



Although the Summer Solstice has come and gone, it's still not too late to jump-start the season right. On Saturday, June 24, **Sunshine Sessions Music and Arts Festival** is coming to Alton Baker Park. Along with music and arts, Sunshine Sessions also offers interactive educational seminars, yoga and activities for kids. There will also be great local food and drink options including Sizzle Pie and Hop Valley Brewing, which are both sponsoring the event. If you're trying to make the most of the "art" part of the festival, there will be live muraling and open community painting as well as an art walk. As for music, there will be 10 musical guests throughout the day ranging from Eugene artists Evergreen and Casual Cowboy to artists from California and Colorado. You can take pride in knowing you're not just enjoying art and music — you're supporting it because the group that's putting together the festival, Day 1 Collective, is working with 4J school district to ensure that \$2 from every purchased ticket will go toward supporting local music education programs, according to the Sunshine Sessions Facebook event page. As for what to bring, the festival page suggests sunscreen, sunglasses, comfy clothes, a yoga mat (if you're planning on participating in any of the yoga offerings), blankets to lounge on, and, of course, "good vibes."

Sunshine Sessions Music and Arts Festival is 1 to 11 pm on Saturday, June 24, at Alton Baker Park. Kids and teens under 18 must be admitted with a parent or legal guardian, kids 12 and under, also with a parent or legal guardian, get in for free. Tickets are \$30. For more info about the festival and where to buy tickets, check out its Facebook event page. — *Meerah Powell*

**GATHERINGS** Overeaters Anonymous, 9:30am, First United Methodist Church, 1370 Olive St. FREE.

Car Wash Cafe, car wash & bake sale for Ophelia's Place, noon-3pm, Pacific Continental Bank, 255 Coburg Rd. FREE.

Eugene Darkroom Group, Public Interest Meeting, noon-2pm, McNeil Riley House, 601 W. 13th Ave. FREE.

Community Connection Playshop & Potluck, social dance, learning, discussion, food, 12:30-4pm, WOW Hall. FREE.

Food Not Bombs, 2-4pm, Park Blocks, 8th & Oak St. FREE.

Community Centered Martial Arts, 3pm, Mangan City Park, 4075 Aerial Wy. FREE.

Eugene Queer & Trans Pride March, 3-6pm, Park Blocks. FREE.

Interfaith peace walk, 6-8pm, Ebbert Memorial United Methodist Church, 532 C St., Spfd. FREE.

Drumming The Soul Awake, experiential intentional drum circle, no experience needed, drums provided, 6:30pm, Unitarian Church, 1685 W. 13th Ave. don.

Prayers for World Peace, 6:30-7:30pm, Ami de Paris Salon, 280 W. Broadway. don. or FREE.

The Black Sheep Gathering 2017 continues. See Friday.

**HEALTH** Occupy Eugene Medical Clinic, noon-4pm, 509 E. 13th Ave. FREE.

Conscious Nutrition Series, 1:30-3pm, Everyday People Yoga, 352 W. 12th Ave. \$10-\$15.

**KIDS/FAMILIES** Family Nature Discovery Day, noon-4pm, Cascades Raptor Ctr., 32275 Fox Hollow Rd. \$6-\$9.

Family Fun, 1pm, downtown library. FREE.

Children's Meditation Class, 7-7:45pm, Eugene Zendo, 2190 Garfield St. FREE.

**LECTURES/CLASSES** Yoga on the Patio, pre-brunch yoga, includes 1 mimosa, beer or soda, 10:30-11:30am, Oregon Wine LAB, 488 Lincoln St. \$15.

Women's Self Defense Class, 11am-12:15pm, The Art of War, 251B W. 7th Ave. FREE.

6 Hidden Causes of Damaged Digestion w/Kevin Cosmo, noon-1:30pm, Natural Grocers, 201 Coburg Rd., 541-345-3300. FREE.

Self Defense Classes for the Community, wing chun kung fu & weapon trainign, 12:15-1:15pm, WOW Hall. don.

Vegan Fertility & Pregnancy Nutrition w/Alexandra Bwyne, 4-5pm, Natural Grocers, 201 Coburg Rd., 541-345-3300. FREE.

In the Company of Beloved Satsanga, kirtan, meditation & intuitive spiritual wisdom of a Baba Talk, 6-7:30pm, Everyday People Yoga, 352 W. 12th Ave. \$12 don.

Lab Grown Human Organs w/ Dr. Jürgen Knoblich, 6pm, Ford Alumni Ctr., 1720 E. 13th Ave. FREE.

Talks at the MNCH continues. See Thursday, June 22.

**LITERARY ARTS** Yours & Ours: Storytelling, 4pm, Vanilla Jill's & Equiano's Yard, 298 Blair Blvd. FREE.

**ON THE AIR** "The Sunday Morning Hangover TV Show," 1:30am, Comcast channel 29.

"The Sunday Morning Hangover Radio Program" w/Marc Time, 10am, KWWA 88.1FM & kwradio.org.

Son of Saturday Gold, True stuff for true believers, 11am-1pm, KRVM.

**OUTDOORS/RECREATION** TrackTown Fitness, trainings to prepare for Eugene Marathon, 8-9am, Hayward Field. FREE.

Auto tour of proposed Douglas-fir National Monument, 8:30am, meet in Campbell Ctr. parking lot, 155 High St., carpool to area east of Sweet Home. FREE (share gas money w/drivers).

GEARs Bicycle Club: Crow Loop, 9am, Alton Baker Park, euge-negears.org. FREE.

Church of Pinball, tournament, minors welcome, 3pm, Blairally, 245 Blair Blvd., 541-683-1721. \$5.

Final Table Poker, 3pm & 6pm, Steve's Bar & Grill, 117 14th St., Spfd. FREE.

The Broadway Revue Burlesque Show!, 10pm, Luckey's Club, 933 Olive St. \$5.

Blazing Paddles continues. See Thursday, June 22.

Duplicate Bridge continues. See Thursday, June 22.

**SOCIAL DANCE** Coalescence: Community Estatic Dance, 10am-noon, WOW Hall. \$8-\$12.

Music & Dance Workshop w/ Taller de Son Jarocho, 3-5pm, Whiteaker Community Ctr., N. Jackson & Clark St. FREE.

Argentinian Tango, lesson 3-4pm, dance 5-7pm, 541-485-6647. \$5-\$12.

USA Dance: ballroom dancing, 5:30-7:30pm, Vet's Club, 1626 Willamette St. \$3-\$5.

Veselo Folk Dancers, international folk dancing, 7:15-10pm, In Shape Athletic Club, 2681 Willamette St., 541-683-3376. \$3.

**SPIRITUAL** Self Realization Fellowship 9-9:50am meditation; 10-11am service, 1610 Olive St. FREE.

Zen Meditation Group, 5:30-7pm, Blue Cliff Zen Ctr., 439 W. 2nd Ave. FREE.

Seekers of Truth & Wisdom, wisdom teachings, human consciousness & human spirit, exploring the force field, the law of one, etc. w/David Wilcox, Edgar Casey, Gregg Braden & other visionaries, 6pm, CSL, east doors, 390 Vernal St. No one turned away. FREE.

Gnostic Mass Celebration, 8pm, Coph Nia Lodge 070, 4065 W. 11th Ave. #43, cophnia-oto.org. FREE.

**THEATER** *Having Our Say!* A Modern Play, 2-4pm, Downtown LCC campus. \$5-\$50.

*God of Carnage* continues. See Friday.

*Gypsy* continues. See Friday.

*The Importance of Being Earnest* continues. See Thursday, June 22.

**VOLUNTEER** Pull aquatic weeds via canoe or kayak, dress for weather, tools, gloves, snacks, canoes & paddles provided, 8am-noon, Golden Gardens, space limited, register at [carrie.l.karl@ci.eugene.or.us](mailto:carrie.l.karl@ci.eugene.or.us) or 541-682-4850. FREE.

Feed the Hungry w/Burrito Brigade, 11am, First Christian Church, 1166 Oak St. FREE.

## MONDAY

**JUNE 26**  
SUNRISE 5:31AM; SUNSET 8:59PM  
AVG. HIGH 76 AVG. LOW 49

**ART/CRAFT** Muse Art Mondays, paint or draw local musicians each week w/MEEPA, 6pm, Whirled Pies Downtown, 199 W. 8th Ave. FREE [\$5 sug. don. for supplies].

**FOOD/DRINK** Vegan Cooking Class, "Super Salads," 6:30-8:30pm, Seventh-Day Adventist Church, 1275 Polk St. FREE.

**GATHERINGS** Lunch Bunch Toastmasters, noon, LCC downtown ctr., 101 W. 10th Ave., 541-341-1690. FREE.

Women in Black, silent peace vigil, 5-5:30pm, Pearl & 7th. FREE.

Cascadia Forest Defenders Meeting, 5:30-7pm, Rose Gardens, 300 N. Jefferson. FREE.

Eugene Cannabis TV Recording Session, 5:30pm, CTV-29 Studios, 2455 Willakenzie Rd., contact [dankbagman@hotmail.com](mailto:dankbagman@hotmail.com). FREE.

Overeaters Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th Ave. FREE.

Atheist, Agnostics & Free Thinker AA, 12-Step Meeting, 6:30-7:30pm, 2520 Harris St., 541-255-8444. FREE.

Men's Mentoring Circle, 6:30-8:30pm, McKenzie River Men's Center, 1465 Coburg Rd. \$10 sug. don.

Depression & Bipolar Support Alliance, peer support group for people w/depression or bipolar illness, 7-8pm, First United Methodist Church, 1376 Olive St. FREE.

Marijuana Anonymous, 12-step meeting, 7-8pm, St. Mary's Church, 166 E. 13th Ave. FREE.

# Element Music Festival

(Three Nights, Six Sets)

## THE STRING CHEESE INCIDENT

GARAJ MAHAL (Three Nights, Five Sets)     STEVE KIMOCK (Two Shows, Three Sets)

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[www.ElementFestival.info](http://www.ElementFestival.info)

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