

# WHAT'S HAPPENING

Cold weather is right around the corner, but that doesn't mean it's time to ignore your garden. Here are a few fruit and veggie-oriented events to inspire gardening in the colder months. From 10 am to 4 pm on Saturday, Sept. 23, the **Lane County Master Gardener Association Fall Festival** is taking place. The event includes classes on food preservation techniques, growing fruit trees and fermentation. There will also be a bake sale, book sale and plant sale as well as a plethora of local vendors to check out and kids' activities. The festival takes place at the River Road Park and Recreation Center (1400 Lake Drive) It's FREE. Another option to check out local fall food is the **Fall Harvest Food Fest**. It's a community fundraising event put on by Junction City Local Aid (JCLA) and will feature food and drink from local businesses as well as a chance to tour JCLA's pantry and warehouse and learn about direct assistance in the form of food. That event takes place from 1-4 pm at the JCLA service building (210 E. 6th Avenue, Junction City.) Tickets are \$20-\$25 and kids under 12 get in for FREE. — *Meerah Powell*



## THURSDAY

SEPTEMBER 21

SUNRISE 6:58AM; SUNSET 7:10PM  
AVG. HIGH 75; AVG. LOW 46

**ART/CRAFT** The Mystique of Colored Pencils, drop-in art class, one-on-one instruction, 2-4pm today & Thursday, Sept. 28, Emerald Art Ctr., 500 Main St., Spfd. \$15.

Drop-in Maker Time, all ages drop in to make crafts, 3-5pm today & Thursday, Sept. 28, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

**DANCE** Belly Dance show w/ troupe Tribalation, 6:30-9pm, Mediterranean Network Restaurant, 1810 Willamette St. FREE w/dinner purchase.

**FARMERS MARKETS** Amazon Farmers Market, noon-4pm, Amazon Community Ctr., 2700 Hilyard St. FREE.

**FOOD** for Lane County Youth Farm Produce Stand at Riverbend, 2-6pm, 3333 Riverbend Dr., foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market, 4-7pm today & Thursday, Sept. 28, 7th & Main St., Cottage Grove. SVFarmersOnMain@gmail.com. FREE.

**GATHERINGS** Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Sept. 28, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, Sept. 28, 2411 MLK Jr. Blvd. FREE.

Mindfulness Group, 4-5pm, NAMI Resource Ctr., 2411 MLK Jr. Blvd., 541-520-3096. FREE.

Home Grown Community Radio Forming KEPW-FM, 6:30pm, today & Thursday, Sept. 28, Growers Market, 454 Willamette St., 541-343-8548. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Sept. 28, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, Sept. 28, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8:30pm & Thursday, Sept. 28, Lane County Behavioral Health Services in the NAMI Resource Ctr., 2411 MLK Jr., 2nd fl. FREE.

Singing Heart, community singing, call & response, all voices welcome, 7-8:30pm today & Thursday, Sept. 28, Ctr. for Spiritual Living, 390 Vernal St., 7-8:30pm Wednesday, Unitarian Church, 1685 W. 13th Ave., chapel. \$10.

**HEALTH** Gentle Exercise for Wellness, ages 50+, 9 & 10am today, Tuesday & Thursday, Sept.

28, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Intro to Weight Training, ages 18+, 10am today, Tuesday & Thursday, Sept. 28, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Sept. 28, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Tai Chi: Level 1, ages 50+, 11am today, Tuesday & Thursday, Sept. 28, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Tai Chi: Level 2, noon-1pm today & Thursday, Sept. 28, ages 50+, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Zumba Gold, ages 50+, today body experience w/fun dance movements, 1:30pm, Willamalane Adult Activity Ctr., 215 W. C. St., Spfd. \$7-\$9.

Cycle, ages 14+, indoor cycling to music for aerobic training, 4:45-5:30pm today, Tuesday & Thursday, Sept. 28, first come, first serve, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Nia Fusion Fitness, ages 18+, non-impact, aerobic exercise, 5:30pm today, Tuesday & Thursday, Sept. 28, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

**LECTURES/CLASSES** Harmony: Community Centered Martial Arts, open practice, 10am today & Thursday, Sept. 28, Monroe Park, Monroe St. & W. 10th Ave. FREE.

Winter Gardening Tips, ages 18+, demonstrations for building a hoop house, growing techniques for winter months, etc., 1:30-2:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

New to Medicare? ages 18+, discover federal & state programs, 2-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Sept. 28, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, Sept. 28, all abilities & disabilities, Hilyard Community Ctr., 2580 Hilyard St., 541-357-4982. don.

Digitize & Restore Photos, hands-on intro to Photoshop, library card required, 5:30pm, downtown library. FREE.

"The Nature of Fascism" weekly Freire-style political education hosted by Community Labor Party Eugene, 5:30-6:30pm today & Thursday, Sept. 28, East Park Block, clpeugene@gmail.com. FREE.

POP Pilates w/Lila, dance choreography & pilates moves, all levels welcome, 5:30pm today, Tuesday & Thursday, Sept. 28, 1840 Willamette St., upstairs studio B. \$10-\$15.

How to Apply for a Small Business Loan, 6pm, downtown library. FREE.

Natural Medicine & Cancer Treatment w/Dr. Michelle Niesley, 6-7pm, Natural Grocers, 201 Coburg Rd. FREE.

Massage Techniques, ages 18+, learn basic Swedish massage

techniques, 6:30-8:30pm today & Thursday, Sept. 28, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$12-\$14.

**LITERARY ARTS** Debby Dodds & Kate Ristau, juvenile fiction authors discuss their books, 7pm, Barnes & Noble, 1163 Valley River Dr. FREE.

**KIDS/FAMILIES** Family Music Time, 10:15am, downtown library, 541-682-8316. FREE.

Walkers storytime, for babies up on their feet w/their caregivers, 10:15am & 11am today & Thursday, Sept. 28, downtown library. FREE.

Kids Night Out: LEGO Party, ages 4-11, supervised fun & games, 6:30-9pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$15.

**ON THE AIR** "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Sept. 28, KPOV 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, Sept. 28. Comcast channel 29.

"The Many Hats of Coco," Tere Tronson of Tronson Gallery visits Coco, 10pm today & Saturday. Channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Sept. 28, KLCC 89.7FM.

**OUTDOORS/RECREATION** Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Sept. 28, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Sept. 28, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Sept. 28; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Sept. 28, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, Sept. 28, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Sept. 28, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Sept. 28, Funagain Games, 1280 Willamette St. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, Sept. 28, Oregon Wine LAB. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, Sept. 28, OKS, 1071 W. 7th. FREE.

WDYK Trivia w/Haley, 7pm today & Thursday, Sept. 28, Sidelines, 77 W. Broadway. FREE.

WDYK Trivia w/Brady, 7pm today & Thursday, Sept. 28, Brew & Cue, 2222 State Hwy. 99 N. FREE.

WDYK Trivia w/Zach, 7pm today & Thursday, Sept. 28, Gridiron Grill & Taphouse, 2816 Main St., Spfd. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, Sept. 28, Side Bar, 1680 Coburg Rd., #108. FREE.