

Spfd Public Library, 225 5th St., Spfd. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

“The Point” continues. See Thursday, Feb. 8

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, Feb. 8

Blazing Paddles continues. See Thursday, Feb. 8

Duplicate Bridge continues. See Thursday, Feb. 8

Pool Hall continues. See Thursday, Feb. 8

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Meditation Session, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.

Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Open silent meditation events continue. See Friday.

TEEN Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

FEBRUARY 13
SUNRISE 7:14AM; SUNSET 5:39PM
AVG. HIGH 50; AVG. LOW 35

ART/CRAFT Yarn & Thread continues. See Saturday.

COMEDY Galentine's Day Comedy Showcase, 7pm, The Drake Bar, 77 W. Broadway. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Resist Trump Tuesdays, peaceful lively rally in opposition to the Trump Agenda, noon-1pm, Federal Courthouse, 405 E. 8th Ave. FREE.

Discussion group in Spanish - Hablar es Sanar grupo de apoyo, 1-2:30pm, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$5.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Industrial Workers of the World Meeting, 7pm, New Day Bakery, 449 Blair Blvd. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, Feb. 8

HEALTH Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don.

Pilates, ages 18+, 5:30-6:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

POP Pilates w/Lila, dance choreography & pilates moves = total body workout, all levels welcome, 5:30pm, 1840 Willamette St., upstairs studio b, bit.ly/popwithlila. \$10-\$15.

Cycle continues. See Thursday, Feb. 8

Gentle Exercise for Wellness continues. See Thursday, Feb. 8

Nia Fusion Fitness continues. See Thursday, Feb. 8

Zumba continues. See Thursday, Feb. 8

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Table Tennis for kids continues. See Thursday, Feb. 8

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Romantic Vegan Valentine Dinner class, 11am-12:15pm, Natural Grocers, 201 Coburg Rd. FREE.

Tai chi for balance for total beginners, 1-2pm, Saint Thomas Episcopal Church, 1465 Coburg Rd. Don.

Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

Mardi Gras starts Feb. 13, but for those of us who can't make it to New Orleans, you can party a little sooner and raise money for women's health and safety at the same time. This year's Eugene Mardi Gras Dance Party is the second manifestation of the event and one of the producers, Shea Baker, tells *EW* that at “the end of 2016, myself and the other two co-producers Andrea Olsen and Merrill Moore, decided to join forces in an effort to focus on raising awareness and funding for women's health and safety through music based events.” Looking for a theme that “would be fun, unique and would inspire a diverse range of music,” Baker says, “Mardi Gras came to mind.” The Feb. 9 event at Hi-Fi will fill the venue's lounge and hall from 7:30 pm until the wee hours of the morning [aka 3 am]. “Dancing will be inevitable,” the organizers say, “and costumes reflecting the Mardi Gras theme are encouraged.” Acts include Portland DJ Mr. Moo and his guests including Samba Ja and Pretty Lights alumni drummer Evan Animal. Also on the bill is The Family Funktion's Tribute to the Masters — a rotating collective of musicians. And finally local longtime favorites Eleven Eyes with their “heavy focus on groove and dance music.” The lounge will host DJ Manoj, DJ Andrew Mataus, DJ Casual Cowboy and DJ Kelynn Neilson. Get your costumes ready.

Eugene Mardi Gras Dance Party: A benefit supporting local non-profits focused on the health and safety of women starts 7:30 pm Friday, Feb. 9, at Hi-Fi Music Hall and Lounge, 44 E 7th Avenue. \$15 adv., \$18 at show. 21+ — *Camilla Mortensen*

What If? Managing Your Money for the Unexpected, 5:30pm, downtown library. FREE.

Paisley Caves: New Clues to the Earliest Americans w/Dennis Jenkins, 6pm, downtown library. FREE.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Fruit Tree Pruning Class w/ OSU Master Gardener Pruning Specialists, 7pm, Fern Ridge Library, 88026 Territorial Hwy, Veneta. Sug. Don. \$10.

Getting it All Together, Tough Plants, Summer Color & Garden Art, 7pm, Campbell Community Ctr., 155 High St. \$5.

How to Disconnect from the Grid w/out Freezing in the Dark, 7pm, Eugene Maker Space, 687 McKinley St. FREE.

Chair Yoga for the elderly continues. See Thursday, Feb. 8

Talks at the MNCH continues. See Thursday, Feb. 8

LITERARY ARTS Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

“The Point” continues. See Thursday, Feb. 8

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE. Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Thursday, Feb. 8

Board Game Night continues. See Thursday, Feb. 8

Duplicate Bridge continues. See Thursday, Feb. 8

Pool Hall continues. See Thursday, Feb. 8

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Bailonga: Argentine Tango Milonga, lessons & open dance, 8-11pm, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

SPIRITUAL Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

Shiva Ratri (“Night of Shiva”) chanting & celebration, 6:30pm, HeartWise, 1840 Willamette St. \$1 Don.

TEEN Breaking Hearts: an anti-Valentines celebration, crafts, activities, food, 4:30pm, Spfd Public Library, 225 5th St., Spfd. FREE.

VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening techniques, work party, 9am-noon, Hendricks Park, Summit Ave. & Skyline Blvd. FREE.

Volunteer Orientation, 7pm, WOW Hall, 291 W. 8th Ave. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer

Work Party continues. See Thursday, Feb. 8

WEDNESDAY

FEBRUARY 14
SUNRISE 7:12AM; SUNSET 5:40PM
AVG. HIGH 51; AVG. LOW 35

ART/CRAFT Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

COMEDY Open Mic Comedy, 9:30pm signup, 10pm show, The Drake Bar, 77 W. Broadway. FREE.

DANCE Valentine's Day Belly Dance Dinner Shows, 6pm, 7pm & 8pm, Mediterranean Network Restaurant, 1810 Willamette St. FREE.

Valentine's Belly Dance Dinner Show, 6:30pm, Greek Paradise Restaurant, 2190 W. 11th Ave. Food/drink costs vary.

FARMERS MARKETS Coast Fork Farm Stand continues. See Saturday.

FILM “The Big Chill” (1983), 1pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

FOOD/DRINK Wine & Chocolate Tasting, noon-2pm, Duck Store, 895 E. 13th Ave. FREE.

Chocolate Buffet, ages 50+, indulge your sweet tooth, 2-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$5-\$6.

Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Local Rotaract Club meeting, 7:30pm, Boy Scouts Headquarters, 2525 MLK Jr. Blvd. FREE.

“Out of the Fog,” meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-11:30am, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet Grief Support Group (death or loss), 11:30am-12:30pm, Companioning Care LLC, RSVP & location 541-255-7116. \$5-\$20.

Pet-Illness Coping Support Group, 1-2pm, Companioning Care LLC, RSVP & location 541-255-7116. \$5-\$20.

Cycle, ages 18+, 4:45-5:45pm & 5:30-6:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Full Body Group Acupuncture w/Karen, by appt. only, Trauma Healing Project, 2222 Coburg Rd., ste. 300. \$10.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Tai Chi: Moving for Better Balance continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15 am & 11am, downtown library. FREE.

SPL After School Club: Random Acts of Kindess, 3:45pm, Spfd

Public Library, 225 5th St., Spfd. FREE.

Family STEAM, enjoy hands-on fun & learning together w/ science, technology, etc., 4pm, Sheldon Library, 1566 Coburg Rd. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

LECTURES/CLASSES DIY Aromatherapy: Mist Potion #9, create your own mist, 11am-1pm, Natural Grocers, 201 Coburg Rd. FREE.

Change your Brain, Transform your Pain, 6-week course for those who suffer from chronic pain, 2-3:30pm, Oregon Mind Body Institute, 1339 Oak St., 541-953-4969. Insurance may cover some or all fees. Please inquire for cost.

Responding to Life's Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Samba Ja Community Brazilian Percussion Ensemble, practice for performance approved members, introduction & beginners please see Monday listing, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Dance Fitness continues. See Monday.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, Feb. 8

ON THE AIR “Truth Television,” live call-in local news/politics, 6pm, Comcast 29.

“That Atheist Show,” weekly call-in, 7pm, Comcast 29, 541-790-6617.

“The Point” continues. See Thursday, Feb. 8

OUTDOORS/RECREATION Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Expressive Exploits presents The Valentine's Passport Bar Tour, 5pm-midnight, The Horsehead Bar, register by texting your first & last name & age to 458-215-1267. \$10-\$15.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

Trivia w/Elliot Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Nick, 7pm, Bugsy's Bar & Grill, 559 N. Pacific Hwy., Junction City, 541-998-5185. FREE.

Cards Against Humanity w/ Kevin, 8pm, First National Tap-house, 51 W. Broadway. FREE.

Pinball Knights, 3-strikes pinball tournament, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Alan, 9pm, The Wild Duck, 1419 Villard St., 541-485-3825. FREE.

WDYK Trivia w/Stephanie, 9pm, Prime Time Sports Bar, 1360 Mohawk Blvd., Spfd, 541-746-0549. FREE.

Blazing Paddles continues. See Thursday, Feb. 8

Duplicate Bridge continues. See Thursday, Feb. 8