

WHAT'S HAPPENING

THURSDAY AUG. 3

SUNRISE 6:03AM; SUNSET 8:33PM
AVG. HIGH 83; AVG. LOW 52

ART/CRAFT Drop-in Maker Time, all ages drop in to make crafts, 3-5pm today & Thursday, Aug. 10, Bethel Branch Library, 1990 Echo Hollow Rd. FREE.

Paint Party, "The Eclipse," 6-8:30pm, Starlight Lounge, 830 Olive St., pre-registration required at thirst2create.com. \$35.

FARMERS MARKETS Amazon Farmers Market, noon-4pm, Amazon Community Ctr., 2700 Hilyard St. FREE.

FOOD for Lane County Youth Farm Produce Stand at Riverbend, 2-6pm, 3333 Riverbend Dr., foodforlanecounty.org/gardens. FREE.

South Valley Farmers Market, 4-7pm today & Thursday, Aug. 10, 7th & Main St., Cottage Grove. SVFarmersOnMain@gmail.com. FREE.

FILM Plank Town Presents: Springfilm Made in Oregon "Night Moves," 6:30pm, Wildish Theater, 630 Main St., Spfd. FREE.

Movie in the Park Blocks: "Pelé: Birth of a Legend," 9pm, Park Blocks, 8th & Oak St. FREE.

GATHERINGS Downtown Public Speakers Toastmasters Club, drop-ins welcome, noon-1:05pm today & Thursday, Aug. 10, Les Lyle Conference rm., 4th fl. Wells Fargo Bldg., 99 E. Broadway Ave., 541-485-1182. FREE.

Hearing Voices & Extreme States discussion/support group, 1pm, LILA, 20 E. 13th Ave. FREE.

NAMI Connection Support Group for people w/mental health issues, 1-2:30pm today & Thursday, Aug. 10, 2411 Martin Luther King Jr. Blvd. FREE.

Mindfulness Group, 4-5pm, NAMI Resource Ctr., 2411 Martin Luther King Blvd., 541-520-3096. FREE.

Bee Jazzy, a benefit to save bees, live music, food, silent auction, 5:30pm, Silvan Ridge Winery, 27012 Briggs Hill Rd. \$25-\$30.

Home Grown Community Radio Forming KEPW-FM, 6:30pm, today & Thursday, Aug. 10, Growers Market, 454 Willamette St., 541-343-8548. FREE.

Ubuntu Contributionism Meet-up, 6:30pm today & Thursday, Aug. 10, Market of Choice, 67 W. 29th Ave., 541-285-7329. FREE.

Emerald Photographic Society Club Meeting, 6:45pm today & Thursday, Aug. 10, Northwood Christian Church, 2425 Harvest Ln., Spfd. FREE.

NAMI Lane County's Family to Family Support Group, 7-8:30pm, Lane County Behavioral Health Services, 2411 MLK Jr. Blvd., 2nd fl. FREE.

HEALTH Gentle Exercise for Wellness, ages 50+, 9 & 10am today, Tuesday & Thursday, Aug.

10, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Intro to Weight Training, ages 18+, 10am today, Tuesday & Thursday, Aug. 10, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Stress & Anxiety Relief Group Acupuncture, 10-11:30am today & Thursday, Aug. 10, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Tai Chi: Level 1, ages 50+, 11am today, Tuesday & Thursday, Aug. 10, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Laughter Yoga, Healing the Inner Child, all ages, 11:15am-12:15pm, River Road Gym, 1400 Lake Dr., classrm. C. \$6 drop-in.

Tai Chi: Level 2, noon-1pm today & Thursday, Aug. 10, ages 50+, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Zumba Gold, ages 50+, today body experience w/fun dance movements, 1:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Cycle, ages 14+, indoor cycling to music for aerobic training, 4:45-5:30pm today, Tuesday & Thursday, Aug. 10, first come, first serve, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Nia Fusion Fitness, ages 18+, non-impact, aerobic exercise, 5:30pm today, Tuesday & Thursday, Aug. 10, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

LECTURES/CLASSES Harmony: Community Centered Martial Arts, open practice, 10am today & Thursday, Aug. 10, Monroe Park, Monroe St. & W. 10th Ave. FREE.

2017 Summer Seminar Series: E Pluribus Unum, Major Scott Nowicki, U.S. Army, academic experience taught by professors, 11am-noon, St. Mary's Catholic Church, Parish Ctr., 1062 Charnelton St. FREE.

Talks at the MNCH, 2pm today through Sunday, Tuesday through Thursday, Aug. 10, Museum of Natural & Cultural History, 1680 E. 15th Ave., natural-history.uoregon.edu. FREE w/price of museum admission.

Darkness in Daytime: Viewing the August Total Solar Eclipse, talk w/Dr. Scott Fisher, 3-4pm, Museum of Natural & Cultural History, UO Campus, 1680 E. 15th Ave. FREE w/admission.

DanceAbility Class, creative movement for youth 4pm, adults 5pm, today & Thursday, Aug. 10, all abilities & disabilities, Hilyard Community Ctr., 2580 Hilyard St., 541-357-4982. don.

Small Business Clinic: Ask the Experts, 5-7pm, downtown library, pre-register at 541-682-5450. FREE.

Homebrewing Here & There: Meet the "Grain Father" Denny Conn as he shares stories of beer & traveling the world, 18+, 6:30-7:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$14-\$16.

Massage Techniques, ages 18+, learn basic Swedish massage techniques, 6:30-8:30pm today & Thursday, Aug. 10, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$12-\$14.

KIDS/FAMILIES Mobile Art Bus, free art lessons for kids, 10am-noon today & Thursday, Aug. 10, Churchill High School playground, 1850 Bailey Hill Rd.; 1-3pm today & Thursday, Aug. 10, Sladden Park, 925 Cheshire Ave.; 5:30-7:30pm today & Thursday, Aug. 10, Emerald Park, 1400 Lake Dr. FREE.

Family Music Time, 10:15am, downtown library, 541-682-8316. FREE.

Learn all about beavers w/ WREN, 1pm, Spfd Public Library, library children's area, 225 5th St., Spfd. FREE.

ON THE AIR "The Point," current local issues, arts, stories, 9-9:30am, today, tomorrow & Monday through Thursday, Aug. 10, KPOV 88.9FM.

"Arts Journal," current local arts, 9-10pm today & Thursday, Aug. 10. Comcast channel 29.

"The Many Hats of Coco," host Theo Czuk interviews local novelists & artists, this week's guest is painter Rebecca La Mothe, 10pm, channel 29.

Thursday Night Jazz w/David Gizara, 10pm today & Thursday, Aug. 10, KLCC 89.7FM.

OUTDOORS/RECREATION Pool Hall for seniors, 8:30am-4:30pm today, tomorrow & Monday through Thursday, Aug. 10, Campbell Community Ctr., 155 High St. \$0.25.

Lunchtime Running Group, 3-4 miles, 12:15-12:45pm today & Thursday, Aug. 10, Tap & Growler, 207 E. 5th Ave. FREE.

Duplicate Bridge, 1pm today, Sunday, Tuesday & Thursday, Aug. 10; 9:30am Monday; 6:30pm Wednesday, Emerald Bridge Club, 1782 Centennial Blvd., Spfd. \$8.

Centennial chess club, 5-8pm today, Friday, Saturday & Thursday, Aug. 10, Centennial Market, 651 W. Centennial Blvd., Spfd. RSVP 541-912-9061. FREE.

Cribbage Tournament, 5:30-7:30pm today & Thursday, Aug. 10, Max's Tavern, 550 E. 13th Ave. \$2.

Tai Chi, 5:30-6:30pm today & Thursday, Aug. 10, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop in.

Board Game Night, 6-11pm today, Tuesday & Thursday, Aug. 10, Funagain Games, 1280 Willamette St. FREE.

GEARs Bicycle Club: Women only ride, 6pm, Alton Baker Park, eugenegears.org. FREE.

Categorically Correct Trivia w/ Elliot Martinez, 6:30-8pm today & Thursday, Aug. 10, Oregon Wine LAB. FREE.

Adult intro to ki-aikido, 7pm Today, Monday & Thursday, Aug. 10, OKS, 1071 W. 7th. FREE.

WDYK Trivia w/Haley, 7pm today & Thursday, Aug. 10, Sidelines, 77 W. Broadway. FREE.

WDYK Trivia w/Brady, 7pm today & Thursday, Aug. 10, Brew & Cue, 2222 State Hwy. 99 N. FREE.

WDYK Trivia w/Zach, 7pm today & Thursday, Aug. 10, Gridiron Grill & Taphouse, 2816 Main St., Spfd. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Level Up, 1290 Oak St. FREE.

WDYK Trivia w/Kevin, 9pm today & Thursday, Aug. 10, Side Bar, 1680 Coburg Rd., #108. FREE.

Blazing Paddles, table tennis club (ping pong), We welcome all ages & skill levels, drop-ins welcome, paddles provided, varying hours today through Thursday, Aug. 10, check website for times & occasional cancellations, lanetabledennis.net. \$5.

SOCIAL DANCE Line Dance Lessons, 6-8pm today & Thursday, Aug. 10, The Blind Pig Bar, 2750 Roosevelt Blvd. FREE.

Crossroads Blues Fusion, blues dancing lessons 7pm today & Thursday, Aug. 10, open dance 8:30-11:30pm, Vet's Club, 1620 Willamette St. \$6-\$10, first time FREE.

English & Scottish Country Dancing, 7pm today & Thursday, Aug. 10, Vet's Club, 1620 Willamette St. \$7, first time FREE.

Music & Dance Workshops w/ Taller de Son Jarocho, 7-9pm today & Thursday, Aug. 10, American Legion Hall, 344 8th St., Spfd. FREE.

Fall Dance Sampler Series, Tango, 7:30pm, In Shape Athletic Club, 2681 Willamette St. \$10.

SPIRITUAL Zen Meditation Group, 7-8am today & Thursday, Aug. 10, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Insight Meditation, 6:30-8pm today & Thursday, Aug. 10, Eugene Yoga Annex, 3575 Donald St. don.

Refuge Recovery, 7-8:30pm today & Thursday, Aug. 10, Unitarian Universalist, 1685 W. 13th Ave., rm. 6. FREE.

Zen Meditation, 7-8:45pm today & Thursday, Aug. 10, Zen West, 981 Fillmore St., zenwesteugene@gmail.com. FREE.

TEENS Create: Notan Paper Art, 2pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.

THEATER No Shame Workshop: Short-form theatre & improv! 7:30pm, Atrium Building, 99 W. 10th Ave. FREE.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Native Plant Volunteer Work Party, 9am-noon today, Tuesday & Thursday, Aug. 10, Native Plant Nursery, Buford Park, volunteer@bufordpark.com, 541-344-8350. FREE.

FRIDAY AUGUST 4

SUNRISE 6:04AM; SUNSET 8:31PM
AVG. HIGH 83; AVG. LOW 52

ART/CRAFT First Friday ArtWalk, Mural Tour & EUGfun! Concert, 5:30-10pm, various art spaces downtown. FREE.

Survivors Art Show & Silent Auction, hosted by Sexual Assault Support Services, 7pm, Oregon Wine LAB, 488 Lincoln St. FREE.

COMEDY Comedy Night, 7-9pm, Agrarian Ales, 31115 W. Crossroads Ln. FREE.

DANCE #instaballet, Eugene Ballet Co. dancers choreograph & perform a dance on the spot w/suggestions from audience, 5:30-8pm, Oregon Contemporary Theatre, 194 W. Broadway. FREE.

