9-10am today, 7-8pm Tuesdays, Comcast channel 29.

"Bob Dylan Revisited" - great cover songs of Bob Dylan, 5-7pm, KRVM fm 91.9.

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Neil Diamond, 7-9pm, KRVM.

OUTDOORS/RECREATION Eug/Spfd Mossbacks Volkssport Club: walk in Portland, 8am, Willamalane Adult Activity Ctr., 215 W. C St., Spfd, mossbacks.org. FREE ($10 carpool).

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Amtgard Iron Keep LARP, 1pm, 1400 Lake Dr. FREE.

Cards Against Humanity w/ Stephanie, 8pm, Gridiron Grill & Taphouse, 2816 Main St., Spfd. FREE.

Blazing Paddles continues. See Thursday, Feb. 8

Centennial chess club continues. See Thursday, Feb. 8

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. $10.

West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. $12-$15.

Salsa Social Saturday, wine & salsa dancing, 5-9pm, Noble Estate Urban, 560 Commercial St. $5-$7, food/drink costs vary.

Eugene Folklore Society's Contra Dance, 7pm, Village School, 3411 Willamette St. $6-$10.

Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE.

SPECTATOR SPORTS Track Town Smack Down Fitness Competition, register to compete at nwfitgames.com, 7:30am-5pm, Lane Events Ctr., eugenecrossfit.com. FREE for spectators.

SPIRITUAL Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Ressurection, 3925 Hilyard St. FREE.

THEATER *Dogfight; A New Musical* continues. See Thursday, Feb. 8.

The Father continues. See Friday.

Ghost the Musical continues. See Friday.

Noises Off continues. See Thursday, Feb. 8.

Radio Redux: *Stage Door* continues. See Friday.

VOLUNTEER Free The Forest, invasive species removal, trail maintenance & more, 9am-noon, Hendrick's Park, 2200 Summit Ave. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

Thurston Hills Trail Work Party, expect 2-mile hike each way, sign up willamalane.galaxydigital.com, free pizza, 10am-2pm, Thurston Hills Trail Head, 7575 McKenzie Hwy., Spfd. FREE.

Valentine's Day Soiree, facilitate arts & crafts for family event, sign up willamalane.galaxydigital.com, 5-8pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Feb. 8

SUNDAY
FEBRUARY 11
SUNRISE 7:17AM; SUNSET 5:36PM
AVG. HIGH 50; AVG. LOW 35

ART/CRAFT Artist reception, group show, noon-4pm, Vistra Framing & Gallery, 411 W. 4th Ave. FREE.

Paint Nite, 5:30pm, Sam Bond's Brewing, 540 E. 8th Ave., paintnite.com. Prices vary.

COMEDY Laughing Lounge, open mic comedy hosted by Seth Milstein, 8-10pm, Starlight Lounge, 830 Olive St. FREE.

FOOD/DRINKS Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, 7-10am, First Christian Church, 1166 Oak St., breakfast@heartofeugene.org. FREE.

Sunday Bunday, brunch w/ GF, DF, soy free Bao & drinks, 10am-4pm, Maven Art Boutique, 271 W. 8th Ave. FREE, food & drink prices vary.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

Potluck Cordial, BHASA elder care & community monthly potluck gather, 4-6pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.

GATHERINGS First Responders Appreciation Fair, gift bags for first responders that attend, noon-4pm, Natural Grocers, 201 Coburg Rd. FREE.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Democratic Socialists of America chapter meeting, 6-8pm, 609 E. 13th Ave. FREE.

Drumming the Soul Awake, a journing of soul into the heart of the beloved, no experience needed, drums available, 6pm, Unitarian Church, 1685 W. 13th Ave. $5-$20 Sug. Don.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

HEALTH Lane Bloodworks Mobile Blood Drive, 11am-5pm, Natural Grocers, 201 Coburg Rd. FREE.

Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. $10-$15.

KIDS/FAMILIES Family Fun, 2pm, downtown library. FREE.

LECTURES/CLASSES Make Your Next Plate Great w/Yaakov Levine, 10am & 2pm, Natural Grocers, 201 Coburg Rd. FREE.

Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

Happy Birthday, Darwin!, noon-5pm, Museum of Natural & Cultural History, UO Campus. FREE w/admission.

Talks at the MNCH continues. See Thursday, Feb. 8

LITERARY ARTS Sewing for Beginners, 10am, downtown library. FREE.

Burnin' Down the Barnes open mic, 3-5pm, Barnes & Noble, 1163 Valley River Dr. FREE.

"But That's Another Story: My Life in Shorts," book release by Tom Hunnel, 4-8pm, Oakeshire Brewing, 207 Madison St. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWVA 88.1FM & kwvaradio.org.

Son of Saturday Gold, True stuff for true believers, ft. artist Sam Cooke, 11am-1pm, KRVM.

OUTDOORS/RECREATION TrackTown Fitness, trainings to prepare for Eugene Marathon, 8-9am, Hayward Field. FREE.

37th Annual Truffle Shuffle, run & walk, 10:30am registration, Alton Baker Park, sign up at EclecticEdgeRacing.com. Prices vary.

Play Petanque! Easy to learn/fun to play, free lessons, 1pm today & Wednesday, University Park, University & 24th Ave. FREE.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

Malabon Players Society, adult outdoor pickup basketball, 3pm, Malabon Elementary School, 1380 Taney St. FREE.

Cards Against Humanity w/ Kevin, 8pm, Max's Tavern, 550 E. 13th Ave. FREE.

Blazing Paddles continues. See Thursday, Feb. 8

Duplicate Bridge continues. See Thursday, Feb. 8

SOCIAL DANCE Coalessence: Community Estatic Dance, 10am-noon, WOW Hall. $8-$12.

Music & Dance Workshop w/ Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

USA Dance, ballroom dancing, 5pm intermediate class, 6pm beginning lesson, 7pm open dance, Vet's Club, 1626 Willamette St., 2nd fl. $7-$10.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. $3.

SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Devotional gathering, theme: Loving Others, 10am, Baha'i Ctr., 1458 Alder St. FREE.

Water Blessing Ceremony, monthly joining Dr. Emoto & fellow water healers, noon, wherever you are preferably around water. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

THEATER *Amanda Transcending*, 2pm, downtown library & 7:30pm, Oregon Contemporary Theatre, 194 W. Broadway. FREE.

Noises Off continues. See Thursday, Feb. 8.

Radio Redux: *Stage Door* continues. See Friday.

VOLUNTEER Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

MONDAY
FEBRUARY 12
SUNRISE 7:15AM; SUNSET 5:38PM
AVG. HIGH 50; AVG. LOW 35

ART/CRAFT Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE ($5 sug. don. for supplies).

GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-687-7678. FREE.

Symphony Happy Hour w/Francesco Lecce-Chong, 5-6:30pm, Slightly Coffee Roasters, 545 E. 8th Ave. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Growers Market upstairs, 454 Willamette. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. $10 sug. don.

Depression & Bipolar Support Alliance, peer support group for people w/depression or bipolar disorder, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8pm, Healing Matrix, 632 Main St., Cottage Grove. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Cycles, ages 18+, 4:45-5:45pm & 5:30-6:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. $7-$9.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. $7-$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. $7-$9.

Diabetes Support Group, 7-8:30pm, Oregon Heart & Vascular Institute, rm. 12C, 3311 RiverBend Dr., Spfd. FREE.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

LECTURES/CLASSES AARP Driver Safety, ages 50+, refresher class to improve driving, 12:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. $15.

Mindful Yoga for Chronic Pain, 8-week program to develeop tools for living more skillfully w/ chronic pain, 2-3:30pm, Oregon Mind Body Institute, 1339 Oak St., katemorganllc@gmail.com. Insurance may cover some or all fees, please inquire for cost.

Violin Master Class w/Rachel Barton Pine, 4-5:30pm, Hult Ctr. Studio. FREE.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Dance Fitness, ages 14+, dance yourself fit to pop, jazz & more, 5:30-6:30pm today & Wednesday, Bob Keefer Ctr., 215 W. C St., Spfd. $9.

Northern Paiute Legends & Life Ways w/Wilson Wewa, 6pm, downtown library. FREE.

Monuments Under Attack, meeting about threats to the Cascade-Siskiyou Monument, 6:30pm, UO Law School, rm. 175, UO Campus. FREE.

Ecology of the Butterflies of the Marble Mountain Wilderness w/ Dr. Rob Fernau, 7pm, Eugene Garden Club, 1645 High St. FREE.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

LITERARY ARTS The Craft of Writing Workshop, 5:30-7:30pm,