

CALENDAR

Nar-Anon Meeting, 7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. & Cottage Grove Community Ctr., 700 E. Gibbs Ave., Cottage Grove. FREE.

Psychoanalysis in Eugene, clinical & literary discussion group, 7-9pm, 355 W. 8th Ave., RSVP to michaelhejazi@gmail.com. FREE.

SASS Monday Night Drop-in Group, for survivors of sexual assault, self-identified women 18+, 7-8:30pm, 591 W. 19th Ave. FREE.

Now recruiting! Women! Come sing w/Sweet Adeline harmonizing group, 7pm, United Methodist Church, 1385 Oakway Rd. FREE.

Polyamory & Non-monogamy Relationship Discussion & Support Group, 7:15pm, contact eugenepolygroup@gmail.com for location. don.

Refuge Recovery Meeting continues. See Friday.

**HEALTH** Stability Balls, ages 50+, bring your stability ball to class, 8am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Active Exercise, ages 50+, moderate aerobics, stretches, weights, etc. You can begin at any time, 9am today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$7-\$9.

Strength & Flexibility, ages 50+, regain strength, balance & flexibility, 9am today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Health Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.

Tai Chi: Moving for Better Balance, ages 18+, 5:30 & 6:30pm

today & Wednesday, Willamalane Adult Activity Ctr., 350 W. C St., Spfd. \$7-\$9.

Latin Cardio Fusion, ages 14+, jazzy dance workout, 5:30pm today & Wednesday, Bob Keefer Ctr., 250 S. 32nd St., Spfd. \$7-\$9.

Pet Grief Support Group, 5:30-6:30pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Pet-Illness Coping Support Group, 7-8pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

**KIDS/FAMILIES** Feel Good Closet: It's Time for Summer! girls ages 10-18 invited to pick out new & gently used free clothing, noon-2:30pm, Ophelia's Place, 1577 Pearl St. Ste. 100. FREE.

STEAM storytime, 3:30pm, downtown library. FREE.

Minecraft Mondays, 4pm, downtown library, pre-registration & library card required, 541-682-8316. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, Eugene Public Library. FREE.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

**LECTURES/CLASSES** Windows 10: Hands-On Practice, ages 50+, 1-3pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$14-\$16.

Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Workshop: Kink 201, Impact & Sensation Play, 6-8pm, As You Like It, 1655 W. 11th Ave. \$10-\$15.

Getting Unstuck Using Yoga's Ancient Teachings, 7:45-8:45pm, Eugene Yoga, 3575 Donald St. \$12.

**ON THE AIR** Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

"The Point" continues. See Thursday, June 22.

**OUTDOORS/RECREATION**

Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Ctr., 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/Elliott Martinez, 7-9pm, Oakshire, 207 Madison St. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

WDYK Trivia w/Brady, 7pm, West-End Tavern, 563 W. Centennial Blvd., Spfd. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, June 22.

Blazing Paddles continues. See Saturday.

Duplicate Bridge continues. See Thursday, June 22.

Pool Hall continues. See Thursday, June 22.

**SOCIAL DANCE** Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE intro.

Dance Empowered w/Cynthia Valentine continues. See Saturday.

**SPECTATOR SPORTS** Good Karma Monday, baseball, Eugene Ems v. Hops, 50% of ticket revenue will go to Pearl Buck Ctr., 7:05pm, PK Park, 2760 MLK Jr. Blvd. don.

**SPIRITUAL** Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

Refuge Recovery Meeting, 7-8:30pm, Buddha Eye Temple, 2190 Garfield St. FREE.

**TEENS** Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Intro to Hip hop w/Xcape Dance Academy, 4-5pm, Ophelia's Place, 1577 Pearl St. #100. \$25-\$50 sug. don. for term.

The science that surrounds us, join UO women in Graduate scientists for a scientific workshop, 4-5pm, Ophelia's Place, 1577 Pearl St. Ste. 100. \$25-\$50 sug. don. for term.

**VOLUNTEER** Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

JUNE 27

SUNRISE 5:31AM; SUNSET 8:59PM

AVG. HIGH 77; AVG. LOW 49

**ART/CRAFT** Ongoing Drop-In Art Class w/Alan M. Clark, learn how to digitally prepare images w/Photoshop, bring laptop, 1-4pm, Emerald Art Ctr., 500 Main St., Spfd. 551-726-8595. FREE.

Coloring Party for Adults, 2pm, Bethel branch library & Sheldon branch library. FREE.

**COMEDY** Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Club, 933 Olive St. FREE.

**FOOD/DRINK** WREN at Ninkasi for Pints for a Cause, \$1 of every pint will be donated to WREN, noon-10pm, Ninkasi Brewing, 272 Van Buren St. FREE.

Dine In For A Cause, portion of proceeds go to Pearl Buck Ctr., 5-9pm, Plank Town Brewing, 346 Main St., Spfd. FREE.

**GATHERINGS** Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Lane County Behavioral Health Consumer Advisory Council, 1-3pm, 2411 MLK Blvd., rm. 198. FREE.

Eugene Men Against Rape Culture, open to all, task force meeting, 4:30pm, Grower's Market, 454 Willamette St. FREE.

Grati Night, Laurel Hill Ctr's fundraiser & art silent auction, 10% of proceeds go to Laurel Hill Ctr., 5-8pm, Oregon Wine Lab, 488 Lincoln St. FREE.

Rush Hour Resistance, 5-6pm, Federal Bldg., 405 E. 8th Ave. FREE.

What the heck is Dendroctonus?! Coast Fork Science Pub, 5-7pm, Axe & Fiddle, 657 E. Main St., Cottage Grove. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-968-1981. FREE.

NAMI On-Campus Mental Health Support Group, 6pm, Peterson Building rm. 105, UO, 541-343-8677. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

OG Analytical Presents: Cannabis Science Pub! Trivia, prizes, industry experts, "Cannabis Food Safety," 6-9pm, Whirled Pies, 199 W. 8th Ave. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Satsanga w/Maetregij Ma, kirtan singing event & spiritual talk, 7:30-9pm, Eugene Yoga, 245 E. Broadway. \$12.

**HEALTH** PiYo Live, ages 18+, 8am, Bob Keefer Ctr., 251 S. 32nd St., Spfd. FREE intro.

Friends & Family Discussion Group, 10:30am-noon, Trauma Healing Project, 2222 Coburg Rd., Ste. 300. \$5.

Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. don.



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