

FILM "The Iron Giant," 9pm, Awbrey Park, River Rd. & Spring Creek Dr. FREE.

GATHERINGS Overeaters Anonymous, 9:30am, First United Methodist Church Library, 1370 Olive St. FREE.

Our Revolution Lane County, 10am-1pm, Theo's Coffee House, 199 W. 8th Ave., ourrevolutionlanecounty.com. FREE.

Saturday Market - weekly hub of artisans, chefs & musicians, 10am-5pm, 8th & Oak. FREE.

End of Session Recap w/Sen. Manning Jr., 11am-12:30pm, Viking Sal's Senior Ctr., 245 W. 5th Ave., Junction City. FREE.

Co-Dependents Anonymous, 12 step meeting, noon-1pm, White Bird Clinic, 341 E. 12th Ave. FREE.

Peace Vigil, noon-1pm, downtown library, info at 541-484-5099. FREE.

Get Pop-Cultured, cosplay, giveaways, activities & more, celebrate your fandom w/us, 2pm, Barnes & Noble, 1163 Valley River Dr., 541-687-0356. FREE.

Bed & Breakfast Grand Opening Family Fun & Movie Night, screening of the movie "Babe" live music, kids activities, food, 4pm, Sweet Springs Family Farm Bed & Breakfast, 71393 London Rd., Cottage Grove. don. or FREE.

KIDS/FAMILIES Children's Celebration, activities, live entertainment, pony rides, crafts, games, 10am-2pm, Island Park, 200 W. B St., Spfd. FREE w/canned food donation.

Family Music Time, 10:15am, downtown library. FREE.

Legos, 10:15am, Sheldon branch library, 2pm, Bethel branch library, pre-register at 541-682-8316. FREE.

Samuel Beccera, see & hear music from Latin America & learn about each instrument, 2pm, Spfd Public Library, library meeting rm., 225 5th St., Spfd. FREE.

Family Music Time, Songs in Spanish, 11:15am, Bethel branch, 1990 Echo Hollow Rd., 541-682-8316. FREE.

Youth Art Works Free Art Class for Kids Ages 6-12, 1-3pm at Emerald Art Ctr., 500 Main St., Spfd, RSVP 541-726-8595. FREE.

Family Swims at warm saltwater Tamarack Pool, 6:30-7pm today,

Monday & Wednesday 3575 Donald St. #210. \$4-\$6.

LECTURES/CLASSES Guerilla Marketing Workshop, building a Private Practice, 9am-noon, Lifestyle Changes Counseling, 105 W. Q St., Ste. 7. FREE.

African Drum w/Fode Sylla, 9:45-10:45am, WOW Hall. \$12-\$15.

Food Preservers workshop, learn to can, dry, freeze, etc., 10am-1:30pm, Community of Christ Church, 1485 Gilham Rd., register at extension.oregonstate.edu/lane/announcements/food-preservation-baking-classes. \$30.

Waterwise Gardening Talk w/ speaker Lindsey Russell, 11am-noon, Down To Earth, 532 Olive St. FREE.

Spicy Tzatziki, a new twist, cooking demo w/Gwendolyn Harris, noon-1pm, Natural Grocers, 201 Coburg Rd. FREE.

Talks at the MNCH continues. See Thursday, July 27.

ON THE AIR Country Classics, Hot Licks & Hipbilly favorites, 9-11am, KRVM.

Taste of the World w/Wagoma, cooking & cultural program, 9-10am today, 7-8pm Tuesdays, Comcast channel 29.

60s Beat, "Keeping the Spirit of the 60s Alive," 7-9pm, KRVM.

"The Many Hats of Coco" continues. See Thursday, July 27.

OUTDOORS/RECREATION Eug/Spfd Mossbacks Volkssport Club: walk in Scappose, 7am, from Willamalane Adult Activity Ctr., 215 W. C St., Spfd, mossbacks.org. FREE (\$10 carpool).

All-Paces Group Run, 9am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Family Walk, 10am-noon, Mount Pisgah Arboretum Visitor Ctr., 34901 Frank Parrish Rd., 541-747-3817. \$8/family.

Wild Wild West Western Swimfest, bring Western wear like Wrangler jeans, etc. & jump in the lake for fun, no drugs, alcohol or synthetics allowed, 10am-5pm, Cottage Grove Lake, Northridge Park, Cottage Grove. FREE.

Dungeons & Dragons, roleplaying, 12:30pm, Delight, 538 E. Main, Cottage Grove, info at delightcg@gmail.com. FREE.

Blazing Paddles continues. See Thursday, July 27.

Centennial chess club continues. See Thursday, July 27.

SOCIAL DANCE Dance Empowered w/Cynthia Valentine, 9-10am today, 5:30-6:30pm Monday & Wednesday, WOW Hall. \$10.

West African Dance w/Alseny Yansane, 11am-12:30pm, WOW Hall. \$12-\$15.

Salsa Dancing, 9pm, the Lounge, 2043 River Rd. FREE.

SPIRITUAL Contemplative Mass w/Taize chant, 5:30-6:30pm, Episcopal Church of the Resurrection, 3925 Hilyard St. FREE.

Eugene Community Kirtan, 7pm, HeartWise, 1840 Willamette St. \$1 don.

Zen Meditation Retreat continues. See Thursday, July 27.

THEATER Cottage Theatre holds auditions for *Jekyll & Hyde*, no audition appt. necessary, come prepared to sing 16-32 bars of a song similar to the style of the show, bring sheet music for theatre's accompanist, 3pm, Cottage Theatre, 700 Village Dr. FREE.

The [Curious Case of the] Watson Intelligence continues. See Friday.

Grease! continues. See Friday.

Nonsense continues. See Thursday, July 27.

VOLUNTEER Learn about botany while harvesting native seed, volunteer work party, 8-11am, Mount Pisgah Native Plant Nursery, 34901 Frank Parrish Rd. FREE.

Feed the Hungry w/Burrito Brigade, 10am, Bethesda Lutheran Church, 4445 Royal Ave. FREE.

Trail Resurfacing Work Party, 10am-1pm, Mount Pisgah Arboretum Visitor Ctr., 34901 Frank Parrish Rd., RSVP to site@mountpisgaharboretum.org. FREE.

SUNDAY

JULY 30
SUNRISE 5:58AM; SUNSET 8:38PM
AVG. HIGH 83; AVG. LOW 52

FARMERS MARKETS Fairmount Neighborhood Farmers Market, 10am-2pm, 19th & Agate across from Prince Pucklers. FREE.

Whiteaker Community Market, farmers & artists, 11am-4pm, 2nd & Van Buren. FREE.

Dexter Lake Farmers' & Artists' Market, live music, noon-4pm, Rolling Rock Park, 18 W. Main St., Lowell. DexterLakeFarmersMarket.org. FREE.

FOOD/DRINKS Mimosa Sunday, noon-6pm, Sweet Cheeks Winery, 27007 Briggs Hill Rd. FREE.

GATHERINGS Overeaters Anonymous, 9:30am, First United Methodist Church, 1370 Olive St. FREE.

Eugene Downtown Cohousing, meeting for people interested in forming an adult cohousing community, 1pm, for location & info email eugenecohousing-downtown@gmail.com or call 541-344-5751. FREE.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Democratic Socialists of America chapter meeting, 6-8pm, 609 E. 13th Ave. FREE.

Starlight Lounge 10 Year Anniversary, 6pm, Starlight Lounge, 830 Olive St. FREE.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

HEALTH Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15.

KIDS/FAMILIES Family Fun, 1pm, downtown library. FREE.

Children's Meditation Class, 7-7:45pm, Eugene Zendo, 2190 Garfield St. FREE.

LECTURES/CLASSES Yoga on the Patio, pre-brunch yoga, includes 1 mimosa, beer or soda, 10:30-11:30am, Oregon Wine LAB, 488 Lincoln St. \$15.

Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

Self Defense Classes for the Community, wing chun kung fu & weapon training, 12:15-1:15pm, WOW Hall. don.

Talk by Katie Singer: "Wise Up to Wireless Tech: Can We Make It Sustainable & Safe?", 3pm, Tsunami Books, 2585 Willamette St., sug. don. \$5.

How about Raw Alfredo Fettucini? Cooking demo w/Dharani Akashic, 5-6pm, Natural Grocers, 201 Coburg Rd. FREE.

Talks at the MNCH continues. See Thursday, July 27.

LITERARY ARTS Yours & Ours: Storytelling, 4pm, Vanilla Jill's & Equiano's Yard, 298 Blair Blvd. FREE.

ON THE AIR "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWVA 88.1FM & kwvaradio.org.

Son of Saturday Gold, True stuff for true believers, 11am-1pm, KRVM.

OUTDOORS/RECREATION TrackTown Fitness, trainings to prepare for Eugene Marathon, 8-9am, Hayward Field. FREE.

Play Petanque! Easy to learn/fun to play, free lessons, 10am-1pm today & 6pm Wednesday, University Park, University & 24th Ave. FREE.

Sunday Streets, walk, bike & roll on car-free streets, parade, live music, food, etc., 10:30am-8pm, downtown. FREE.

Church of Pinball, tournament, minors welcome, 3pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. \$5.

Blazing Paddles continues. See Thursday, July 27.

Duplicate Bridge continues. See Thursday, July 27.

SOCIAL DANCE Coalescence: Community Estatic Dance, 10am-noon, WOW Hall. \$8-\$12.

Music & Dance Workshop w/ Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Argentinian Tango, lesson 3-4pm, dance 5-7pm, 541-485-6647. \$5-\$12.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.

SPIRITUAL Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge OTD, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

Zen Meditation Retreat continues. See Thursday, July 27.

THEATER *Grease!* continues. See Friday.

VOLUNTEER Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

MONDAY

JULY 31
SUNRISE 5:59AM; SUNSET 8:37PM
AVG. HIGH 83 AVG. LOW 52

ART/CRAFT Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE (\$5 sug. don. for supplies).

GATHERINGS Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-341-1690. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Rose Gardens, 300 N. Jefferson. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact dankbagman@hotmail.com. FREE.

Overeaters Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th Ave. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 6:30-7:30pm, 2520 Harris St., 541-255-8444. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women

CINEMARK

\$4.50*
SENIOR
MONDAY

CINEMARK 17
Gateway Mall
Beltline @ Gateway

*Visit cinemark.com for restrictions that apply.

ATOMIC BLONDE (DIG) (R) 10:35, 1:30, 4:30, 7:30, 10:25	SPIDER-MAN: HOMECOMING (3D) (PG-13) SPECIAL EVENT PRICING: \$3.00 UPCHARGE ALL TICKETS 3:35, 10:15
BABY DRIVER (DIG) (R) 10:25, 1:15, 4:10, 7:40, 10:30	TRANSFORMERS: THE LAST KNIGHT (DIG) (PG-13) 12:10, 6:50
THE BIG SICK (DIG) (R) 10:15, 1:20, 4:45, 7:35, 10:30	VALERIAN AND THE CITY OF A THOUSAND PLANETS (3D) (PG-13) SPECIAL EVENT PRICING: \$3.00 UPCHARGE ALL TICKETS 12:30, 7:00
CARS 3 (DIG) (G) 10:45, 2:00, 4:50, 7:45, 10:35	VALERIAN AND THE CITY OF A THOUSAND PLANETS (DIG) (PG-13) 9:10, 3:45, 10:20
DESPICABLE ME 3 (DIG) (PG) 9:25, 12:05, 2:45, 5:15, 7:50, 10:40	WAR FOR THE PLANET OF THE APES (3D) (PG-13) SPECIAL EVENT PRICING: \$3.00 UPCHARGE ALL TICKETS 10:25
DUNKIRK (DIG) (PG-13) 9:35, 10:40, 12:20, 1:35, 3:10, 4:25, 6:15, 7:20, 9:05, 10:10	WAR FOR THE PLANET OF THE APES (DIG) (PG-13) 9:05, 12:15, 3:40, 7:10
THE EMOJI MOVIE (3D) (PG) SPECIAL EVENT PRICING: \$3.00 UPCHARGE ALL TICKETS 12:45, 4:35, 6:05, 9:50	WISH UPON (DIG) (PG-13) 9:50, 3:50, 10:45
THE EMOJI MOVIE (DIG) (PG) 9:45, 11:30, 2:05, 3:20, 7:05, 8:55	WONDER WOMAN (DIG) (PG-13) 11:35, 3:15, 6:45, 10:05
GIRLS TRIP (DIG) (R) 9:40, 12:50, 4:15, 7:25, 10:35	
PIRATES OF THE CARIBBEAN: DEAD MEN TELL NO TALES (DIG) (PG-13) 9:20, 12:40, 4:05, 7:15, 10:20	
SPIDER-MAN: HOMECOMING (DIG) (PG-13) 9:15, 10:20, 12:25, 1:25, 4:40, 6:55, 7:55	

SHOWTIMES SUBJECT TO CHANGE • VALID FOR FRIDAY ONLY

Assistive Listening & Captioning System Avail

REGAL CINEMAS

(CC, DV) = Personal Closed Captioning and Descriptive Devices Available Upon Request
Bargain Shows In () ✓ No Bargain Night Specials
★ Pass / Discount Restrictions Apply

VALLEY RIVER CENTER STADIUM 15
Delta Hwy. between I-5 & Beltline
Crown Club Members \$5.50 Tuesday
3D up-charges/holidays excluded

IMAX: DUNKIRK [CC,DV] (PG-13) ★ Fri. - Sat. 11:15 205 445 730 1015	ATOMIC BLONDE [CC,DV] (R) Sat. (1100 155) 455 745 1040
EMOJI MOVIE [CC,DV] (PG) Sat. (1115 145) 415 645 805 915	
EMOJI MOVIE 3D [CC,DV] (PG) ★ Fri. - Sat. (1240 305) 535 1035	
WOLF WARRIOR 2 NR Fri. - Sat. (125) 425 720 1020	
DUNKIRK [CC,DV] (PG-13) ★ Fri. - Sat. (110 355) 640 925	
GIRLS TRIP [CC,DV] (R) Fri. - Sat. (100) 405 700 1000	
VALERIAN AND THE CITY OF A THOUSAND PLANETS [CC,DV] (PG-13) Fri. - Sat. (1230 220) 710 900	
VALERIAN AND THE CITY OF A THOUSAND PLANETS 3D [CC] (PG-13) ★ Fri. - Sat. (1105 345) 540 1025	
WAR FOR THE PLANET OF THE APES [CC,DV] (PG-13) ★ Fri. - Sat. (1205 330) 650 1010	
SPIDER-MAN: HOMECOMING [CC,DV] (PG-13) Fri. - Sat. (1135 245) 610 925	
DESPICABLE ME 3 [CC,DV] (PG) Fri. - Sat. (1155 235) 505 735 1005	
BABY DRIVER [CC,DV] (R) Fri. - Sat. (1125 225) 510 755 1040	
THE BIG SICK [CC,DV] (R) Fri. - Sat. (1220 320) 620 935	
WONDER WOMAN [CC,DV] (PG-13) Fri. - Sat. (1145 310) 630 950	

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OAKRIDGE HEG AND CASH FESTIVAL
SATURDAY, AUGUST 12 (3PM - 11:30PM)

A FAMILY FRIENDLY EVENT • FREE ADMISSION

Local Beer Vendors
Food Booths
Sunshine & Smiles

LIVE MUSIC FEATURING
Blue Lotus (EUGENE)
Acoustic Minds (SAN DIEGO)
Kelly Thibodeaux & The Etoufee Band

A fundraiser for local nonprofits including: Local Food Box (UWDCD), Oakridge-Westfir Area Chamber of Commerce, Greater Oakridge Area Trail Stewards (GOATS), and the Uptown Business & Revitalization Association (UBRA).

PRESENTED BY
ALPINE STREAM CONSTRUCTION CCB# 192987