

CALENDAR

Strong Bones, Strong Body, ages 50+, 1:30pm, Bob Keefer Ctr., 251 S. 32nd St., Spfd. \$7-\$9.

Reiki Tummo sessions, 5:30-7pm, Heartwise, 1840 Willamette St., 541-683-8317 for appt. FREE.

Cycle continues. See Thursday, June 22.

Gentle Exercise for Wellness continues. See Thursday, June 22.

Intro to Weight Training continues. See Thursday, June 22.

Nia Fusion Fitness continues. See Thursday, June 22.

Tai Chi: Level 1 continues. See Thursday, June 22.

**KIDS/FAMILIES** Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Terrific Twos Storytime, 10:15am & 11am, downtown library. FREE.

Summer Reading Spots Kick Off Event, crafts, activities, every child gets a free book, 1-2pm, River Rd. Park, 1400 Lake Dr. FREE.

Family Night, the theme is "Joys of Noise," 6:30pm, Bethel branch library, 1990 Echo Hollow Rd. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

**LECTURES/CLASSES** Best Free Apps, ages 50+, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$14-\$16.

Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Ctr., 315 W. C St., Spfd. \$7-\$9.

Civil Rights Conversation w/ Antonia Lewis, 7-8pm, Fern Ridge Library, 88026 Territorial, Veneta. FREE.

Hiking the Pacific Crest Trail, author Eli Boschetto shows you how to plan a PCT hike, 7pm, REI, 306 Lawrence St. FREE.

Practical Preparation at Home, 7-9pm, River Road Park & Recreation District, 1400 Lake Dr. FREE.

In the Company of the Beloved Satsang, kirtan, meditation & Baba Talk, 7:30-9pm, Eugene Yoga, 245 E. Broadway. \$12 don.

Talks at the MNCH continues. See Thursday, June 22.

**LITERARY ARTS** Eugene Book Talk, review of "The Paying Guests" by Sarah Waters, 7pm, Market of Choice, 67 W. 29th Ave. FREE.

Page 2 Poetry open mic, 7:30pm sign up, Cush Cafe, 1235 Railroad Blvd. FREE.

**ON THE AIR** Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, June 22.

Taste of the World w/Wagoma continues. See Saturday.

**OUTDOORS/RECREATION** GEARs Bicycle Club: Riding Hills, 9am, Alton Baker Park, eugenegears.org. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Trivia w/Ty Connor, 7pm, Beer-garden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Haley, 7pm, First National Taphouse, 51 W. Broadway. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Geeks Who Drink Pub Trivia, 8-10pm, Wayward Lamb, 150 W. Broadway St. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

Blazing Paddles continues. See Saturday.

Board Game Night continues. See Thursday, June 22.

Duplicate Bridge continues. See Thursday, June 22.

Pool Hall continues. See Thursday, June 22.

**SOCIAL DANCE** Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

Eugene Folk Dancers, weekly international folk dancing,

6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Ctr., 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm social dance, UO Campus, Living Learning Ctr. S. Performance Hall, 1455 E. 15th Ave. FREE.

Two-Step Tuesday, country dancing night, \$2 food/drink specials, 7:30pm, Elks Lodge, 1701 Centennial Blvd., Spfd. FREE.

International Folk Dance, ages 18+, no experience or partner necessary, drop-ins welcome, 7:45pm, Willamalane Adult Activity Ctr., 315 W. C St., Spfd. \$3.

Bailonga: Argentine Tango Milonga, 8-11pm, lessons at 8pm followed by open dance, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

**SPIRITUAL** Open Heart Meditation, 4:30-5:15pm, HeartWise, 1840 Willamette St. FREE.

Refuge Recovery, 6:30-8pm, Unitarian Church, 1685 W. 13th Ave. rm. 5. FREE.

## WEDNESDAY

**JUNE 28**  
SUNRISE 5:31AM; SUNSET 8:59PM  
AVG. HIGH 77; AVG. LOW 49

**ART/CRAFT** "Brilliant & Resilient: Celebrating the Power of Disabled Women Activists" photo exhibit reception, 5:30-7pm, Jordan Schnitzer Museum of Art, UO Campus. FREE.

Art Bar, bring art to work on, 7-10pm, Shadowfox, 76 W. Broadway. FREE.

**FARMERS MARKETS** The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Bailey Hill Farmers Market, 3-7pm, Bailey Hill Market, 3190 Bailey Hill Rd., spencercreekmarkets.org. FREE.

Coast Fork Farm Stand continues. See Saturday.

**FILM** "The Last Metro (1980)," movie showing, 1-2pm, Willamalane Adult Activity Ctr., 215 W. C St. FREE.

**FOOD/DRINKS** Patriotic Paleo Pancakes - red, white & blueberry, a tasting adventure! w/ Yaakov Levine, 2-3pm, Natural Grocers, 201 Coburg Rd. FREE.

Special Deschutes Beer Release Benefit & Raffle Party for the Western Environmental Law

Ctr to benefit river protection, 5-7pm, The Bier Stein, 1591 Willamette St. FREE.

Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. \$5-\$15.

**GATHERINGS** Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

"Out of the Fog," meeting of Mar-juana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

**HEALTH** Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet Grief Support Group (death or loss), noon-1pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

**KIDS/FAMILIES** Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd. Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15am & 11am, downtown library, 541-682-8316. FREE.

Babies-Toddlers Storytime, 11am, up to age 12, Thursdays 4pm, Goose Resale, 1075 Chambers, 541-343-1300. FREE.

Sensory Storytime, 1pm, downtown library. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aiikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

**LECTURES/CLASSES** Medicare Made Clear for those new to Medicare, 5-5:45pm, Michael Syman-Degler Bldg., 1163 Olive St. FREE.

Makeup Designs Series: Festival Fairy Faces, ages 14+, 6-8pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$15-\$18.

Health Care Policy Primer hosted by Indivisible Eugene, 7-8pm, Unity of the Valley Church, 3912 Dillard Rd., 541-870-1257. FREE.

Sustainable Living Workshop: "Intentional Communities," 7pm, Lost Valley Education Ctr., 81868 Lost Valley Ln., Dexter. don.

Responding to Life's Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, June 22.

**LITERARY ARTS** "Creativity, Vulnerability & Art" w/Jason Graham, Spfd library's 1st adult summer reading event, 4:30pm, Spfd City Hall, Library Meeting rm., 225 5th St. FREE.

Dorcas Smucker, author & Register-Guard columnist, 7pm, Viking Sal Senior Ctr., 245 W. 5th Ave., Junction City. FREE.

Speak Your Peace, open spoken word, 7:30pm sign-up, Vanilla Jill's, 298 Blair Blvd., call 541-393-6822. FREE.

**ON THE AIR** "Truth Television," live call-in local news/politics, 6pm, Comcast 29.

"That Atheist Show," weekly call-in, 7pm, Comcast 29, 541-790-6617.

"The Point" continues. See Thursday, June 22.

**OUTDOORS/RECREATION** Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Brooks Show Demo & Community Run, test out the new Ravenna or Glycerin & run 3 or 5 miles w/us, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.

WDYK Trivia w/Zach, 7pm, Bugsy's Bar & Grill, 559 Pacific Hwy. W., Junction City. FREE.

Cards Against Humanity w/Kevin, 8pm, First National Taphouse, 51 W. Broadway. FREE.

Pinball Knights, 3-strikes pinball tournament w/IFPA points for players, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$10 buy in.

Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.

WDYK Trivia w/Brady, 8pm, Sonny's Tavern, 533 Q St., Spfd. FREE.

WDYK Trivia w/Nick, 8pm, O Bar and Grill, 115 Commons Dr. FREE.

Blazing Paddles continues. See Thursday, June 22.

Duplicate Bridge continues. See Thursday, June 22.

Pool Hall continues. See Thursday, June 22.

Qigong continues. See Monday.

**SOCIAL DANCE** Ballroom Dancing, ages 18+, 7pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.

Scottish Country Dancing, 7-9pm, Santa Clara Grange, 295 Azalea Dr. First time FREE, monthly \$15.

Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

**SPIRITUAL** Refuge Recovery, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.

**TEENS** Grrrrl Jamz, practice an instrument w/Grrrrlz Rock, for girls 10-18, 3:30-6pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

Women's Advisory Council for girls 14-18, 4-5pm, Ophelia's Place, 1577 Pearl St., #100. FREE.

**VOLUNTEER** Volunteer training to gather signatures for amendment to Eugene Charter to establish office of an independent elected City Auditor, 5pm, AFSCME offices, 688 Charnelton St., cityaccountability.org or 541-520-9572. FREE.

## THURSDAY

**JUNE 29**  
SUNRISE 5:32AM; SUNSET 8:59PM  
AVG. HIGH 77; AVG. LOW 50

**FARMERS MARKETS** FOOD for Lane County Youth Food Produce Stand, 2-6pm, 3333 Riverbend Dr.



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