

CALENDAR

Pet-Illness Coping Support Group, 7-8pm, Companioning Care LLC. RSVP & location: 541-255-7116. \$3-\$15.

Tai chi for Balance or Yoga Therapy sessions continues. See Friday.

KIDS/FAMILIES STEAM storytime, 3:30pm, downtown library. FREE.

Children's Intro to Ki-aikido, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

Pajama Story Time, 6:30pm, downtown library. FREE.

Family Swims at warm saltwater Tamarack Pool continues. See Saturday.

LECTURES/CLASSES Intro to Ki, 4:15pm today & Wednesday, Oregon Ki Society, 1071 W. 7th Ave. FREE.

DanceAbility Class, creative movement for youth & adults; all abilities & disabilities, 5:15-6:15pm, CG Body Studio, 28 S. 6th St. #B, Cottage Grove, 541-357-4982. don.

Free Intro to Voice Dialogue: A Psycho-spiritual Process for Consciously Engaging Your Many Selves/Parts, 7:30pm, Unitarian Universalist Church, 1685 W. 13th Ave., Rm. 2. 541-357-8169. FREE.

ON THE AIR Music Gumbo w/ Andy Goldfinger, 7pm, KOFC 92.5 FM.

"The Point" continues. See Thursday, May 4.

OUTDOORS/RECREATION

Qigong, 4:30-5:30pm today & Wednesday, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE drop-in.

Filipino Martial Arts for Fitness, 5pm, Bob Keefer Center, 250 S. 32nd St., Spfd. FREE intro.

The Monday Night Running Group, 5:30pm, Eugene Running Company, 116 Oakway Ctr. FREE.

Board Game Night, hosted by Funagain Games, 7pm, The Barn Light, 924 Willamette St., info at thebarnlightbar.com. FREE.

Trivia at The Pub w/Elliott Martinez, 7-9pm, Oakshire, 207 Madison St. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

Twisted Trivia, 7pm, Webfoot, 839 E. 13th Ave. FREE.

WDYK Trivia w/Brady, 7pm, WestEnd Tavern, 563 W. Centennial Blvd., Spfd. FREE.

Quizzo Pub Trivia w/Dr. Seven Phoenix, 9pm, Cornucopia Bar & Burgers, 295 W. 5th Ave. FREE.

Sam Bonds Bingo, 9pm, Sam Bonds Garage, 407 Blair St. FREE.

Adult intro to ki-aikido continues. See Thursday, May 4.

Duplicate Bridge continues. See Thursday, May 4.

Pool Hall continues. See Thursday, May 4.

SOCIAL DANCE Gypsy Square Dance, 7:45-9pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. FREE intro.

SPIRITUAL Inspirational Sounds Gospel Choir Rehearsal, 6:30-8:30pm, Northwood Christian Church, 2425 Harvest Ln. FREE.

TEENS Drop-in support groups for girls & non-binary youth, middle school group 4-5pm, high school group 5-6pm, Ophelia's Place, 1577 Pearl St #100. FREE.

Intro to Hip hop w/Xcape Dance Academy, 4-5pm, Ophelia's Place, 1577 Pearl St. #100. \$25-\$50 sug. don. for term.

VOLUNTEER Friends of Buford Park & Mt. Pisgah Habitat Restoration Projects, 9am-noon, locations vary, volunteer@bufordpark.org. FREE.

TUESDAY

MAY 9
SUNRISE 5:52AM; SUNSET 8:25PM
AVG. HIGH 65; AVG. LOW 42

ART/CRAFT Ongoing Drop-In Art Class w/Alan M. Clark, learn how to digitally prepare images w/ Photoshop, bring laptop, 1-4pm, Emerald Art Ctr., 500 Main St., Spfd. 551-726-8595. FREE.

Coloring Party for Adults, 2pm, Bethel branch library & Sheldon branch library. FREE.

COMEDY Amusedays w/Chaz Logan Hyde, comedy/open mic, 10pm, Luckey's Bar, 933 Olive St. FREE.

GATHERINGS Cascade Toastmasters, drop-ins welcome, 7-8:15am, Lane Transit District, 3500 E. 17th Ave., 541-682-6182. FREE.

Eugene Men Against Rape Culture, open to all, task force meeting, 4:30pm, Grower's Market, 454 Willamette St. FREE.

Rush Hour Resistance, 5-6pm, Federal Building, 405 E. 8th Ave. FREE.

Debtor's Anonymous, 5:30-6:30pm, Central Presbyterian Church, 555 E. 15th St., 541-968-1981. FREE.

NAMI On-Campus Mental Health Support Group, 6pm, Peterson Building rm. 105, UO, 541-343-8677. FREE.

Co-Dependents Anonymous, men only 12-step meeting, 6:30-8pm, First Christian Church, 1166 Oak St. FREE.

Gateway Toastmasters, drop-ins welcome, 6:30-7:45pm, LCC

downtown, rm. 218, info at toddk.pe@gmail.com. FREE.

Adult Children of Alcoholics Meeting, 7-8:15pm, Trinity United Methodist Church, 440 Maxwell Rd. FREE.

Nar-Anon Meeting, beginners 6pm, back to basics 7pm, Wesley United Methodist Church, 1385 Oakway Rd. FREE.

HEALTH Friends & Family Discussion Group, 10:30am-noon, Trauma Healing Project, 2222 Coburg Rd., Ste. 300. \$5.

Nia-Healing Through Movement class, noon-1pm, Trauma Healing Project, 2222 Coburg Rd., 687-9447. don.

Strong Bones, Strong Body, ages 50+, 1:30pm, Bob Keefer Center, 251 S. 32nd St., Spfd. \$7-\$9.

Reiki Tummo sessions, 5:30-7pm, Heartwise, 1840 Willamette St., 541-683-8317 for appt. FREE.

Cycle continues. See Thursday, May 4.

Gentle Exercise for Wellness continues. See Thursday, May 4.

Intro to Weight Training continues. See Thursday, May 4.

Nia Fusion Fitness continues. See Thursday, May 4.

Tai Chi: Level 1 continues. See Thursday, May 4.

KIDS/FAMILIES Baby & Me Storytime, 10am, Spfd. library, 225 5th St., Spfd. FREE.

Terrific Twos Storytime, 10:15am & 11am, downtown library. FREE.

Pajama Storytime, 6:30pm, downtown library. FREE.

LECTURES/CLASSES Line Dance, ages 50+, for advanced beginner & beyond, 1:30-3:30pm, Willamalane Adult Activity Center, 215 W. C St., Spfd. \$15-\$18.

Talk & reception on "The Art of Directing" w/award-winning director, Athina Rachel Tsangari, 4pm, UO Gerlinger Lounge, UO Campus. FREE.

Digitize & Restore Photos, 5:30pm, downtown library. FREE.

Money Matters for Beginners, 5:30pm, downtown library. FREE.

International Folk Dance Class, ages 18+, 6:45pm, Willamalane Adult Activity Center, 315 W. C St., Spfd. \$7-\$9.

Lecture: Legacy of the Miller Garden and Its Rare Plant Collection, 7pm, Campbell Community Ctr., 155 High St. 541-344-0896. \$5.

"Science at the Nexus of Life & Death" w/Patrick Phillips, 7pm, The Shedd, reserve tickets, uoregon.edu/sciencetalk. FREE.

Reiki: The Gentle Healing Art w/Darlene Harris, 7-8pm, Fern Ridge Library, 88026 Territorial Hwy., Veneta. FREE.

Talks at the MNCH continues. See Thursday, May 4.

LITERARY ARTS Book presentation, reception & signing w/Philip Romero, "It's the Income, Stupid: The 7 Secrets of a Stress-Free Retirement," 5:30pm, UO Duck Store Book Dept., 895 E. 13th. 541-346-4331. FREE.

ON THE AIR Anarchy Radio w/John Zerzan, 7pm, KWVA 88.1FM.

"The Point" continues. See Thursday, May 4.

Taste of the World w/Wagoma continues. See Saturday.

OUTDOORS/RECREATION

Wetland Wander w/WREN, casual walk, 9-11am, Stewart Pond off Stewart Rd. FREE.

Running Group, 4 miles, 6-10pm, Tap & Growler, 207 E. 5th Ave. FREE.

Shuffleboard & Foosball Tournament, 6pm, The Barn Light, 924 Willamette St. FREE.

Team Run Hub 5k Training Program Kick-off, 8 week program, 6pm, Run Hub Northwest, 515 High St, 541-344-1239. FREE.

Bingo Night w/Zach, 7pm, Side Bar, 1680 Coburg Rd. FREE.

Cards Against Humanity, 7pm, Shadowfox, 76 W. Broadway. FREE.

Trivia w/Ty Connor, 7pm, Beergarden, 777 W. 6th Ave. FREE.

WDYK Trivia w/Haley, 7pm, First National Taphouse, 51 W. Broadway. FREE.

WDYK Trivia w/Kevin, 7pm, Pour House, 444 N. 42nd St., Spfd. FREE.

WDYK Trivia w/Nick, 7pm, Shooter's Pub & Grill, 2650 River Rd. FREE.

Bingo, 8pm, Webfoot, 839 E. 13th Ave. FREE.

Geeks Who Drink Pub Trivia, 8-10pm, Wayward Lamb, 150 W. Broadway St. FREE.

Trivia, 8pm, Duck Bar, 1795 W. 6th Ave. FREE.

TNT Trivia, 8:30pm, Axe & Fiddle, 657 Main St., Cottage Grove. FREE.

Board Game Night continues. See Thursday, May 4.

Duplicate Bridge continues. See Thursday, May 4.

Pool Hall continues. See Thursday, May 4.

SOCIAL DANCE Coalescence: Community Estatic Dance, 6-7:45pm, The Vet's Club Main Ballroom, 1626 Willamette St. \$8-\$12.

UO West Coast Swing Dance Club, 7pm lessons, 8-10pm

social dance, UO Campus, Living Learning Center S. Performance Hall, 1455 E. 15th Ave. FREE.

Eugene Folk Dancers, weekly international folk dancing, 6:45pm lessons, 7:45pm dance, Willamalane Adult Activity Center, 215 W. C St., Spfd., 541-344-7591. \$3-\$7.

International Folk Dance, ages 18+, no experience or partner necessary, drop-ins welcome, 7:45pm, Willamalane Adult Activity Center, 315 W. C St., Spfd. \$3.

Bailonga: Argentine Tango Milonga, 8-11pm lessons at 8pm followed by open dance, Vet's Club, 1626 Willamette St., bailonga.org. \$5.

SPIRITUAL Open Heart Meditation, 4:30-5:15pm, HeartWise, 1840 Willamette St. FREE.

"Organic Thought: Unity in Diversity," spiritual discourse, 6:30pm, Heartwise Community Center, 1840 Willamette St. FREE.

TEEN Creative Arts Playshop, fun interactive playshop for girls 13-18, face painting, music, acrobatics, 4-5pm, Ophelia's Place, 1577 Pearl St., Ste. 100. sug. don. \$10.

WEDNESDAY

MAY 10
SUNRISE 5:51AM; SUNSET 8:26PM
AVG. HIGH 66; AVG. LOW 42

ART/CRAFT Art Bar, bring art to work on, 7-10pm, Shadowfox, 76 W. Broadway. FREE.

FARMERS MARKETS The Corner Market, fresh local produce, noon-6pm, 295 River Rd., 541-513-4527. FREE.

Coast Fork Farm Stand continues. See Saturday.

FOOD/DRINKS Wine Wednesday, Customized wine flights, discounted glass pours & cheese plates, 5-8pm, Tap & Growler, 207 E. 5th Ave. FREE.

GATHERINGS Nar-Anon Meeting, 12:30pm, Spfd. Lutheran Church, 1542 I St., Spfd. FREE.

Peace Vigil, 4:30pm, 7th & Pearl. FREE.

Co-Dependents Anonymous, women-only 12-step meeting, 6-7pm, St. Thomas Episcopal Church, 1465 Coburg Rd. FREE.

Truthagandists: work on zines, banners, fliers, posters, 6-9pm, Grower's Market Round Table, 454 Willamette St. sageliskey.com. FREE.

Open Session Figure Drawing, 6:30-9pm, Emerald Art Center, 500 Main St., Spfd. \$6.

"Out of the Fog," meeting of Marijuana Anonymous, 7:30pm, St. Mary's Episcopal Church, 1300 Pearl St. FREE.

HEALTH Cognitive Emotional Wellness Acupuncture, 10am-12:15pm, Trauma Healing Project, 2222 Coburg Rd., 541-687-9447. \$10.

Pet-Illness Coping Support Group, noon-1pm, Companioning Care LLC. RSVP & location: 541-255-7116. \$3-\$15.

Active Exercise continues. See Monday.

Health Qigong continues. See Monday.

Latin Cardio Fusion continues. See Monday.

Strength & Flexibility continues. See Monday.

Stability Balls continues. See Monday.

Tai Chi continues. See Monday.

KIDS/FAMILIES Lapsit Storytime, ages 3 & under w/adult, 10am, Spfd. Library, 225 5th St., Spfd. FREE.

Preschool Storytime, 10:15am & 11am, downtown library, 541-682-8316. FREE.

Babies -Toddlers Storytime, 11am, up to age 12, Thursdays 4pm, Goose Resale 1075 Chambers, 541-343-1300. FREE. Sensory Storytime, 1pm, downtown library. FREE.

Legos, 4pm, Eugene Public Library. FREE.

Children's Intro to Ki-aikido continues. See Monday.

Family Swims at warm saltwater Tamarack Pool continues. See Monday.

LECTURES/CLASSES

Mood-Boosting Vegan Foods w/Alexandra Bwye, 11am-noon, Natural Grocers, 201 Coburg Rd., 541-345-3300. FREE.

Food, Pollination & Bees w/Brian Dykstra, 3pm, MNCH, UO Campus, 1680 E. 15th Ave. FREE.

The Naturalization of American Modern Architecture, circa 1940, by Keith Eggner, 5:45pm, Lawrence Hall rm. 177, UO Campus, 1190 Franklin Boulevard. FREE.

"Motion Studies: The Films & Paintings of James Nares," by Skype, Nares will present 7 discuss painting & short films, 7pm, Jordan Schnitzer Museum of Art, UO Campus. FREE.

"The Ethics & Aesthetics of Cultural Criticism" w/Margo Jefferson, pulitzer prize-winning writer, journalist & cultural critic, 7:30pm, Lillis Hall rm. 182, UO Campus. FREE.

Intro to Ki continues. See Monday.

Talks at the MNCH continues. See Thursday, May 4.

LITERARY ARTS Speak Your Peace, open spoken word, 7:30pm sign-up, Vanilla Jill's, 298 Blair Blvd., call 541-393-6822. FREE.




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www.eugen Saturday market.org







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May 13

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