

SUNDAY

NOVEMBER 26
 SUNRISE 7:21AM; SUNSET 4:37PM
 AVG. HIGH 49; AVG. LOW 36

ART/CRAFT "Di-ver-si-ty" by Nancy Frances Cheeseman, other art by Kathy Tiger & Bess Noble continues. See Thursday, Nov. 23.

DANCE *Children's Nutcracker Ballet* continues. See Saturday.

FARMERS MARKETS Fairmount Neighborhood Farmers Market, 10am-2pm, 19th & Agate across from Prince Pucklers. FREE.

Dexter Lake Farmers' & Artists' Market, live music, noon-4pm, Rolling Rock Park, 18 W. Main St., Lowell. DexterLakeFarmersMarket.org. FREE.

Holiday Farmers Market continues. See Saturday.

FOOD/DRINKS Interfaith Sunday breakfast, needs volunteers! all/no faiths, everyone welcome, 7-10am, First Christian Church, 1166 Oak St., breakfast@heartofeugene.org. FREE.

Sunday Bunday, brunch w/ GF, DF, soy free Bao & drinks, 10am-4pm, Maven Art Boutique, 271 W. 8th Ave. FREE, food & drink prices vary.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

Bottle Release Party continues. See Friday.

GATHERINGS Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Drumming the Soul Awake, recovering the joy within, no experience needed, drums provided, 6:30pm, Unitarian Church, 1685 W. 13th Ave. Don.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

GO DUCKS! Weekend continues. See Saturday.

Christmas at the Village Green continues. See Friday.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15.

KIDS/FAMILIES Family Fun, 2pm, downtown library. FREE.

LECTURES/CLASSES Yoga on the Patio, pre-brunch yoga, includes 1 mimosa, beer or soda, 10:30-11:30am, Oregon Wine LAB, 488 Lincoln St. \$15.

Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

Quick Class: Everyday Essential Oils for Health, 11-1:45pm, Natural Grocers, 201 Coburg Rd. FREE.

Talks at the MNCH continues. See Thursday, Nov. 23.

LITERARY ARTS River Road Reading Series w/Oregon authors Ana-Mauriene Lara, Nancy Nowak & Robert Leo Heilman, 4:30-6pm, River Road Annex, 1055 River Rd. FREE or Don.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWA 88.1FM & kwvaradio.org.

Son of Saturday Gold, True staff for true believers, "The Rolling Stones' Record Collection," 11am-1pm, KRVM.

OUTDOORS/RECREATION TrackTown Fitness, trainings to

prepare for Eugene Marathon, 8-9am, Hayward Field. FREE.

GEARs Bicycle Club: Franklin Firehouse, 9:30am, Alton Baker Park, eugenegears.org. FREE.

Play Petanque! Easy to learn/fun to play, free lessons, 1pm today & Wednesday, University Park, University & 24th Ave. FREE.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

Cards Against Humanity w/ Kevin, 8pm, Max's Tavern, 550 E. 13th Ave., 541-349-8986. FREE.

Blazing Paddles continues. See Thursday, Nov. 23.

Board Games in the Barn continues. See Friday.

Duplicate Bridge continues. See Thursday, Nov. 23.

SOCIAL DANCE Coalescence: Community Estatic Dance, 10am-noon, WOW Hall. \$8-\$12.

Music & Dance Workshop w/ Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Argentinian Tango, lesson 3-4pm, dance 5-7pm, 541-485-6647. \$5-\$12.

USA Dance: Ballroom dancing, 5:30-7:30pm, Vet's Club, 2nd fl., 1626 Willamette St. \$3-\$5.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.

SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Sound of Soul event - A safe harbor in stormy times, learn how to survive spiritually in our times, let the song of HU lead you home to God, 11am, Eckankar Ctr., 2833-C Willamette St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge 070, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

VOLUNTEER Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

MONDAY

NOVEMBER 27
 SUNRISE 7:23AM; SUNSET 4:37PM
 AVG. HIGH 48 AVG. LOW 36

ART/CRAFT Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE [\$5 sug. don. for supplies].

"Di-ver-si-ty" by Nancy Frances Cheeseman, other art by Kathy Tiger & Bess Noble continues. See Thursday, Nov. 23.

New Zone Art Gallery Holiday Store continues. See Friday.

GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-341-1690. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Rose Gardens, 300 N. Jefferson. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.



What's more cute and holiday-centric than getting together with family and friends to see *The Nutcracker*? How about seeing *The Nutcracker* with a cast of all kids? The Oregon Ballet Foundation and Oregon Ballet Academy are coming together to present *The Children's Nutcracker*. The show is directed and choreographed by John Grensback of the School of American Ballet, New York City Ballet, Joffrey Ballet and Houston Ballet, so you can expect to be in for a treat. The show takes place this weekend, with multiple performances, so there will be plenty of options to see the Sugar Plum Fairy and the Land of Sweets. Catch *The Children's Nutcracker* at 2 pm and 7 pm Saturday, Nov. 25, and 1 pm and 6 pm Sunday, Nov. 26. The show takes place at Lane Community College's Auditorium at its main campus (4000 E. 30th Avenue). Tickets are \$15 for adults and \$12 for children ages 12 and under. For more info and to purchase tickets, visit OregonBalletAcademy.com. — *Meerah Powell*

Depression & Bipolar Support Alliance, peer support group for people w/depression or bipolar disorder, 7-8:30pm, First United Methodist Church, 1376 Olive St. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8pm, Healing Matrix, 632 Main St., Cottage Grove. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Now recruiting low-voiced women! Come sing w/Sweet Adeline harmonizing group, 7pm, Spfd Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Polyamory & Non-monogamy Relationship Discussion & Support Group, 7:15pm, contact eugenepolygroup@gmail.com for location. don.

Refuge Recovery Meeting continues. See Friday.

HEALTH Stability Balls, ages 50+, bring your stability ball to class, 8am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Active Exercise, ages 50+, moderate aerobics, stretches, weights, etc. You can begin at any time, 9am today & Wednesday,

Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Strength & Flexibility, ages 50+, regain strength, balance & flexibility, 9am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Pet Grief Support Group, 5:30-6:30pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Pet-Illness Coping Support Group, 7-8pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$3-\$15.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES Spanish Bilingual Story Time, stories, songs & crafts, 12:45pm, Spfd Public Library, Fountain Plaza, 225 5th St., Spfd. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

STEAM storytime, science, technology, engineering, art & math for ages 3-7 w/caregivers, 4pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Samba Ja Community Brazilian Percussion Ensemble, beginner rehearsal & orientation, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

"The Point" continues. See Thursday, Nov. 23.

OUTDOORS/RECREATION Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Night Trivia Mondays hosted by Marty Chilla & Sherri Thieben, 6:30pm, Park Street Cafe, 776 W. Park St. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/Elliott Martinez, 7-9pm, Oakshire, 207 Madison St. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, Nov. 23.

Blazing Paddles continues. See Thursday, Nov. 23.

Duplicate Bridge continues. See Thursday, Nov. 23.

Pool Hall continues. See Thursday, Nov. 23.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Line/Party Dancing Lessons, learn to dance popular line & other dances like the Electric Slide, 8-9pm, Emerald Park Community Ctr., 1400 Lake Dr. FREE or Don.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

TEENS Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Hip hop Dance w/Xcape Dance Academy, 4-5pm, Ophelia's Place, 1577 Pearl St. #100. \$25-\$50 sug. don. for term.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat

Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

NOVEMBER 28
 SUNRISE 7:24AM; SUNSET 4:36PM
 AVG. HIGH 48; AVG. LOW 36

ART/CRAFT "Di-ver-si-ty" by Nancy Frances Cheeseman, other art by Kathy Tiger & Bess Noble continues. See Thursday, Nov. 23.

New Zone Art Gallery Holiday Store continues. See Friday.

BENEFITS Pints for a Cause: \$1 of every pint sold will go to Daisy C.H.A.I.N. Mothering, noon-9pm, Ninkasi Brewing, 272 Van Buren St. Don.

COMEDY Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Eugene Human Rights Commission (HRC) Homeless Work Group Meeting, noon-1:30pm, The Atrium Bldg., 99 W. 10th Ave. FREE.

Resist Trump, peaceful rally in opposition to Trump Agenda, noon-1pm, Federal Courthouse, 405 E. 8th Ave. FREE.

Science Pub, 5pm, The Axe & Fiddle, 657 E. Main St., Cottage Grove. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-357-1390. FREE.

The Eugene-Kakegawa Sister Cities Committee's Japan Night, refreshments, learn about Japan, 6-7:30pm, Campbell Ctr., 155 High St. FREE.

NAMI Lane County's Connection Support Group, 6-7:30pm, Peterson Hall, Rm. 102, 955 E. 13th Ave., UO Campus. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Cascade Chorus open house & rehearsal, open to men of all ages, barbershop style, 7-9pm, Eugene Church of Christ, 2424 Norkenzie Rd., rwmewatkins@msn.com, cascadechorus.org. FREE.

Eugene Maker Space Open Hack continues. See Friday.

NaNoWriMo Write Ins continues. See Saturday.

Overeaters Anonymous continues. See Thursday, Nov. 23.

HEALTH Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. don.

Strong Bones, Strong Body, ages 50+, 1:30pm, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Reiki Tummo sessions, 5:30-7pm, Heartwise, 1840 Willamette St., 541-683-8317 for appt. FREE.

Cycle continues. See Thursday, Nov. 23.

Gentle Exercise for Wellness continues. See Thursday, Nov. 23.