



We provide diabetes prevention classes

To reduce the risk of diabetes

So Eugenians can move, thrive and be happy



SO MUCH MORE.

Eugene Family YMCA. Serving Eugene since 1887.
Learn more at eugeneymca.org/diabetes NewYMCA.org



Eugene Weavers Guild
Holiday Fiber Arts Sale & Celebration!
 November 24th and 25th
 10:00 - 5:30
 Eugene Textile Center
 1510 Jacobs Drive, Eugene
Artisan Demonstrations
Daily Drawings
Refreshments
Raffle to benefit Cafe 60 & Egan Warming Centers
 Raffle tickets available at Eugene Textile Center - Drawing 11/25
Sale continues through 12/24

 EugeneWeavers.com 541-688-1565

FRESH • LOCAL FAST • HEALTHY UNIQUELY NORTHWEST



"It tastes unlike anything you've had before. You've gotta try it!"
—guest review

Yumm! Bowl® with All Natural chicken

AWARDS
Best Eats Under \$8 - Eugene Weekly
Best Lunch Spot - Willamette Week
Best Lunch Bargain - Register Guard
RE:think Certified for Environmental Practices

EUGENE • SPRINGFIELD • CORVALLIS
cafeyumm.com/locations



Men who commit sexual assault



Men who can stop it



6 PERCENT OF MEN IN COLLEGE ADMIT TO COMMITTING SEXUAL ASSAULT. IT'S ON THE REST OF US TO STEP UP AND STOP IT. LEARN HOW AND TAKE THE PLEDGE AT ITSONUS.ORG

