

2004 • 2005 • 2006 • 2007 • 2008 • 2009 • 2010 • 2011 • 2012 • 2013 • 2014 • 2015 • 2016

BEST HANGOVER BREAKFAST

13 STRAIGHT YEARS!

BREAKFAST ALL DAY

1689 Willamette | 541-343-1542
7am - 2pm Mon - Fri • 7am - 3pm Sat & Sun
 Espresso Hours
 7am - 5pm Mon - Fri • 8am - 5pm Sat & Sun

featuring *Tailored.* COFFEE ROASTERS

SECOND LOCATION!

5TH & LAWRENCE

Brails RESTAURANT & ESPRESSO

see our full menu online: brailseugene.com

EVERGREEN
 SOUTHERN AND NORTHERN INDIAN CUISINE

EUGENE HALLY BEST OF EUGENE 2014

EW'S BEST INDIAN CUISINE 2014-2015

LUNCH BUFFET

6 Days a Week 11:30am - 2:30pm • Dinner 5-9:30pm • Closed Tuesdays

EAT & PARK

FREE PARKING FOR EVENTS AT MATT KNIGHT ARENA
 WHEN YOU DINE WITH US

* **1525 Franklin Blvd. Eugene, OR** | * **136 SW Third • Corvallis, OR ***
541-343-7944 | **541-754-7944**
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8 Locations

Run-Ins Welcome

Walk-Ins too

eugene
URGENT CARE 

EugeneUrgentCare.com

CALENDAR

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Sept. 28.

WEDNESDAY

OCTOBER 4
 SUNRISE 7:14AM; SUNSET 6:47PM
 AVG. HIGH 70; AVG. LOW 43

ART/CRAFT Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

FILM IWW Movie & Discussion - "Fool's Parade," sponsored by Lane branch of Industrial Workers of the World, 7pm, McNail-Riley House, 601 W. 13th Ave. FREE.

FOOD/DRINKS Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

GATHERINGS Overeaters Anonymous, 8-9am, First Christian Church, 1166 Oak St., oaeugene.org. FREE or don.

Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Medicare Made Clear for those new to Medicare, 5pm, Syman-Degler Bldg., 1163 Olive St. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

UO/SPICE Science Open House, open house w/science demonstrations, activities, 6:30-8:30pm, Willamette Hall, UO Campus. FREE.

Singing Heart, community singing, call & response, all voices welcome, 7-8:30pm Unitarian Church, 1685 W. 13th Ave., chapel. \$10.

"Out of the Fog," meeting of Mar-ijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

The Great Costume Swap Dropoff continues. See Monday.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet-Illness Coping Support Group, noon-1pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15 am & 11am, downtown library. FREE.

SPL After School Club: Random Acts of Kindess, 3:45pm, Spfd Public Library, 225 5th St., Spfd. FREE.

Babies-Toddlers Storytime, 11am, up to age 12, Thursdays 4pm, Goose Resale 1075 Chambers, 541-343-1300. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

LECTURES/CLASSES Bone Builders & Bone Breakers w/Yaakov Levine, 2-3:15pm, Natural Grocers, 201 Coburg Rd., 541-345-3300. FREE.

Turning Down the Heat: Strategies for cooling neighborhoods during high temperatures w/ PSU professor Vivek Shandas, 6:30-7:30pm, Willamette Hall, rm. 100, UO Campus. FREE.

Responding to Life's Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Samba Ja Community Brazilian Percussion Ensemble, practice for performance approved members, 7:30pm, Corestar Cultural Ctr., 439 W. 2nd Ave., dearsambaja@gmail.com. FREE.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, Sept. 28.

LITERARY ARTS Speak Your Piece(s), open mic poetry/music, etc., 7:30pm sign-up, Vanilla Jill's, 298 Blair Blvd., call 541-393-6822. FREE.

ON THE AIR "Truth Television," live call-in local news/politics, 6pm, Comcast 29.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6617.

"The Point" continues. See Thursday, Sept. 28.

OUTDOORS/RECREATION Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

Trivia w/Elliot Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Zach, 7pm, Bugsy's Bar & Grill, 559 Pacific Hwy. W., Junction City. FREE.

Cards Against Humanity w/ Kevin, 8pm, First National Tap-house, 51 W. Broadway. FREE.

Pinball Knights, 3-strikes pinball tournament w/IFPA points for players, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$10 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Brady, 8pm, Sonny's Tavern, 533 Q St., Spfd. FREE.

WDYK Trivia w/Nick, 8pm, O Bar and Grill, 115 Commons Dr. FREE.

Blazing Paddles continues. See Thursday, Sept. 28.

Duplicate Bridge continues. See Thursday, Sept. 28.

Play Petanque! continues. See Sunday.

Pool Hall continues. See Thursday, Sept. 28.

Qigong continues. See Monday.

SOCIAL DANCE Blues Dance, 6pm lesson followed by dancing, Oregon Wine Lab, 488 Lincoln St. FREE.

Ballroom Dancing, ages 18+, 7pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.

Contact Improvisation Jam, w/ half-hour guided warm-up, drop-ins & no experience fine, 7-9pm, Xcape Dance, 420 W. 12th Ave. info at 206-356-0354. \$5-\$12.

Scottish Country Dancing, 7-9pm, Santa Clara Grange, 295 Azalea Dr. First time FREE, monthly \$15.

Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Insight Meditation, 6:30-8pm, YogaMind Studio, 1339 Oak St. don.

Refuge Recovery, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.

Guided silent meditation continues. See Monday.

TEENS Grrrl Jamz, practice an instrument w/Grrrlz Rock, for girls 10-18, 3:30-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

Tweens: Make Optical Illusions, 4pm, sheldon library, 1566 Coburg Rd. FREE.

Women's Advisory Council for girls 14-18, 4-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

THURSDAY

OCTOBER 5

SUNRISE 7:15AM; SUNSET 6:45PM
 AVG. HIGH 70; AVG. LOW 43

ART/CRAFT Drop-in Maker Time continues. See Thursday, Sept. 28.

Local photographer Greg Giesy exhibit continues. See Thursday, Sept. 28.

The Mystique of Colored Pencils. See Thursday, Sept. 28.

FARMERS MARKETS FOOD for Lane County Youth Farm Produce Stand, 2-6pm, 3333 Riverbend Dr. foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market continues. See Thursday, Sept. 28.

FILM Big Pharma: film-screening & discussion, 6-8pm, Bijou Art Cinemas, 492 E. 13th Ave. \$6-\$8.

SpringFilm: "Psycho," ages 18+, 6:30-9pm, Wildish Community Theater, 630 Main St., Spfd. FREE.

GATHERINGS Hearing Voices & Extreme States Discussion/Support Group, 1pm, LILA, 20 E. 13th Ave., differentminds.us/eshv. FREE.

Social Work Networking Town Hall: learn about technology changes to the NASW Code of Ethics, 5:30-7:30pm, 6th St. Grill, 55 W. 6th Ave. sug. don. \$5+.

NAMI Lane County's Family to Family Support Group, 7-8:30pm, Lane County Behavioral Health Services, 2nd fl., 2411 MLK Jr., Blvd. FREE.

Atheist, Agnostics & Free Thinker AA continues. See Thursday, Sept. 28.

Downtown Toastmasters continues. See Thursday, Sept. 28.

Emerald Photographic Society Club Meeting continues. See Thursday, Sept. 28.

Home Grown Community Radio Forming KEPW-FM meetings continue. See Thursday, Sept. 28.

NAMI Connection Support Group for people w/mental health