

Talks at the MNCH continues. See Thursday, Aug. 17.

**ON THE AIR** Country Classics, Hot Licks & Hipbilly favorites, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

60s Beat, "Keeping the Spirit of the 60s Alive," 7-9pm, KRVM.

**OUTDOORS/RECREATION** Eug/Spfd Mossbacks Volkssport Club: walk in Westport, 7am, from Willamalane Adult Activity Ctr., 215 W. C St., Spfd. mossbacks.org. FREE (\$10 carpool).

Lane County Audubon's Third Saturday Bird Walk, 8am, carpool from South Eugene High School parking lot, 400 E. 19th Ave., laneaudubon.org. \$3 don.

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Emerald City Junior Gems Roller Derby Camp, day camp for children ages 8-17, 9am-4pm today & tomorrow, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$80-\$100.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Growl to Garden Road Mile, bar-to-bar mile race, proceeds to local non-profit run club, Team Run Eugene, 3:30-5pm, 5th Ave. & Pearl St. Growltogarden.com. \$15-\$25.

Blazing Paddles continues. See Thursday, Aug. 17.

Centennial chess club continues. See Thursday, Aug. 17.

**SOCIAL DANCE** Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. \$12-\$15.

Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE.

**SPIRITUAL** Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St. FREE.

**THEATER** Free Shakespeare in the Park presents: *Henry V*, 6pm today & tomorrow, Amazon Community Ctr. South Lawn, 2700 Hilyard St. FREE.

The Roving Park Players Production: *Miss Bunny Bunting's Bonafide Belles* or *The Trail of The Tenebrous Tiara*, 6pm today & tomorrow, Maurie Jacobs Park, End of Fir Ln. (off River Rd), for more info call 541-735-7184 or 541-914-2374. FREE.

*As You Like It* continues. See Thursday, Aug. 17.

*Doubt*, A Parable by John Patrick Shanley continues. See Friday.

*Love Letters* continues. See Friday.

*The Good Doctor* continues. See Thursday, Aug. 17.

**VOLUNTEER** City of Eugene Parks & Open Space Pull & Paddle, help pull aquatic weeds, tools, gloves, canoes, etc. provided, 8am-noon, Delta Ponds, RSVP at carrie.l.karl@ci.eugene.or.us or 541-682-4850. FREE.

Willow Creek Preserve volunteer work party, 9am-noon, 87200 Rathbone Rd., RSVP at nature.org/oregonworkparties. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party continues. See Thursday, Aug. 17.

## SUNDAY

**AUGUST 20**  
SUNRISE 6:22AM; SUNSET 8:08PM  
AVG. HIGH 82; AVG. LOW 51

**ART/CRAFT** 3D Scan & Print Your Head, for adults & teens, library card required, 1:30pm, downtown library. FREE.

**FARMERS MARKETS** Fairmount Neighborhood Farmers Market, 10am-2pm, 19th & Agate across from Prince Pucklers. FREE.

Whiteaker Community Market, farmers & artists, 11am-4pm, 2nd & Van Buren. FREE.

Dexter Lake Farmers' & Artists' Market, live music, noon-4pm, Rolling Rock Park, 18 W. Main St., Lowell. DexterLakeFarmersMarket.org. FREE.

**FOOD/DRINKS** Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

**GATHERINGS** Overeaters Anonymous, 9:30am, First United Methodist Church, 1370 Olive St. FREE.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

Celestial Light & Sound Healing w/crystal singing bowls & brief Kundalini Yoga session, 8pm, 45560 S. Gate Creek Rd., Vida. \$20.

**HEALTH** Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15.

**KIDS/FAMILIES** Family Fun, 1pm, downtown library. FREE.

Children's Meditation Class, 7-7:45pm, Eugene Zendo, 2190 Garfield St. FREE.

**LECTURES/CLASSES** Yoga on the Patio, pre-brunch yoga, includes 1 mimosa, beer or soda, 10:30-11:30am, Oregon Wine LAB, 488 Lincoln St. \$15.

Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

Self Defense Classes for the Community, wing chun kung fu & weapon training, 12:15-1:15pm, WOW Hall. don.

Talks at the MNCH continues. See Thursday, Aug. 17.

**ON THE AIR** "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWVA 88.1FM & kwvradio.org.

Son of Saturday Gold, True stuff for true believers, 11am-1pm, KRVM.

**OUTDOORS/RECREATION** TrackTown Fitness, trainings to prepare for Eugene Marathon, 8-9am, Hayward Field. FREE.

Play Petanque! Easy to learn/fun to play, free lessons, 10am-1pm today & 6pm Wednesday, University Park, University & 24th Ave. FREE.

Church of Pinball, tournament, minors welcome, 3pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

Blazing Paddles continues. See Thursday, Aug. 17.

Duplicate Bridge continues. See Thursday, Aug. 17.

**SOCIAL DANCE** Coalescence: Community Estatic Dance, 10am-noon, WOW Hall. \$8-\$12.

Music & Dance Workshop w/Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Argentinian Tango, lesson 3-4pm, dance 5-7pm, 541-485-6647. \$5-\$12.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.

**SPIRITUAL** Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTO, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.



**THEATER** *As You Like It* continues. See Thursday, Aug. 17.

*Doubt*, A Parable by John Patrick Shanley continues. See Friday.

Free Shakespeare in the Park presents: *Henry V* continues. See Saturday.

*The Good Doctor* continues. See Thursday, Aug. 17.

*Love Letters* continues. See Friday.

The Roving Park Players Production: *Miss Bunny Bunting's Bonafide Belles* or *The Trail of The Tenebrous Tiara* continues. See Saturday.

**VOLUNTEER** City of Eugene Parks & Open Space Pull & Paddle, help pull aquatic weeds, tools, gloves, canoes, etc. provided, 8am-noon, Golden Gardens, RSVP at carrie.l.karl@ci.eugene.or.us or 541-682-4850. FREE.

Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

## MONDAY

**AUGUST 21**  
SUNRISE 6:23AM; SUNSET 8:06PM  
AVG. HIGH 82 AVG. LOW 51

**ART/CRAFT** Drop-in Maker Time, all ages drop in to make crafts, 3-5pm, sheldon branch library, 1566 Coburg Rd. FREE.

Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE (\$5 sug. don. for supplies).

**GATHERINGS** Solar Eclipse Watch Party, 8:30am-noon, Skinner Butte. FREE.

Eclipse Viewing, viewers & glasses provided as supplies allow, 9-11am, Spfd Public Library, 225 5th St., Spfd. FREE.

Solar Eclipse Viewing Party, w/free eclipse glasses available, 9:30am, YMCA Field, 19th & Patterson. FREE.

Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-341-1690. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Rose Gardens, 300 N. Jefferson. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Overeaters Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th Ave. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Now recruiting! Women! Come sing w/Sweet Adeline harmonizing group, 7pm, United Methodist Church, 1385 Oakway Rd. FREE.

Polyamory & Non-monogamy Relationship Discussion & Support Group, 7:15pm, contact eugenepolygroup@gmail.com for location. don.

Refuge Recovery Meeting continues. See Friday.

**HEALTH** Stability Balls, ages 50+, bring your stability ball to class, 8am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Active Exercise, ages 50+, moderate aerobics, stretches, weights, etc. You can begin at any time, 9am today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Strength & Flexibility, ages 50+, regain strength, balance & flexibility, 9am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer