

Intro to Weight Training continues. See Thursday, Nov. 23.

Nia Fusion Fitness continues. See Thursday, Nov. 23.

PDP Pilates w/Lila continues. See Saturday.

Tai Chi: Level 1 continues. See Thursday, Nov. 23.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Table Tennis for Kids continues. See Thursday, Nov. 23.

Talkers Storytime, 10:15am & 11am, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

Birding w/out Borders: An Epic World Big Year, presentation by Noah Strycker, 5-7pm, Axe & Fiddle, 657 E. Main St., Cottage Grove. FREE.

Yoga Nidra, meditation, 5:30-6:45pm, 1339 Oak St., 541-484-3689. \$14.

Well Talks w/Dr. Courtney, autoimmune & digestion, solving the autoimmune puzzle, 6pm, 1413 Charnelton St. FREE.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Dr. Monty Neill, director of FairTest, "Beyond Opt Out: Why Do We Test Our Kids So Much?," 7pm, Straub Hall, rm. 145, UO Campus. FREE.

Writer, birder & photographer John Shewey presents a program on the Northern Great Basin, 7:30pm, Eugene Garden Club, 1645 High St. FREE.

Talks at the MNCH continues. See Thursday, Nov. 23.

LITERARY ARTS Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, Nov. 23.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION GEARs Bicycle Club: Riding Hills, 9:30am, Alton Baker Park, eugenegears.org. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

WDYK Trivia w/Stephanie, 7pm, First National Taphouse, 51 W. Broadway, 541-393-6517. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Geeks Who Drink Pub Trivia, 8-10pm, Wayward Lamb, 150 W. Broadway St. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Thursday, Nov. 23.

Board Game Night continues. See Thursday, Nov. 23.

Duplicate Bridge continues. See Thursday, Nov. 23.

Pool Hall continues. See Thursday, Nov. 23.

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

International Folk Dance, ages 18+, no experience or partner necessary, drop-ins welcome, 7:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3.

Bailonga: Argentine Tango Milonga, lessons followed by open dance, 8-11pm, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

SPIRITUAL Open Heart Meditation, 4:30-5:15pm, HeartWise, 1840 Willamette St. FREE.

Dzogchen Practice, Tibetan Buddhism, 6:30pm, Universalist Unitarian Church, 1685 W. 13th Ave., rm. 2. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

TEEN H.E.R. (Healing Empowerment & Recovery) Group, for girls ages 14-18 who've experienced trauma, 4:30-6pm, Ophelia's Place, 1577 Pearl St., ste. 100. \$25-\$40.

Teen Movie Day, Diana, princess of the Amazons, 4:30pm, Spfd Public Library, 225 5th St. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Nov. 23.

WEDNESDAY

NOVEMBER 29
SUNRISE 7:25AM; SUNSET 4:36PM
AVG. HIGH 48; AVG. LOW 35

ART/CRAFT Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

New Zone Art Gallery Holiday Store continues. See Friday.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINKS Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

"Access to Advocacy" meeting, get involved before new Federal budget cuts are set, your benefits may be reduced, 2:30pm, LLA, 20 E. 13th Ave. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

NAACP Fundraiser: "An Evening of History & Insight" w/Charmaine Coleman, long-time Eugene resident & widow to the late Dr. Ed Coleman, dinner, discussion, 7-10pm, Historic Mims House. \$20.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

Christmas at the Village Green continues. See Friday.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15 am & 11am, downtown library. FREE.

SPL After School Club: Random Acts of Kindness, 3:45pm, Spfd Public Library, 225 5th St., Spfd. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

LECTURES/CLASSES NAMI Lane County's Homefront Class, 6:30-9pm, Lane County Behavioral Health, rm. 198, 2411 MLK Jr. Blvd., register sarahmerkle@namilane.org. FREE.

Responding to Life's Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Samba Ja Community Brazilian Percussion Ensemble, practice for performance approved members, introduction & beginners please see Monday listing, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, Nov. 23.

ON THE AIR "Truth Television," live call-in local news/politics, 6pm, Comcast 29.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6617.

"The Point" continues. See Thursday, Nov. 23.

OUTDOORS/RECREATION Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

Trivia w/Elliott Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Nick, 7pm, Bugsy's Bar & Grill, 559 N.

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SAT NOV 25: JENNY DON'T & THE SPURS 9PM
SUN NOV 26: THE PACK A.D. EARLY SHOW 7:30PM
THURS NOV 30: INTO THE GREAT WIDE: TOM PETTY TRIBUTE EARLY SHOW 7PM
FRI DEC 1: ASHER FULERO BAND 10PM
SAT DEC 2: COURTNEY SWAIN 9PM

HI-FI MUSIC HALL
44 E 7th Ave in Eugene (corner of 7th Avenue & Willamette Street)

TENNIS w-WILD ONES
NOV 29 WEDNESDAY 8 PM DOORS 9 PM SHOW 21+ AGES

MINNESOTA
NOV 30 THURSDAY 8PM DOORS 9PM SHOW 18+ AGES

CHRIS ROBINSON BROTHERHOOD
DEC 1 FRIDAY 8 PM DOORS 9 PM SHOW 21+ AGES

LIFE DURING WARTIME TALKING HEADS TRIBUTE
DEC 2 SATURDAY 8PM DOORS 9PM SHOW 21+ AGES

BIG HEAD TODD & THE MONSTERS
DEC 8 FRIDAY 7 PM DOORS 8 PM SHOW 21+ AGES