

Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

**SPIRITUAL** Insight Meditation, 6:30-8pm, YogaMind Studio, 1339 Oak St. don.

Buddhist meditation class, guided meditation & teaching, 7-8:15pm, Sweaty Ganesh Yoga, 820 Charnelton. \$10 sug. don.

Refuge Recovery, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.

**TEENS** Grrrl Jamz, practice an instrument w/Grrrlz Rock, for girls 10-18, 3:30-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

Women's Advisory Council for girls 14-18, 4-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

**VOLUNTEER** Volunteer Orientation, 7pm, WOW Hall. FREE.

## THURSDAY OCTOBER 19

SUNRISE 7:32AM; SUNSET 6:21PM  
AVG. HIGH 63; AVG. LOW 40

**ART/CRAFT** Paint Party: "Dead Head!" all supplies included, 6-8:30pm, Starlight Lounge, 830 Olive St. \$35.

Local photographer Greg Giesy exhibit continues. See Thursday, Oct. 12.

The Mystique of Colored Pencils. See Thursday, Oct. 12.

**FARMERS MARKETS** FOOD for Lane County Youth Farm Produce

Stand, 2-6pm, 3333 Riverbend Dr. foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market continues. See Thursday, Oct. 12.

**GATHERINGS** Ducks Love Dogs, "rent" a dog for play time, 11am-3pm, Memorial Quad, UO Campus. \$3-\$15.

Eugene Chamber Business to Business Expo, 4-7:30pm, Lane Events Ctr. \$10-\$20.

Womenspace Reunion & Community Celebration, honoring Kitty Piercy w/2017 Founders Award, food, drink, etc., 6-8pm, Venue 252, Lawrence & 3rd Ave. \$75-\$700.

Atheist, Agnostics & Free Thinker AA continues. See Thursday, Oct. 12.

Downtown Toastmasters continues. See Thursday, Oct. 12.

Emerald Photographic Society Club Meeting continues. See Thursday, Oct. 12.

Home Grown Community Radio Forming KEPW-FM meetings continue. See Thursday, Oct. 12.

Men's Meet Up continues. See Thursday, Oct. 12.

NAMI Connection Support Group for people w/mental health issues continues. See Thursday, Oct. 12.

NAMI Lane County's Friends & Family Support Group continues. See Thursday, Oct. 12.

Overeaters Anonymous continues. See Thursday, Oct. 12.

Singing Heart Community Singing continues. See Thursday, Oct. 12.

**HEALTH** Cycle continues. See Thursday, Oct. 12.

Gentle Exercise for Wellness continues. See Thursday, Oct. 12.

Intro to Weight Training continues. See Thursday, Oct. 12.

Nia Fusion Fitness continues. See Thursday, Oct. 12.

POP Pilates w/Lila continues. See Thursday, Oct. 12.

Tai Chi: Level 1 continues. See Thursday, Oct. 12.

Tai Chi: Level 2 continues. See Thursday, Oct. 12.

Stress & Anxiety Relief Group Acupuncture continues. See Oct. 12.

**KIDS/FAMILIES** Babies & Toddlers Storytime continues. See Wednesday.

Walkers storytime continues. See Thursday, Oct. 12.

Table Tennis for kids continues. See Thursday, Oct. 12.

**LECTURES/CLASSES** Medicare Made Clear, ages 18+, 2-3pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

When is it Time to Give Up the Car Keys? & Alternative Transportation w/Retired Senior Providers of Lane Co., 2pm, Sheldon Oaks Retirement, 2525 Cal Young Rd. FREE.

Crowdfunding for Small Business, 6pm, downtown library. FREE.

Stanya Kahn, George & Matilda Fowler lecture, 6pm, Lawrence Hall, rm. 177, 1190 Franklin Blvd., UO Campus. FREE.

DanceAbility Class continues. See Oct. 12.

## Halloween HQ's for Authentic Costumes

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