

CALENDAR

Pool Hall continues. See Thursday, Aug. 10.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

TEENS Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Intro to Hip hop w/Xcape Dance Academy, 4-5pm, Ophelia's Place, 1577 Pearl St. #100. \$25-\$50 sug. don. for term.

The science that surrounds us, join UO women in Graduate scientists for a scientific workshop, 4-5pm, Ophelia's Place, 1577 Pearl St. Ste. 100. \$25-\$50 sug. don. for term.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

AUGUST 15
SUNRISE 6:16AM; SUNSET 8:16PM
AVG. HIGH 82; AVG. LOW 51

ART/CRAFT Ongoing Drop-In Art Class w/Alan M. Clark, learn how to digitally prepare images w/Photoshop, bring laptop, 1-4pm, Emerald Art Ctr., 500 Main St., Spfd. 551-726-8595. FREE.

Coloring Party for Adults, 2pm, Bethel branch library & Sheldon branch library. FREE.

COMEDY Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

FARMERS MARKETS Lane County Tuesday Farmers Market, 10am-3pm, 8th & Oak. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Rush Hour Resistance, 5-6pm, Federal Bldg., 405 E. 8th Ave. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-968-1981. FREE.

Party in the Parks, live music, food carts, free bike helmets, etc., 5:30-7:30pm, Washington Jefferson Park. FREE.

NAMI On-Campus Mental Health Support Group, 6pm, Peterson Building rm. 105, UO, 541-343-8677. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

HEALTH Friends & Family Discussion Group, 10:30am-noon, Trauma Healing Project, 2222 Coburg Rd., Ste. 300. \$5.

Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. don.

Strong Bones, Strong Body, ages 50+, 1:30pm, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Reiki Tummo sessions, 5:30-7pm, Heartwise, 1840 Willamette St., 541-683-8317 for appt. FREE.

Laughter Yoga, 7pm, Injoy Wellness, 775 Monroe St. \$5-\$15 don.

Cycle continues. See Thursday, Aug. 10.

Gentle Exercise for Wellness continues. See Thursday, Aug. 10.

Intro to Weight Training continues. See Thursday, Aug. 10.

Nia Fusion Fitness continues. See Thursday, Aug. 10.

Tai Chi: Level 1 continues. See Thursday, Aug. 10.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Mobile Art Bus, free art lessons for kids, 10am-noon, Emerald Park, 1400 Lake Dr.; 1-3pm, Awbrey Park, River Rd. & Spring Creek Dr. FREE.

Terrific Twos Storytime, 10:15am & 11am, downtown library. FREE.

Exploration Station Kids Activity, 11am-3pm, Farmers Market, 8th & Oak St. FREE.

Art: Animal Tales, create art about animal folk tales, 1 & 3pm, downtown library. FREE.

Family Nights at the library, theme is "butterflies," 6:30pm, sheldon branch, 1566 Coburg Rd. FREE.

Family Music Time, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Raw Vegan Soups, Chilled & Warm! w/Alexandra Bwye, 10-11am, Natural Grocers, 201 Coburg Rd. FREE.

2017 Summer Seminar Series: E Pluribus Unum, Prof. Laura

Holland, UO American English Institute, academic experience taught by professors, 11am-noon, St. Mary's Catholic Church, Parish Ctr., 1062 Charnelton St. FREE.

Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

"The Right Trees for Urban Landscapes," 7-8:30pm, Lane County OSU Extension Service, 996 Jefferson St. FREE.

Talks at the MNCH continues. See Thursday, Aug. 10.

LITERARY ARTS Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, Aug. 10.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION GEARs Bicycle Club: McKenzie View, 6pm, Alton Baker Park, eugenegears.org. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournaments, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Haley, 7pm, First National Taphouse, 51 W. Broadway. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Geeks Who Drink Pub Trivia, 8-10pm, Wayward Lamb, 150 W. Broadway St. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Thursday, Aug. 10.

Board Game Night continues. See Thursday, Aug. 10.

Duplicate Bridge continues. See Thursday, Aug. 10.

Pool Hall continues. See Thursday, Aug. 10.

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

International Folk Dance, ages 18+, no experience or partner necessary, drop-ins welcome, 7:45pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3.

Bailonga: Argentine Tango Milonga, 8-11pm, lessons at 8pm followed by open dance, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

SPIRITUAL Open Heart Meditation, 4:30-5:15pm, HeartWise, 1840 Willamette St. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

WEDNESDAY

AUGUST 16
SUNRISE 6:17AM; SUNSET 8:14PM
AVG. HIGH 82; AVG. LOW 51

ART/CRAFT Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINKS Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

GATHERINGS Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm,

St. Mary's Episcopal Church, 1300 Pearl St. FREE.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet-Illness Coping Support Group, noon-1pm, Companioning Care LLC, RSVP & location: 541-255-7116. \$3-\$15.

Medicare Made Clear for those new to Medicare, 5pm, Syman-Degler Bldg, 1163 Olive St. FREE.

Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd. Library, 225 5th St., Spfd. FREE.

Mobile Art Bus, free art lessons for kids, 10am-noon, Meadow Park, 851 Mill St.; 1-3pm, Douglas Gardens Park, 3455 Redwood Dr., Spfd.; 4-6pm, Thurston Park, 6329 F St., Spfd. FREE.

Animal Tale Art, 10:15am, Bethel branch library, 1990 Echo Hollow Rd., 2pm, Sheldon branch library, 1566 Coburg Rd. FREE.

Family Music Time, 10:15am, downtown library, 541-682-8316. FREE.

Babies-Toddlers Storytime, 11am, up to age 12, Thursdays 4pm, Goose Resale 1075 Chambers, 541-343-1300. FREE.

Sensory Storytime, 1pm, downtown library. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-ai-kido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

LECTURES/CLASSES 2017 Summer Seminar Series: E Pluribus Unum, Prof. Doug Wilson, UO Lundquist College of Business, academic experience taught by professors, 11am-noon, St. Mary's Catholic Church, Parish Ctr., 1062 Charnelton St. FREE.

Responding to Life's Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, Aug. 10.

LITERARY ARTS Book Club, 5:30-6:30pm, UO Duck Store, book department. FREE.

Wordcrafters in Eugene presents: Reading Like a Writer w/author Miriam Gershow discussing "Who Will Run the Frog Hospital," 7pm, Shelton-McMurphy-Johnson House. FREE.

Speak Your Peace, open spoken word, 7:30pm sign-up, Vanilla Jill's, 298 Blair Blvd., call 541-393-6822. FREE.

ON THE AIR "Truth Television," live call-in local news/politics, 6pm, Comcast 29.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6617.

"The Point" continues. See Thursday, Aug. 10.

OUTDOORS/RECREATION Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

GEARs Bicycle Club: Fox Hollow, McBeth, Lorane, 6pm, Alton Baker Park, eugenegears.org. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

Trivia w/Elliot Martinez, 7-9pm, 16 Tons Cafe, 2864 Willamette St. FREE.

WDYK Trivia w/Zach, 7pm, Bugsy's Bar & Grill, 559 Pacific Hwy. W. Junction City. FREE.

Cards Against Humanity w/ Kevin, 8pm, First National Tap-house, 51 W. Broadway. FREE.

Pinball Knights, 3-strikes pinball tournament w/IFPA points for players, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$10 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Brady, 8pm, Sonny's Tavern, 533 Q St., Spfd. FREE.

WDYK Trivia w/Nick, 8pm, O Bar and Grill, 115 Commons Dr. FREE.

Blazing Paddles continues. See Thursday, Aug. 10.

Duplicate Bridge continues. See Thursday, Aug. 10.

Play Petanque! continues. See Sunday.

Pool Hall continues. See Thursday, Aug. 10.

Qigong continues. See Monday.

SOCIAL DANCE Ballroom Dancing, ages 18+, 7pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.

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