

Small Business Clinic: Ask the Experts, 5-7pm, downtown library, pre-register 541-682-5450. FREE.

2018 State of the City Address from Mayor Vinis, 5:30pm, Hult Ctr., Soreng Theater. FREE.

NAMI Lane County's Family to Family Support Group, 7-8:30pm, Lane County Behavioral Health's NAMI Resource Ctr., 2nd fl., 2411 MLK Jr. Blvd. FREE.

Atheist, Agnostics & Free Thinker AA continues. See Thursday, Dec. 28.

Downtown Toastmasters continues. See Thursday, Dec. 28.

Emerald Photographic Society Club Meeting continues. See Thursday, Dec. 28.

Friends & Family Discussion Group continues. See Thursday, Dec. 28.

Guaranty RV & Trailer Sale continues. See Wednesday.

Men's Meet Up continues. See Thursday, Dec. 28.

Mindfulness Group continues. See Thursday, Dec. 28.

NAMI Connection Support Group for people w/mental health issues continues. See Thursday, Dec. 28.

Overeaters Anonymous continues. See Thursday, Dec. 28.

Resist Trump continues. See Thursday, Dec. 28.

Speed Dating for All continues. See Thursday, Dec. 28.

HEALTH Cycle continues. See Thursday, Dec. 28.

Nia Fusion Fitness continues. See Thursday, Dec. 28.

Tai Chi continues. See Thursday, Dec. 28.

Stress & Anxiety Relief Group Acupuncture continues. See Dec. 28.

KIDS/FAMILIES Family STEAM, enjoy hands-on fun & learning together w/science, technology, etc., 4pm, Bethel Library, 1990 Echo Hollow Rd. FREE.

Babies & Toddlers Storytime continues. See Wednesday.

Family music time continues. See Thursday, Dec. 28.

Table Tennis for kids continues. See Thursday, Dec. 28.

Walkers storytime continues. See Thursday, Dec. 28.

LECTURES/CLASSES DanceAbility Class continues. See Dec. 28.

ON THE AIR "Arts Journal" continues. See Thursday, Dec. 28.

"The Point" continues. See Thursday, Dec. 28.

Thursday Night Jazz w/David Gizara continues. See Dec. 28.

OUTDOORS/RECREATION

Emerald City Recreational Roller Derby Orientation, 18+, 6:30pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE.

Adult introduction to ki-aikido continues. See Thursday, Dec. 28.

Board Game Night continues. See Thursday, Dec. 28.

Categorically Correct Trivia w/Elliot Martinez continues. See Thursday, Dec. 28.

Centennial chess club continues. See Thursday, Dec. 28.

Cribbage Tournament continues. See Thursday, Dec. 28.

Duplicate Bridge continues. See Thursday, Dec. 28.

Lunchtime Tap & Growler Running Group continues. See Thursday, Dec. 28.

Pool Hall for seniors continues. See Thursday, Dec. 28.

Tai Chi continues. See Thursday, Dec. 28.

WDYK Trivia w/Alan continues. See Thursday, Dec. 28.

WDYK Trivia w/Kevin continues. See Thursday, Dec. 28.

SOCIAL DANCE Crossroads Blues Fusion Weekly Blues & Fusion Dance continues. See Thursday, Dec. 28.

English & Scottish Country Dancing continues. See Thursday, Dec. 28.

Line Dance Lessons continue. See Thursday, Dec. 28.

Music & Dance Workshops w/Taller de Son Jarocho continues. See Thursday, Dec. 28.

SPIRITUAL Refuge Recovery continues. See Thursday, Dec. 28.

Zen Meditation continues. See Thursday, Dec. 28.

TEENS Acoustic GRRRL JAM continues. See Thursday, Dec. 28.

No Shame Workshop continues. See Thursday, Dec. 28.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Dec. 28.

CORVALLIS AND THE REGION

THURSDAY, December 28: NAMI Lane County's Friends & Family Support Group, 6-8pm, 1720 34th St., Florence. FREE.

FRIDAY, December 29: OSU Used Store Sale, weekly public sale w/furniture, computers, office supplies, etc., 12-3pm today & 5:30-7:30pm Tuesday, Property Services, OSU Used Store, OSU Campus, Corvallis. FREE.

Sea of Lights, decorations & lights at after-hours aquarium, 6-9pm today & tomorrow, Oregon Coast Aquarium, 2820 S.E. Ferry Slip Rd., Newport. \$10.

SATURDAY, December 30: Sea of Lights continues. See Dec. 29.

SUNDAY, December 31: Taoist Meditation Group: "Preserving the Light of the One," 9-10am, First Alternative Co-op North Store, 2855 N.W. Grant Ave., Corvallis. FREE.

2018 NYE Party, live music, drinks, 10pm, Sky High Brewing & Pub, 160 N.W. Jackson Ave., Corvallis. \$15.

TUESDAY, January 2: OSU Used Store Sale continues. See Friday.

WEDNESDAY, January 3: Death Café Corvallis, Got thoughts about mortality? noon, Interzone, 1563 N.W. Monroe Ave, Corvallis, facebook.com/groups/deathcafecorvallis. FREE.

NAMI Lane County's Connection Support Group in Florence, 6:30-8pm, New Winds Apartments Community Rm., 750 Lauren St., Florence. FREE.

THURSDAY, January 4: Where Are We, contemporary interpretations of landscape art: Jill Baker, Nany Helmsworth & Rebecca Mannheimer, reception, 5:30-7:30pm, The Arts Ctr., 700 S.W. Madison St., Corvallis. FREE.

ATTENTION OPPORTUNITIES

Due date for the calendar is noon the Thursday before the Thursday issue in which you would like your event published. For example, if you'd like to be included in our January 4 edition, please follow our formatting guidelines w/the date, name of the event, time, place, address & send it to cal@eugeneweekly.com in the body of



the email by Thursday, December 28 at noon.

Ongoing volunteer opportunity: Change a life, be a mentor w/ Sponsors Inc. Contact jsmith@sponsorsinc.org or 541-735-6400.

Very Little Theatre (2350 Hilyard St.) is holding auditions for the dark comedy "Wonder of the World" on Saturday, Jan. 6, from 1-4pm. Roles available for 4 women & 3 men ages 20s-60s. TheVLT.com.

2018 Homeless Point in Time Count: January 31, 2018. As a volunteer, you will gain a hands-on view at homelessness in our community. Volunteers collect the important data that provides a snapshot of the problem of homelessness. Sign up or info at lanecounty.org/homelesscount.

Citizens Review Board - Make a difference in the lives of children in foster care & volunteer 1 day a month to review their cases to ensure their safety, health & well-being. For more info see courts.oregon.gov/crb or call 541-682-2411.

Oregon Money Management: Help seniors & people w/disabilities manage finances. Volunteers make a difference in the lives of vulnerable people in as little as 2 hours a month. Call Kristi at 541-682-4177 or email sdsmp@lco.org.

Ever a stalwart in spreading a broad net of needful social services, **St. Vincent de Paul of Lane County** honors this season of giving and good cheer by hosting a belated Christmas dinner for approximately 200 homeless men and women on Friday, Dec. 29, at its Eugene Service Station. Let us not forget, this is what Jesus instructed his followers to do — to comfort and minister to our fellows, especially those who might need a hand-up, and to give selflessly, ceaselessly and without discernment — and what better way to honor that spiritual directive than with a feast donated by Bruns' Apple Market and folks in the Eugene Police Department. Perhaps most inspiring, the dinner will be served by Eugene police officers, providing us with an unlikely image of community and cooperation in a world that, at times, appears to be tearing itself apart at the seams. SVdP says every homeless adult who shows up for the dinner (event is for individuals and not families) will be served, and on most years they've had enough food for folks to have seconds, even.

St. Vincent de Paul's Christmas dinner takes place noon to 2:30 pm Friday, Dec. 29, at the Eugene Service Station at 450 Highway 99 North; for further information, or to donate to the Service Station, visit svdp.us or call 541-687-5820. — *Rick Levin*

EVERGREEN NUTRITION

15-20% OFF* CBD OIL PRODUCTS

IN DECEMBER

Studies show that CBD oil can be helpful for anxiety & stress.

OPTIONS INCLUDE:

- Capsules
- Softgels
- Oral Sprays
- Drops
- Topicals
- Concentrates

For People & For Pets

NOW FEATURING

GREEN EARTH MEDICINALS OREGON-GROWN CANNABIS

*15% OFF NEW GEM CBD & CV SCIENCES; 20% OFF MB SCALAR CBD

1653 Willamette Street
M-F 9-6 • Sat 10-5 • Sun 11-5
FREE OFF-STREET PARKING
541-485-5100
www.evergreennutrition.com

NEW NAME • FRESH LOOK

VIDEO GAMES MUSIC MOVIES

BUY • SELL • TRADE

30 E. 11TH, EUGENE (541) 302-3045

epic seconds

FORMERLY CD GAME EXCHANGE

CHOOSE CAR SEAT: BY AGE & SIZE

THE NUMBER OF PEOPLE WHO THINK THEY HAVE THEIR CHILD IN THE RIGHT SEAT.

THE ONES WHO ACTUALLY DO.

KNOW FOR SURE
IF YOUR CHILD IS IN THE RIGHT CAR SEAT.

VISIT SAFERCAR.GOV/THERIGHTSEAT

Ad Council NHTSA Child Car Safety

Freedom Heart Wellness

A holistic approach to health coaching, designed to motivate & get you on your path to living a happy, sexy, healthy life.

It's time for you to THRIVE!!!

Gift Certificates Available

Call for your consultation now:
Nicole Baldrige
Certified Holistic Health Coach
808-436-4194
nicole@freedomheartwellness.com
www.freedomheartwellness.com