

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Growers Market upstairs, 454 Willamette. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Mammal Mania No School Day, 8:30am-3pm, Alton Baker Park, Nearby Nature Landscape. \$45-\$50.

Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

LECTURES/CLASSES Mindful Yoga for Chronic Pain, 8-week program to develop tools for living more skillfully w/chronic pain, 2-3:30pm, Oregon Mind Body Institute, 1339 Oak St., katemorganllc@gmail.com. Insurance may cover some or all fees, please inquire for cost.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Samba Ja Community Brazilian Percussion Ensemble, beginner



rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

"The Point" continues. See Thursday, Jan. 11.

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/ Elliot Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, Jan. 11.

Blazing Paddles continues. See Thursday, Jan. 11.

Duplicate Bridge continues. See Thursday, Jan. 11.

Pool Hall continues. See Thursday, Jan. 11.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Saraha Orientation Meeting, monthly orientation meeting, 6-7pm, Saraha Nyingma Buddhist Institute, 477 E. 40th Ave. FREE.

Inspirational Sounds Gospel Choir Rehearsal, 7pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Over the years, the acronym **MDC** has meant many different things — from “millions of dead cops” to “millions of dead children” to “multi-death corporations.” Regardless, they’re all protest slogans of the far-left, anarcho-punk politics of the band that bears the initials as a moniker. Formed in Austin in 1979, MDC came up with legendary punk acts Dead Kennedys and The Dicks, making their name with punchy songs like “John Wayne was a Nazi.” These days the band’s based in Portland, featuring an all-new lineup behind founding member and vocalist Dave Dictor. And in the age of Trump, MDC seems rejuvenated and more relevant than ever. In 2016, they rerecorded their classic “Born to Die” to protest the election of Donald Trump. The new recording features the refrain: “No Trump, no KKK, no fascist USA,” and that year Green Day adopted the words as an impromptu chant at the American Music Awards.

Secret Hippy presents MDC, Hippy Fight and Broken Dead 10 pm Saturday, Jan. 13, at Whirled Pies; \$12 advance, \$15 door, all-ages. — *Will Kennedy*

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

Open silent meditation events continue. See Friday.

TEENS Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

MLK Day of Service, 10am-1pm, Hendricks Park, Summit Ave & Skyline Blvd. FREE.

Yes on Measure 101: MLK Day of Service Canvass in Eugene, noon-3pm, First United Methodist Church, 1376 Olive St., register yesforhealthcare.org/ RSVP. FREE.

TUESDAY
JANUARY 16
SUNRISE 7:43AM; SUNSET 5:01PM
AVG. HIGH 46; AVG. LOW 33

ART/CRAFT Group show, Best of Vistra continues. See Thursday, Jan. 11.

COMEDY Open Mic Comedy, 8:30pm signup, 9pm show, The Drake Bar, 77 W. Broadway. FREE.

Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District,

3500 E. 17th Ave., 541-682-6182. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

NAMI Lane County's Family to Family Class, 6:30-8pm, Lane County Behavioral Health's NAMI Resource Ctr., rm. 198, 2411 MLK Jr. Blvd., register 541-343-7688. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Creating Connections: Sharing Stories Together, 6:30-8pm, Peterson Barn Community Ctr., 870 Berntzen Rd. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Eugene Maker Space Open Hack continues. See Friday.

Overeaters Anonymous continues. See Thursday, Jan. 11.

HEALTH Nia-Moving to Heal class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$5.

Pilates, ages 18+, use standing & mat movements to stretch, strengthen & train your core, 5:30-6:20pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7.

Meditation & Visualization, ages 18+, stop by after work & relax into a calm space w/guided meditation & visualization exercises, 6-6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7.

Cycle continues. See Thursday, Jan. 11.

FunFit: Functional Fitness continues. See Thursday, Jan. 11.

Gentle Exercise for Wellness continues. See Thursday, Jan. 11.

Nia Fusion Fitness continues. See Thursday, Jan. 11.

Zumba continues. See Thursday, Jan. 11.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Table Tennis for kids continues. See Thursday, Jan. 11.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Learn about “companion planting” w/ Darren Morgan of Shonnard's Nursery, 11:30am sack lunch & business meeting, 1pm program, Eugene Garden Club, 1645 High St. FREE.

The Science of Soil & Growing Media for Cannabis Farmers class, 1-3pm, WOW Hall. FREE.

Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

Irish Music Workshop, 4:30-5:30pm, WOW HALL. \$10 for 2 sessions or \$7 drop-in.

Deep Relaxation, Tools for Peace & Calming, presented by Oregon Mind Body Institute, 5:30-6:45pm, Oregon Mind Body Institute, 1339 Oak St., michele@yogamichele.com. \$15 drop-in or \$130 for 10 sessions.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

“Companion Planting” learn to use plants to repel insects & diseases, balance nutrient use, etc., 7-8:30pm, Lane County OSU Extension Service, 996 Jefferson St. FREE.

Paradoxes in Measurement w/ Tom Rundle, this ExploraTalk offers a brief look into the mysterious gap between perception

& conception in quantum measurements in modern physics, 7pm, Obsidian Lodge, direction at obsidians.org/lodgemap.htm. FREE.

Tea for a Better Today w/Angela Labrang of Labrang Tea Traders, 7pm, Fern Ridge Library, 88026 Territorial Hwy., Veneta. FREE.

Talks at the MNCH continues. See Thursday, Jan. 11.

LITERARY ARTS Poetry Night, 7pm, Axe & Fiddle, 657 E. Main St., Cottage Grove. FREE.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

“The Point” continues. See Thursday, Jan. 11.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Thursday, Jan. 11.

Board Game Night continues. See Thursday, Jan. 11.

Duplicate Bridge continues. See Thursday, Jan. 11.

Pool Hall continues. See Thursday, Jan. 11.

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Bailonga: Argentine Tango Milonga, lessons & open dance, 8-11pm, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

SPIRITUAL Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

TEEN Coloring w/Copic, teen advanced coloring program, 4:30pm, Spfd Public Library, library conference rm., 225 5th St., Spfd. FREE.

VOLUNTEER Garden & Community: Tuesdays at Hendricks Park, learn gardening tech-