

CALENDAR

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Refuge Recovery Meeting continues. See Friday.

HEALTH Stability Balls, ages 50+, bring your stability ball to class, 8am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Active Exercise, ages 50+, moderate aerobics, stretches, weights, etc. You can begin at any time, 9am today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Strength & Flexibility, ages 50+, regain strength, balance & flexibility, 9am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Pet Grief Support Group, 5:30-6:30pm, Companionship Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Pet-Illness Coping Support Group, 7-8pm, Companionship Care LLC, RSVP & location: 541-255-7116. \$3-\$15.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

LECTURES/CLASSES iPad Next Steps: Photos & More, 2pm, bethe branch, 1990 Echo Hollow Rd. FREE.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Seminar on "The Art & Science Behind Photographing Immature & Adult Lepidoptera: How & Why?" w/Jeff Miller & North American Butterfly Association, 7pm, Eugene Garden Club, 1645 High St. FREE.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

"The Point" continues. See Thursday, Dec. 7.

OUTDOORS/RECREATION GEARS Bicycle Club: Conquer the Hill w/Jackie, 9:30am, Alton Baker Park, eugenegears.org. FREE.

Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Night Trivia Mondays: hosted by Marty Chila & Sherri Thieben, selfies w/Santa, 6:30pm, Park Street Cafe, 776 W. Park St. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/Elliott Martinez, 6-8pm, Oakshire, 207 Madison St. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Game Night, Mario Kart Tournament, 9pm, The Drake Bar, 77 W. Broadway. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, Dec. 7.

Blazing Paddles continues. See Thursday, Dec. 7.

Duplicate Bridge continues. See Thursday, Dec. 7.

Pool Hall continues. See Thursday, Dec. 7.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Monthly Transmission Meditation, 6:15-6:45pm, First Christian Church, 1166 Oak St.,

Transmissionmeditation.org. FREE.

Monthly Interfaith Prayer Service, 6:45-8pm, First Christian Church, 1166 Oak St., interfaith-prayer.org. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

TEENS Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

DECEMBER 12
SUNRISE 7:38AM; SUNSET 4:34PM
AVG. HIGH 46; AVG. LOW 33

ART/CRAFT Tracing Memories for Relaxation, art program designed to promote relaxation w/ Marianne Walker, 6pm, Sheldon Library, 1566 Coburg Rd. FREE.

New Zone Art Gallery Holiday Store continues. See Thursday, Dec. 7.

BENEFITS Pints for a Cause, \$1 of every pint sold goes to Lane Amateur Hockey Assoc., noon-9pm, Ninkasi Tasting rm., 272 Van Buren St. FREE.

Holiday ReJEWEL, jewelry & scarf sale, fundraiser for Making Children's Program, 5-8pm, Oregon Wine LAB, 488 Lincoln St. FREE.

COMEDY Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Bethel Community Town Hall, w/Senator James Manning Jr., Rep. Julie Fahey, Commissioner Pat Farr, Mayor Lucy Vinis, etc., 6:30-8pm, Willamette HS, 1801 Echo Hollow Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Industrial Workers of the World meeting, 6:30pm, New Day Bakery, 449 Blair Blvd. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.



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FREE PARKING & FREE ADMISSION

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HI-FI LOUNGE CONCERTS & EVENTS 21+ AGES

FRI DEC 8: BAZIL RATHBONE w- KORYG & BASS 10PM
SAT DEC 9: JOHN CRAIGIE w- HOLLIS PEACH EARLY SHOW 7PM
SAT DEC 9: THE DRUNKEN HEARTS LATE SHOW 10PM
SUN DEC 10: CHARLIE PARR EARLY SHOW 7PM
MON DEC 11: JACKSON WHALAN + HONEYCOMB 9PM
THURS DEC 14: SURFSDRUGS w- GHOST FROG + ICE QUEENS 9PM

HIFIMUSICALL.COM
44 E 7th Ave in Eugene (corner of 7th Avenue & Willamette Street)

T SISTERS + KUINKA
DEC 7 THURSDAY 8 PM LOUNGE SHOW 21+ AGES

BIG HEAD TODD & THE MONSTERS
DEC 8 FRIDAY 7 PM DOORS 8 PM SHOW 21+ AGES

FLOBOTS
with special guest **BANG DATA**
DECEMBER 16 SATURDAY
8 PM DOORS 9 PM SHOW 21+ AGES



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buzzeddriving.adcouncil.org