

community, 11am, for meeting location & info email eugenehousingdowntown@gmail.com. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE.

Brazilian Capoeira Show, dynamic martial arts w/elements of dance, acrobatics, 2pm, downtown library. FREE.

Historic Homes Walking Tour & Reception, 4-6:30pm, pre-register & location info 541-682-4242. \$20-\$35.

35th Annual Lane County Home Improvement Show continues. See Friday.

KIDS/FAMILIES Family Music Time, 10:15am, downtown library. FREE.

Legos, 10:15am, Sheldon branch library, 3pm, Bethel branch library, pre-register at 541-682-8316. FREE.

Family Music Time, Songs in Spanish, 11:15am, Bethel branch, 1990 Echo Hollow Rd., 541-682-8316. FREE.

Youth Art Works Free Art Class for Kids Ages 6-12, 1-3pm at Emerald Art Ctr., 500 Main St., Spfd, RSVP 541-726-8595. FREE.

Table Tennis for kids, 1:30-2:30pm, Boys & Girls Club, 1545 W. 22nd St., eugenettclub.com or 541-515-2861. FREE.

LEGO Ninjago Make & Take, build your own LEGO Ninjago dragon to take home, 4pm, Barnes & Noble, 1163 Valley River Dr. FREE.

Family Swims at warm saltwater Tamarack Pool, 6:30-7pm today, Monday & Wednesday 3575 Donald St. #210. \$4-\$6.

LECTURES/CLASSES African Drum w/Fode Sylla, 9:45-10:45am, WOW Hall. \$12-\$15.

Share & Store Photos Online, no camera needed, internet skills required, 10am, downtown library. FREE.

Unleash Yourself, day of workshops on health, sustainability, artistic expression, free childcare, 10am-6pm, Peterson Barn, 870 Berntzen Rd. \$5.

Healthy Vegan Brownies & PB&J Bars w/Alexandra Bwye, 11:30am-12:30pm, Natural Grocers, 201 Coburg Rd. FREE.

Wordcrafters in Eugene presents Ace Your Application: College Essay Mentoring Day for high school seniors, 1:30 & 3:30pm, Stellaria Bldg., 150 Shelton McMurfhey Blvd. FREE.

POP Pilates w/Lila continues. See Thursday, Oct. 5.

Talks at the MNCH continues. See Thursday, Oct. 5.

ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, ft. artist Hank Williams, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

60s Beat, "Keeping the Spirit of the 60s Alive," ft. artist Simon & Garfunkel, 7-9pm, KRVM.

OUTDOORS/RECREATION All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

GEARs Bicycle Club: 2 groups, Creswell & Howe Rd. w/one group going over Dillard, 9am, Alton Baker Park, eugenegears.org. FREE.

Run w/a Researcher, run or walk, 9am, EMU, "0" Desk, UO Campus., uoregon.edu/researchrun. FREE.

GrassRoots Garden Herb Walk, rain or shine, 10:30-11:15am, 1465 Coburg Rd. FREE.

Urban Weed Identification Walk, rain or shine, 11:30-12:30pm, GrassRoots Garden, 1465 Coburg Rd. FREE.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Silent Auction, 1-8pm, Seasons Bar & Grill, 2750 Roosevelt Blvd. FREE.

Blazing Paddles continues. See Thursday, Oct. 5.

Centennial chess club continues. See Thursday, Oct. 5.

The Frightuary continues. See Friday.

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. \$12-\$15.

Sustainable Cottage Grove's Square Dance, beginners welcome, family friendly, kids space, Mud City Callers & live music, 7-10pm, Odd Fellows #68, 317 E. Main St., Cottage Grove, 541-942-2360. FREE.

Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE.

SPECTATOR SPORTS Oregon v. Washington State, football, 5pm, Autzen Stadium. \$30+.

SPIRITUAL Day-long meditation, attend all or part, 10am-4pm, Ctr. for Sacred Sciences, 5440 Saratoga St., 541-345-0102, centerforsacredsciences.org. Don.

Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal

Church of the Resurrection, 3925 Hilyard St. FREE.

THEATER *Jekyll & Hyde* continues. See Friday.

Jesus Christ Superstar continues. See Thursday, Oct. 5.

Middletown continues. See Thursday, Oct. 5.

Schoolhouse Rock Live! Jr. continues. See Friday.

VOLUNTEER 9th Annual Great Willamette Clean Up, land & water cleanup from Oakridge to Portland, 8am-2pm, various locations on Willamette River, register willametteriverkeeper.org. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

9th Annual Great Willamette Clean Up volunteer celebration, gathering for volunteers, 1-3pm, Ninkasi, 272 VanBuren. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Oct. 5.

SUNDAY

OCTOBER 8
SUNRISE 7:18AM; SUNSET 6:39PM
AVG. HIGH 68; AVG. LOW 42

ART/CRAFT Paint Party, "Sunset Sail!" all supplies & instructions included, all skill levels welcome, 2-4:30pm, Tradewinds Cafe & Catering, 3443 Hilyard St., pre-register thirst2create.com. \$35.

DANCE *Mowgli* continues. See Friday.

FARMERS MARKETS Fairmount Neighborhood Farmers Market, 10am-2pm, 19th & Agate across from Prince Pucklers. FREE.

Whiteaker Community Market, farmers & artists, 11am-4pm, 2nd & Van Buren. FREE.

Dexter Lake Farmers' & Artists' Market, live music, noon-4pm, Rolling Rock Park, 18 W. Main St., Lowell. DexterLakeFarmersMarket.org. FREE.

FILM "Dolores - Rebel. Activist. Feminist. Mother." movie & discussion sponsored by Beyond Toxics, 2:30pm, Broadway Metro Theater, 43 W. Broadway. \$6.

FOOD/DRINKS Sunday Bunday, brunch w/GF, DF, soy free Bao & drinks, 10am-4pm, Maven Art Boutique, 271 W. 8th Ave. FREE, food & drink prices vary.

Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

GATHERINGS Picc-A-Dilly Flea Market, 8am-4pm, Lane County Fairgrounds, Expo Halls 1, 2 & 3. \$1.50-\$7.50.

OREGON'S GREEN RUSH
MEDICINE FOR THE PEOPLE
NEW!
GET LIFTED WITH HARLE TSU
OUR HIGHEST CBD STRAIN
NOW ONLY \$8 PER GRAM

\$100 OZ / \$5 GRAMS:
CRIPPLED RHINO
PURPLE HINDU KUSH
SUPER SKUNK
SFV OG
LAMBS BREAD

21+

541-653-8523
2644 RIVER ROAD
EUGENE, OR 97404

FIND MORE DAILY & WEEKLY SPECIALS:

OREGONGREENRUSH.COM

*\$100 OZ PRICE BEFORE TAX. PURCHASE AND USE OF MARIJUANA IS FOR PEOPLE 21 YEARS OF AGE OR OLDER. DO NOT OPERATE MACHINERY WHILE UNDER THE INFLUENCE OF MARIJUANA. KEEP OUT OF THE REACH OF CHILDREN.



\$17 PIZZA & DRAFT BEER

Choose from Margarita, LaPerla or Primavera pizzas.



PIZZERIA NAPOLETA
13th and Pearl in Eugene
(541) 686-1313

Offer expires November 31, 2017. No cash value.

CLIP THIS COUPON

FREE ADMISSION

Sponsored By: **BOOMER & SENIOR**

- *learn from educational seminars and demonstrations.
 - *Numerous door prizes and giveaways.
 - *Bring a non-perishable food item for "Food for Lane County" and receive an extra door prize drawing ticket.
 - *Receive complimentary screenings and information on a variety of subjects.
- Sample and experience ways to Enhance Life, Heal the Body, Attain Soundness of Mind and Inspire the Spirit.

Eugene Health & Wellness Expo

**At The Lane Events Center
Wheeler Pavilion
796 West 13th Avenue
Saturday, October 7th-10am-6pm
Sunday, October 8th-11am-5pm**

For companies participating in the event, seminar and demonstration schedule and more information call 541-633-7115 or visit www.dammstraightproductions.com