



Kick the summer off right with the Museum of Natural and Cultural History’s **Ready, Set, Get Outside**, a June 20 Summer Solstice event. The museum has partnered with organizations geared toward adventuring in the outdoors for an all-in-one summer stop. Those organizations include Wild Birds Unlimited and Whole Earth Nature School, which are each offering resources about ways to enjoy the outdoors. Friends of Trees will also be providing volunteer information about local tree planting. Oregon authors Ruby McConnell, Abby Phillips Metzger and Kathleen Dean Moore, all authors of outdoor- and nature-oriented books, will also be at the event. Ready, Set, Get Outside is chockfull of more hands-on activities as well. At 5:30 pm, guests can join a nature walk through the Whilamut Natural Area. There will also be live marimba music by the band Jenaguru in the museum courtyard, with a chance for audience members to practice on traditional Zimbabwean instruments. Claim 52 brewing, Coconut Bliss and Red Five Hotdog Co. will all be present with offerings of local food and beer. Ready, Set, Get Outside is 4-7 pm on Tuesday, June 20, at the Museum of Natural and Cultural History (1680 E. 15th Avenue) on the University of Oregon campus. Admission to the event is FREE if you bring a non-perishable food donation for FOOD for Lane County. — *Meerah Powell*

- Peace Vigil, 4:30pm, 7th & Pearl. FREE.

NAACP Eug/Spfd general meeting, 5:30-7pm, 330 High St. FREE.

World Yoga Day, 5:30-6:30pm, PeaceHealth at RiverBend, OHVI Bldg., 3333 RiverBend Dr., Spfd. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Open Session Figure Drawing, 6:30-9pm, Emerald Art Ctr., 500 Main St., Spfd. \$6.

Summer Solstice Meditation w/ Jigme Tulku Rinpoche, 7pm, Tsunami Books, 2585 Willamette St., don.

“Out of the Fog,” meeting of Marijuana Anonymous, 7:30pm, St. Mary’s Episcopal Church, 1300 Pearl St. FREE.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet-Illness Coping Support Group, noon-1pm, Companioning Care LLC, RSVP & location 541-255-7116. \$3-\$15.
- Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd. Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15am & 11am, downtown library, 541-682-8316. FREE.

Babies-Toddlers Storytime, 11am, up to age 12, Thursdays 4pm, Goose Resale 1075 Chambers, 541-343-1300. FREE.

Sensory Storytime, 1pm, downtown library. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children’s Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

- LECTURES/CLASSES** Get Sprialized & Satisfied! w/Yaakov Levine, 1:1-4:45pm, Natural Grocers, 201 Coburg Rd., 541-345-3300. FREE.
- Successful Internet Searching, internet skills required, 1:30pm, downtown library. FREE.
- Legal Advice: Wills & Trusts, ages 50+, 3pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. FREE.
- Intro to Ki Training, for relaxation, stress reduction & mind/body/spirit unification for adults, 7pm, Oregon Ki Society, 1071 W. 7th Ave. FREE.
- Responding to Life’s Challenges in a Meaningful Way, 7-8:15pm, Sweaty Ganesh Yoga Studio, 820 Charnelton St. \$10 sug. don.
- Sustainable Living Workshop: “Cultivating a Customer Experience,” 7:30pm, Lost Valley Education Ctr., 81868 Lost Valley Ln., Dexter. don.
- Intro to Ki continues. See Monday.
- Talks at the MNCH continues. See Thursday, June 15.

- LITERARY ARTS** “The America Syndrome: Apocalypse, War, & Our Call to Greatness,” author Betsy Hartmann, 6pm, downtown library. FREE.
- Speak Your Peace, open spoken word, 7:30pm sign-up, Vanilla Jill’s, 298 Blair Blvd., call 541-393-6822. FREE.
- ON THE AIR** “Truth Television,” live call-in local news/politics, 6pm, Comcast 29.
- “That Atheist Show,” weekly call-in, 7pm, Comcast 29, 541-790-6617.
- “The Point” continues. See Thursday, June 15.
- OUTDOORS/RECREATION** Mom & Baby Stroller Run, 9:30am, Run Hub Northwest, 515 High St., 541-344-1239. FREE.
- Community Group Run, 3-6 miles, 6pm, Run Hub Northwest, 515 High St., 541-344-1239. FREE.

- GEARs Bicycle Club: Crow Rd. via Lorane Hwy., 6pm, Alton Baker Park, eugenegears.org. FREE.
- Trivia w/Ras D & Kat, 6pm, Friendly St. Deli, 2757 Friendly St. FREE.
- Women’s MTB Midweek Happy Hour Ride at Whypass, casual paced tour of the trails system, 6-8pm, Whypass Trail System, call Michelle for info 541-913-4318. FREE.
- WDYK Trivia w/Zach, 7pm, Bugsy’s Bar & Grill, 559 Pacific Hwy. W., Junction City. FREE.
- Cards Against Humanity w/ Kevin, 8pm, First National Tap-house, 51 W. Broadway. FREE.

- Pinball Knights, 3-strikes pinball tournament w/FIPA points for players, 21 & over, 8pm, Blairally, 245 Blair Blvd., 541-683-1721. \$10 buy in.
- Trivia w/Ty Connor, 8pm, Starlight Lounge, 830 Olive St. FREE.
- WDYK Trivia w/Brady, 8pm, Sonny’s Tavern, 533 Q St., Spfd. FREE.
- WDYK Trivia w/Nick, 8pm, O Bar and Grill, 115 Commons Dr. FREE.
- Duplicate Bridge continues. See Thursday, June 15.
- Pool Hall continues. See Thursday, June 15.
- Qigong continues. See Monday.
- SOCIAL DANCE** Ballroom Dancing, ages 18+, 7pm, Willamalane Adult Activity Ctr., 215 W. C St., Spfd. \$3-\$3.50.
- Scottish Country Dancing, 7-9pm, Santa Clara Grange, 295 Azalea Dr. First time FREE, monthly \$15.
- Lindy Hop, East Coast, Charleston, 8-10pm, Veterans Memorial Building, 1626 Willamette St. \$5.

- SPIRITUAL** “Defy the Lie,” revolving topic relating to the book “Refuge Recovery” by Noah Levine, followed by meditation & discussion, 7-8:30pm, Unitarian Church, 1685 W. 13th Ave. Rm. 2. FREE.
- TEENS** Grrrl Jamz, practice an instrument w/Grrrlz Rock, for girls 10-18, 3:30-6pm, Ophelia’s Place, 1577 Pearl St., #100. FREE.
- Women’s Advisory Council for girls 14-18, 4-5pm, Ophelia’s Place, 1577 Pearl St., #100. FREE.

THURSDAY
JUNE 22

- SUNRISE 5:29AM; SUNSET 8:59PM
AVG. HIGH 75; AVG. LOW 48
- ART/CRAFT** Paint Party “Starry Night,” all supples & step-by-step instructions included, beginners welcome, 6-8:30pm, Starlight Lounge, 850 Olive St., register at thirst2create.com. \$35.
- Wine & Watercolors, 6-8pm, Noble Estate Urban, 560 Commercial St., 541-338-3007. \$30.

- FARMERS MARKETS** FOOD for Lane County Youth Farm Produce Stand, 2-6pm, 3333 Riverbend Dr. foodforlanecounty.org/gardens. FREE.
- South Valley Farmers Market continues. See Thursday, June 15.

- GATHERINGS** Downtown Toastmasters continues. See Thursday, June 15.
- Emerald Photographic Society Club Meeting continues. See Thursday, June 15.
- Home Grown Community Radio Forming KEPW-FM meetings continue. See Thursday, June 15.
- NAMI Connection Support Group for people w/mental health issues continues. See Thursday, June 15.
- HEALTH** Cycle continues. See Thursday, June 15.
- Gentle Exercise for Wellness continues. See Thursday, June 15.
- Intro to Weight Training continues. See Thursday, June 15.
- Nia Fusion Fitness continues. See Thursday, June 15.
- Tai Chi: Level 1 continues. See Thursday, June 15.
- Tai Chi: Level 2 continues. See Thursday, June 15.
- Stress & Anxiety Relief Group Acupuncture continues. See June 15.
- KIDS/FAMILIES** Babies & Toddlers Storytime continues. See Wednesday.

- Wonderful Ones Storytime continues. See Thursday, June 15.
- LECTURES/CLASSES** Gentle Yoga, tailored for those experience chronic pain or limited range of motion, noon, Stellaria Bldg., community rm., 2nd fl., 150 Shelton McMurphey Blvd. \$10 sug. don.
- Make a Bike Light, 3pm, Sheldon Branch Library, 1566 Coburg Rd. FREE.
- Makeup Designs Series: Contouring, ages 14+, use makeup, tools & techniques, 6-8:30pm, Willamalane Adult Activity Ctr., 215 W. C S., Spfd. \$15-\$18.

- Nonprofits: Share info & resources, nonprofit board members get together for conversation, 6pm, downtown library, 541-682-5450. FREE.
- DanceAbility Class continues. See June 15.
- Harmony: Community Centered Martial Arts continues. See June 15.
- Massage Techniques continues. See Thursday, June 15.
- Talks at the MNCH continues. See Thursday, June 15.

- LITERARY ARTS** Summer Reading Signups Open, register for Summer Reading program, all ages, 10am, Spfd Public Library, 225 5th St. FREE.
- ON THE AIR** “Joni Mitchell Jazz Summer Solstice Radio Special,” 9pm-noon, KLCC 89.7 FM, klcc.org.
- “Arts Journal” continues. See Thursday, June 15.
- “The Point” continues. See Thursday, June 15.

- Thursday Night Jazz w/David Gizara continues. See Thursday, June 15.
- OUTDOORS/RECREATION** GEARs Bicycle Club: women only ride, 6pm, Alton Baker Park, eugenegears.org. FREE.
- Adult introduction to ki-aikido continues. See Thursday, June 15.
- Board Game Night continues. See Thursday, June 15.
- Centennial chess club continues. See Thursday, June 15.
- Cribbage Tournament continues. See Thursday, June 15.
- Duplicate Bridge continues. See Thursday, June 15.
- Lunchtime Tap & Growler Running Group continues. See Thursday, June 15.
- Pool Hall for seniors continues. See Thursday, June 15.
- Tai Chi continues. See Thursday, June 15.
- WDYK Trivia w/Brady continues. See Thursday, June 15.
- WDYK Trivia w/Haley continues. See Thursday, June 15.

W.O.W. HALL

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8TH & LINCOLN ★ TICKETS: UO TICKET OFFICE, TICKETWEB.COM, WOW HALL BOX OFFICE ★ HOURS: NOON – 6:00 MONDAY-FRIDAY ★ 541-687-2746 ★ WOWHALL.ORG ★ ALL AGES

TEN MILES WIDE

Broken Skull
BLACK BELL

★ THURSDAY JUNE 15TH ★

DOORS 8:00 PM, SHOW 9:00 • \$10 ADVANCE, \$7 WITH STUDENT ID, \$12 DAY OF SHOW

Suicide Girls

BLACKHEART BURLESQUE

★ FRIDAY JUNE 16TH ★

DOORS 7:00 VIP MEET & GREET • 8:00 PM GENERAL PUBLIC • SHOWTIME 9:00
TICKETS \$20 STANDING • \$80 STANDING WITH MEET & GREET
\$45 SEATED • \$105 SEATED WITH MEET & GREET

10 YEAR ANNIVERSARY PARTY

Moonalice

AND Garcia-Birthday Band

★ SUNDAY JUNE 18TH ★

DOORS 7:00 PM, SHOWTIME 8:00 • TICKETS \$17 ADVANCE, \$20 DAY OF SHOW

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