

WHAT'S HAPPENING

THURSDAY

AUGUST 31

SUNRISE 6:34AM; SUNSET 7:49PM
AVG. HIGH 81; AVG. LOW 50

ART/CRAFT Drop-in Maker Time, all ages drop in to make crafts, 3-5pm today & Thursday, Sept. 7, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

FARMERS MARKETS Amazon Farmers Market, noon-4pm, Amazon Community Ctr., 2700 Hilyard St. FREE.

FOOD for Lane County Youth Farm Produce Stand at Riverbend, 2-6pm, 3333 Riverbend Dr., foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market, 4-7pm today & Thursday, Sept. 7, 7th & Main St., Cottage Grove. SVFarmersOnMain@gmail.com. FREE.

FILM Movie in the Park Blocks: "Tangled," 9pm, Park Blocks, 8th & Oak St. FREE.

GATHERINGS Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Sept. 7, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg, 99 E. Broadway Ave., 541-485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, Sept. 7, 2411 MLK Jr. Blvd. FREE.

Mindfulness Group, 4-5pm, NAMI Resource Ctr., 2411 MLK Jr. Blvd., 541-520-3096. FREE.

Home Grown Community Radio Forming KEPW-FM, 6:30pm, today & Thursday, Sept. 7, Growers Market, 454 Willamette St., 541-343-8548. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Sept. 7, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, Sept. 7, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE.

An evening of Science Fiction w/Wendy N. Wagner & Spencer Ellsworth, 7pm, Barnes & Noble, 1163 Valley River Dr., 541-687-0356. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8:30pm, Lane County Behavioral Health Services in NAMI Resource Ctr., 2411 MLK Jr. Blvd. FREE.

HEALTH Gentle Exercise for Wellness, ages 50+, 9 & 10am today, Tuesday & Thursday, Sept. 7, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Intro to Weight Training, ages 18+, 10am today, Tuesday & Thursday, Sept. 7, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Sept. 7, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Tai Chi: Level 1, ages 50+, 11am today, Tuesday & Thursday, Sept. 7, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Tai Chi: Level 2, noon-1pm today & Thursday, Sept. 7, ages 50+, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Zumba Gold, ages 50+, today body experience w/fun dance movements, 1:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Cycle, ages 14+, indoor cycling to music for aerobic training, 4:45-5:30pm today, Tuesday & Thursday, Sept. 7, first come, first serve, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Nia Fusion Fitness, ages 18+, non-impact, aerobic exercise, 5:30pm today, Tuesday & Thursday, Sept. 7, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

LECTURES/CLASSES Harmony: Community Centered Martial Arts, open practice, 10am today & Thursday, Sept. 7, Monroe Park, Monroe St. & W. 10th Ave. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Sept. 7, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, Sept. 7, all abilities & disabilities, Hilyard Community Ctr., 2580 Hilyard St., 541-357-4982. don.

Lane County Cultural Coalition grant writing workshop, 5pm, Spfd Public Library, 225 5th St., Spfd. FREE.

Massage Techniques, ages 18+, learn basic Swedish massage techniques, 6:30-8:30pm today & Thursday, Sept. 7, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$12-\$14.

Steven R. Mark NPS Historian, 7-9pm, University of Oregon Law School, 1515 Agate, rm. 110. FREE.

KIDS/FAMILIES Family Science Week, last day of 3-day event, 9am-1pm, LCC Cottage Grove, 1275 S. River Rd., Cottage Grove. \$129/child 5 & over. \$10 reg. fee.

Mobile Art Bus, free art lessons for kids, 10am-noon today & Thursday, Sept. 7, Churchill High School playground, 1850 Bailey Hill Rd.; 1-3pm today & Thursday, Sept. 7, Sladden Park, 925 Cheshire Ave.; 5:30-7:30pm today & Thursday, Sept. 7, Emerald Park, 1400 Lake Dr. FREE.

Family Music Time, 10:15am, downtown library, 541-682-8316. FREE.

ON THE AIR "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Sept. 7, KPOV 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, Sept. 7, Comcast channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Sept. 7, KLCC 89.7FM.

OUTDOORS/RECREATION GEARS Bicycle Club: McKenzie View Dr. & Sunderman, 8:30am, Alton Baker Park, eugenegears.org. FREE.

Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Sept. 7, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Sept. 7, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Sept. 7; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Sept. 7, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, Sept. 7, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Sept. 7, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Tour Meadowlark East to learn about habitat restoration w/ Friends of Buford Park & Mt. Pisgah, 5:30-7pm, 88525 Green Hill Rd., info & preregister at bufordpark.org/tours. FREE.

Board Game Night, 6-11pm today, Tuesday & Thursday, Sept. 7, Funagain Games, 1280 Willamette St. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, Sept. 7, Oregon Wine LAB. FREE.

Adult intro to ki-ai-kido, 7pm Today, Monday & Thursday, Sept. 7, OKS, 1071 W. 7th. FREE.

WDYK Trivia w/Haley, 7pm today & Thursday, Sept. 7, Sidelines, 77 W. Broadway. FREE.

WDYK Trivia w/Brady, 7pm today & Thursday, Sept. 7, Brew & Cue, 2222 State Hwy. 99 N. FREE.

WDYK Trivia w/Zach, 7pm today & Thursday, Sept. 7, Gridiron Grill & Taphouse, 2816 Main St., Spfd. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, Sept. 7, Side Bar, 1680 Coburg Rd., #108. FREE.

Blazing Paddles, table tennis club (ping pong), We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, Sept. 7, check website for times & occasional cancellations, lanetabledennis.net. \$5.

SOCIAL DANCE Line Dance Lessons, 6-8pm today & Thursday, Sept. 7, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE.

Crossroads Blues Fusion, blues dancing lessons 7pm today & Thursday, Sept. 7, open dance

8:30-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, first time FREE.

English & Scottish Country Dancing, 7pm today & Thursday, Sept. 7, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, Sept. 7, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, Sept. 7, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Insight Meditation, 6:30-8pm today & Thursday, Sept. 7, Eugene Yoga Annex, 3575 Donald St. don.

Refuge Recovery, 7-8:30pm today & Thursday, Sept. 7, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, Sept. 7, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE.

THEATER No Shame Workshop: Short-form theatre & improv! 7:30pm, Atrium Building, 99 W. 10th Ave. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party, 8am-11am today, Saturday, Tuesday, & Thursday, Sept. 7, Native Plant Nursery, Buford Park, volunteer@bufordpark.com, 541-344-8350. FREE.

FRIDAY

SEPTEMBER 1

SUNRISE 6:36AM; SUNSET 7:47PM
AVG. HIGH 80; AVG. LOW 49

ART/CRAFT Quilting Circle, ages 50+, 9am-noon, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Free First Friday at the Museum, free admission to the Museum of Natural & Cultural History, 11am-5pm, MNCH, 1680 E. 15th Ave., UO Campus. FREE.

Lane Arts Council's First Friday ArtWalk & Fiesta Cultrul Kick-off, 7-9:30pm, Kesey Square, lanearts.org. FREE.

FILM "Hidden Internment: The Art Shibayama Story," 6pm, peacestickers.net, 1061 Chambers St., ste. L, for directions & wheelchair access 541-636-6269. FREE.

FOOD/DRINK Wine & Music, 4-10pm, Noble Estate Urban, 560 Commercial St. FREE. Food/drink costs vary.

Fridays at the Brewery, tastings, tours, music, food, 5-8pm, Oakshire Brewing, 1055 Madera St. FREE.

Wine Tasting, 6-9pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

DANCE Dance performances by Jose & Michelle Cruz from Salseros Dance Co., Fiesta Cultural kick-off, 5:30pm, Kesey Square. FREE.

September is **Emergency Preparedness Month** and the City of Eugene Emergency Management Program is offering up some educational activities and events to best prepare the community for any winter storms, earthquakes or other potential disasters. The events span throughout September, but the two coming up next week are on Sept. 5 and 6. From 3:30-5 pm Tuesday, Sept. 5, at the downtown Eugene Public Library there will be a "How Prepared Are You?" earthquake readiness workshop. It'll include education on basic earthquake science and about actions one can take before and after an earthquake. It's FREE. On Wednesday, Sept. 6, from 6:30-8:30 pm a "Cascadia Earthquake Neighborhood Tabletop Exercise" will be held at 1705 W. 2nd Avenue. The exercise will be lead by Eugene-Springfield Community Emergency Response Team (CERT). CERT will walk neighborhood teams through an earthquake scenario. Neighborhoods with teams are encouraged to come. RSVP to patence.m.winningham@ci.eugene.or.us. The exercise is also FREE. For more info on other emergency preparedness events happening in September, visit eugene-or.gov/Emergency-Management. — *Meerah Powell*