

# WHAT'S HAPPENING

## THURSDAY AUGUST 17

SUNRISE 6:18AM; SUNSET 8:12PM  
AVG. HIGH 82; AVG. LOW 51

**ART/CRAFT** Drop-in Maker Time, all ages drop in to make crafts, 3-5pm today & Thursday, Aug. 24, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

Paint Party, "Turtles," 6-8:30pm, Viking Braggot Company, 520 Commercial St., unit F. \$35.

**DANCE** pARTy on the Plaza, The Embodiment Project, hip-hop dance theater company, 5:30pm, Hult Ctr. Plaza. FREE.

**FARMERS MARKETS** Amazon Farmers Market, noon-4pm, Amazon Community Ctr., 2700 Hilyard St. FREE.

**FOOD** for Lane County Youth Farm Produce Stand at River-

bend, 2-6pm, 3333 Riverbend Dr., foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market, 4-7pm today & Thursday, Aug. 24, 7th & Main St., Cottage Grove. SVFarmersOnMain@gmail.com. FREE.

**GATHERINGS** 62nd Anniversary Celebration & Local Vendor Tasting Fair! also bike check & other services, noon-6pm, Natural Grocers, 201 Coburg Rd. FREE.

Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Aug. 24, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today &

Thursday, Aug. 24, 2411 Martin Luther King Jr. Blvd. FREE.

1950s Style Ice Cream Social (grass-fed dairy & non-dairy options), 4-6pm, Natural Grocers, 201 Coburg Rd. FREE.

Mindfulness Group, 4-5pm, NAMI Resource Ctr., 2411 Martin Luther King Blvd., 541-520-3096. FREE.

Home Grown Community Radio Forming KEPW-FM, 6:30pm, today & Thursday, Aug. 24, Growers Market, 454 Willamette St., 541-343-8548. FREE.

Ubuntu Contributionism Meet-up, 6:30pm today & Thursday, Aug. 24, Market of Choice, 67 W. 29th Ave., 541-285-7329. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Aug. 24, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 7-8pm today & Thursday, Aug. 24, Unitarian Universalist Church, 1685 W. 13th Ave., 541-953-5119. FREE.

NAMI Lane County's Friends & Family Support Group, 7-8:30pm, Lane County Behavioral Health Services in NAMI Resource Ctr., 2411 MLK Jr. Blvd., 2nd fl. FREE.

**HEALTH** Gentle Exercise for Wellness, ages 50+, 9 & 10am today, Tuesday & Thursday, Aug. 24, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Intro to Weight Training, ages 18+, 10am today, Tuesday & Thursday, Aug. 24, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Aug. 24, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Tai Chi: Level 1, ages 50+, 11am today, Tuesday & Thursday, Aug. 24, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Laughter Yoga, see front desk, 11:15am-12:15pm, River Rd. Gym, 1400 Lake Dr., classrm. C. \$6 drop-in.

Tai Chi: Level 2, noon-1pm today & Thursday, Aug. 24, ages 50+, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Zumba Gold, ages 50+, today body experience w/fun dance movements, 1:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Cycle, ages 14+, indoor cycling to music for aerobic training, 4:45-5:30pm today, Tuesday & Thursday, Aug. 24, first come, first serve, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Nia Fusion Fitness, ages 18+, non-impact, aerobic exercise, 5:30pm today, Tuesday & Thursday, Aug. 24, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

**LECTURES/CLASSES** Falafel Salad Wrap & Tahini Drizzle w/Nicole Baldrige, 10-11am, Natural Grocers, 201 Coburg Rd. FREE.

Harmony: Community Centered Martial Arts, open practice, 10am today & Thursday, Aug. 24, Monroe Park, Monroe St. & W. 10th Ave. FREE.

2017 Summer Seminar Series: E Pluribus Unum, Professor Chris Chavez, UO School of Journalism, academic experience taught by professors, 11am-noon, St. Mary's Catholic Church, Parish Ctr., 1062 Charnelton St. FREE.

Chocolate Powerhouse Pudding (VEGAN) tasting w/Yakov Levine, noon-2pm, Natural Grocers, 201 Coburg Rd. FREE.

Workshop: Dance as a Call to Action, noon, downtown library. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Aug. 24, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, Aug. 24, all abilities & disabilities, Hilyard Community Ctr., 2580 Hilyard St., 541-357-4982. don.

Small Business Clinic: Ask the Experts, 5-7pm, downtown library, pre-register, call 541-682-5450. FREE.

Grow Your Business Online, 6pm, downtown library. FREE.

Massage Techniques, ages 18+, learn basic Swedish massage

techniques, 6:30-8:30pm today & Thursday, Aug. 24, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$12-\$14.

**KIDS/FAMILIES** Mobile Art Bus, free art lessons for kids, 10am-noon today & Thursday, Aug. 24, Churchill High School playground, 1850 Bailey Hill Rd.; 1-3pm today & Thursday, Aug. 24, Sladden Park, 925 Cheshire Ave.; 5:30-7:30pm today & Thursday, Aug. 24, Emerald Park, 1400 Lake Dr. FREE.

Family Music Time, 10:15am, downtown library, 541-682-8316. FREE.

**ON THE AIR** "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Aug. 24, KPVO 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, Aug. 24, Comcast channel 29.

"The Many Hats of Coco," host Theo Czuk interviews local novelists & artists, this week's guest is painter Rebecca La Mothe, 10pm, channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Aug. 24, KLCC 89.7FM.

**OUTDOORS/RECREATION** GEARS Bicycle Club: McKenzie View & Sunderman, 8:30am, Alton Baker Park, eugenegears.org. FREE.

Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Aug. 24, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Aug. 24, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Aug. 24; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Aug. 24, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, Aug. 24, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Aug. 24, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Aug. 24, Funagain Games, 1280 Willamette St. FREE.

GEARS Bicycle Club: Women Only Ride, 6pm, Alton Baker Park, eugenegears.org. FREE.

Mill Race Path Guided Bicycle Tour, 6-8:30pm, 307 S. 5th St., Spfd. FREE.

Categorically Correct Trivia w/Elliot Martinez, 6:30-8pm today & Thursday, Aug. 24, Oregon Wine LAB. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, Aug. 24, OKS, 1071 W. 7th. FREE.

WDYK Trivia w/Haley, 7pm today & Thursday, Aug. 24, Sidelines, 77 W. Broadway. FREE.

WDYK Trivia w/Brady, 7pm today & Thursday, Aug. 24, Brew & Cue, 2222 State Hwy. 99 N. FREE.

WDYK Trivia w/Zach, 7pm today & Thursday, Aug. 24, Gridiron Grill & Taphouse, 2816 Main St., Spfd. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, Aug. 24, Side Bar, 1680 Coburg Rd., #108. FREE.

Blazing Paddles, table tennis club (ping pong), We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, Aug. 24, check website for times & occasional cancellations, lanetabledennis.net. \$5.

**SOCIAL DANCE** Line Dance Lessons, 6-8pm today & Thursday, Aug. 24, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE.

Crossroads Blues Fusion, blues dancing lessons 7pm today & Thursday, Aug. 24, open dance 8:30-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, first time FREE.

English & Scottish Country Dancing, 7pm today & Thursday, Aug. 24, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/Taller de Son Jarochco, 7-9pm today & Thursday, Aug. 24, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

**SPIRITUAL** Zen Meditation Group, 7-8am today & Thursday, Aug. 24, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Insight Meditation, 6:30-8pm today & Thursday, Aug. 24, Eugene Yoga Annex, 3575 Donald St. don.

Refuge Recovery, 7-8:30pm today & Thursday, Aug. 24, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, Aug. 24, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE.

It's been talked about for months and months and now it's finally here — the **total solar eclipse!** Hopefully, if you're looking to camp, you've made plans *way* in advance since most everything in the zone of totality — on our side of the Cascades, that's the chunk of land from Brownsville to McMinnville — has been booked up for months. If you're staying in town, Eugene's still not a bad place to be as we'll be experiencing about 99 percent totality, not safe enough to view with bare eyes, but do-able with eclipse viewers. If you'll be in the Eugene area, here are a few events to check out on eclipse day — Monday, Aug. 21. Head to the **YMCA Field**, at 19th and Patterson, at 9:30 am for a FREE Solar Eclipse Viewing Party. Oregon Eye Consultants will be on-site with safety-approved glasses available for free. There will also be music and refreshments. Another Eugene option is the **Solar Eclipse Watch Party put on by EugFun! at Skinner Butte**. There will be shuttle buses from Campbell Community Center (155 High Street) to the top of the butte every 10 minutes starting at 8:30 am. You can also walk up the butte, but no cars are allowed. There will be a limited number of eclipse glasses available there, as well. The **Springfield Public Library** (225 Fifth Street) is also holding an eclipse-viewing event from 9-11 am. They will also be providing NASA-approved eclipse viewers and kid-friendly activities. That event is also FREE. If you're looking to have your own viewing party wherever you are in town, Eugene's **Downtown Public Library** is giving out free eclipse glasses while supplies last.

— Meerah Powell

