682-8316. FREE. Cuentos Bilingual Storytime, 11am, Spfd Public Library, 225 5th St., Spfd. FREE. Family Music Time, Songs in Spanish, 11:15am, Bethel branch, 1990 Echo Hollow Rd., 541-682-8316. FREE. Youth Art Works Free Art Class for Kids Ages 6-12, 1-3pm at Emerald Art Ctr., 500 Main St., Spfd, RSVP 541-726-8595. FREE. Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE. Family Swims at warm saltwater Tamarack Pool, 1-2pm today, 6:30-7:30pm & Wednesday, 3575 Donald St. #210. \$4-\$6. Dog Tale Time, kids come read to trained dogs, ages 5-12, 2-3:30pm, downtown library, pre-register 541-682-8316. FREE.	LECTURES/CLASSES African Drum w/Fode Sylla, 9:45-10:45am, WOW Hall. \$12-\$15. "Cloning & Seed-Starting" Class, 1pm, Oregon's Constant Gardener, 990 Garfield St., Register online at ocgfam.com. \$10. "The Nature of Fascism" weekly Freire-style political education hosted by Communist Labor Party Eugene, 2-3pm, Growers Market, upstairs, 454 Willamette St., clpeugene@gmail.com. FREE. Kalapuya Cuisine, learn about Kalapuya food culture w/ Madonna Moss, 3pm, downtown library. FREE. Dive Deep into Happiness via Breath & Meditation, 4-5pm, Natural Grocers, 201 Coburg Rd. FREE. Talks at the MNCH continues. See Thursday, Feb. 22 ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVM. Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29. 60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Neil Diamond, 7-9pm, KRVM. OUTDOORS/RECREATION Brice Creek Destination Trail Run, all paces welcome, 8am, Run Hub N.W., 515 High St. FREE. Eug/Spfd Mossbacks Volkssport Club: walk in Dallas, 8am, Willamalane Adult Activity Ctr., 215 W. C St., Spfd, mossbacks.org. FREE [\$10 carpool]. All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE. The Nature Conservancy & Friends of Buford Park, Willamette Confluence Preserve Tour, 9am-12pm, Directions sent upon Registration: bufordpark.org/tours. FREE Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE. Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE. Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd, 541-636-2961. FREE. Blazing Paddles continues. See Thursday, Feb. 22 Centennial chess club continues. See Thursday, Feb. 22 SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10. West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. \$12-\$15.	Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE. 5th Annual Salsa Festival continues. See Friday. SPIRITUAL Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St. FREE. TEEN Video Game Tournament, noon, downtown library. FREE. THEATER <i>Successful Strategies</i>, 7:30pm today & Thursday, March 1, Oregon Contemporary Theatre, 194 W. Broadway. \$20+. <i>Dogfight: A New Musical</i> continues. See Thursday, Feb. 22. VOLUNTEER Family Volunteer Day, register at mckenzie river.org/volunteer, 10am, Green Island, end of Green Island Rd. FREE. Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE. Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Feb. 22	available, 6pm, Unitarian Church, 1685 W. 13th Ave. \$5-\$20 Sug. Don. Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE. HEALTH Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE. Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15. KIDS/FAMILIES 2018 Children's Purim Carnival, 10am-12:30pm, Temple Beth Israel, 1175 E. 29th Ave. \$0.50+. Family Fun, 2pm, downtown library. FREE. LECTURES/CLASSES Workshops & Beginner Bootcamp at the 5th Annual Eugene Salsa Festival, 10am-5:30pm, Valley River Inn. \$55-65. Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE. Fueling for Fitness, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE. Power of Probiotics - Presentation & Tasting w/Yaakov Levine, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE. Knot tying 102: basic safety & two different single column ties, 6pm, As You Like It; The Pleasure Shop, 1655 W. 11th Ave. \$5. Talks at the MNCH continues. See Thursday, Feb. 22 LITERARY ARTS River Road Reading Series presents three local authors: Scott Lubbock, Erik Muller and Stacie Smith, 4:30-6pm, River Road Annex, 1055 River Rd. FREE. ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29. "The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWVA 88.1FM & kwvaradio.org. Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVM. OUTDOORS/RECREATION TrackTown Fitness, trainings to prepare for Eugene Marathon, 8-9am, Hayward Field. FREE. Play Petanque! Easy to learn/fun to play, free lessons, 1pm today & Wednesday, University Park, University & 24th Ave. FREE. Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE. Malabon Players Society, adult outdoor pickup basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE.	Cards Against Humanity w/ Kevin, 8pm, Max's Tavern, 550 E. 13th Ave., 541-349-8986. FREE. The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. \$5. Blazing Paddles continues. See Thursday, Feb. 22 Duplicate Bridge continues. See Thursday, Feb. 22 SOCIAL DANCE Coalescence: Community Estatic Dance, 10am-noon, WOW Hall. \$8-\$12. Music & Dance Workshop w/ Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE. USA Dance: Ballroom dancing, 5:30-7:30pm, Vet's Club, 1626 Willamette St., 2nd fl. \$3-\$5. Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3. SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE. Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE. Gnostic Mass Celebration, 8pm, Coph Nia Lodge 010, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE. VOLUNTEER Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.	Center, 1465 Coburg Rd. \$10 sug. don. Depression & Bipolar Support Alliance, peer support group for people w/depression or bipolar disorder, 7-8:30 pm, First United Methodist Church, 1376 Olive St. FREE. Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE. NAMI Lane County's Friends & Family Support Group, 7-8pm, Healing Matrix, 632 Main St., Cottage Grove. FREE. Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE. Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE. Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE. SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE. Refuge Recovery Meeting continues. See Friday. HEALTH Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE. Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9. Latin Cardio Fusion, ages 14+, jazz dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9. Tai chi for Balance or Yoga Therapy sessions continues. See Friday. KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE. Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE. STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE. Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE. Pajama Story Time, 6:30pm, Eugene Public Library. FREE. LECTURES/CLASSES Mindful Yoga for Chronic Pain, 8-week
---	--	--	---	---	--



LYLLYE B. PARKER
WOMXN OF COLOR
SPEAKER SERIES

The Women's Center Proudly Presents

HANA SHAFI A.K.A.
FRIZZ KID ART

Visual Artist and Intersectional Feminist Activist

Monday, February 26
From 6-8 PM
EMU Ballroom

Free • Food Provided
Contact diversityWC@gmail.com
for more information